

Campeonatos Regionais de Clubes - Inf & Abs
Quarteira , 18- - 19-5-2013

Prova 46 Masc., 400m Livres Absolutos
19-05-2013 - 11:10 Resultados

Recordes Algarve Absoluto	3:55.02	Miguel Martins PIRES	LDC	Felgueiras	22-11-2002
Recordes Algarve Inf. B	4:49.29	Nathan Keith THEODORIS	LDC	Olhao	21-10-2007
Recordes Algarve Inf. A	4:08.67	Nathan Keith THEODORIS	LDC	Pinhal Novo	07-03-2009
Recordes Algarve Juv. B	4:14.64	Joao Duarte SANTOS	CNOL	Lagos	08-11-2009
Recordes Algarve Juv. A	4:03.40	Nathan Keith THEODORIS	SANALG	Abrantes	09-04-2011
Recordes Algarve Jun	4:01.65	Joao Duarte SANTOS	CNOL	S. Antonio Cavaleiros	21-12-2012
Recordes Algarve Sen	3:55.02	Miguel Martins PIRES	LDC	Felgueiras	22-11-2002
Recordes Algarve Sen	3:55.02	Miguel Martins PIRES	LDC	Felgueiras	22-11-2002

Infantis B - Masc Inf. B: 5:54.65 / Infantis A - Masc Inf. A: 5:41.28 / Juvenis B - Masc Juv. B: 5:35.60 / Juvenis A - Masc Juv. A: 5:05.60 / Juniores - Masc Jun: 4:54.23 / Seniores - Masc Sen: 4:46.28

Pontos:

Lugar	Ano	Tempo final	Pts
1. Nathan Keith THEODORIS	95 Louletano - Loule Concelho	4:00.05	
50m: 27.63 27.63 150m: 1:27.13 30.13 250m: 2:28.43 30.61 350m: 3:30.25 31.00			
100m: 57.00 29.37 200m: 1:57.82 30.69 300m: 2:59.25 30.82 400m: 4:00.05 29.80			
2. Jo�o Duarte SANTOS	95 Nata�o de Olh�o	4:08.13	
50m: 27.92 27.92 150m: 1:29.59 31.20 250m: 2:32.98 31.68 350m: 3:36.69 31.75			
100m: 58.39 30.47 200m: 2:01.30 31.71 300m: 3:04.94 31.96 400m: 4:08.13 31.44			
3. Miguel Galeao LOPES	96 Portinado	4:23.92	
50m: 28.01 28.01 150m: 1:32.23 33.03 250m: 2:41.43 35.25 350m: 3:51.84 35.17			
100m: 59.20 31.19 200m: 2:06.18 33.95 300m: 3:16.67 35.24 400m: 4:23.92 32.08			
4. Pedro Santos MEDEIROS	98 Lagoa AC	4:32.10	
50m: 29.02 29.02 150m: 1:35.47 33.94 250m: 2:45.73 35.50 350m: 3:57.79 36.29			
100m: 1:01.53 32.51 200m: 2:10.23 34.76 300m: 3:21.50 35.77 400m: 4:32.10 34.31			
5. Guilherme Borlido FARIAS	98 Nata�o de Faro	4:42.95	
50m: 31.63 31.63 150m: 1:43.64 36.59 250m: 2:56.80 36.72 350m: 4:09.54 36.01			
100m: 1:07.05 35.42 200m: 2:20.08 36.44 300m: 3:33.53 36.73 400m: 4:42.95 33.41			
6. Rodrigo Martins GOMES	98 FC Ferreiras	4:50.31	
50m: 31.57 31.57 150m: 1:44.69 37.12 250m: 2:58.99 36.93 350m: 4:14.34 37.76			
100m: 1:07.57 36.00 200m: 2:22.06 37.37 300m: 3:36.58 37.59 400m: 4:50.31 35.97			
EXH Igor Coelho SANTOS	98 Beja	5:09.98	
50m: 33.68 33.68 150m: 1:49.46 38.44 250m: 3:09.50 39.92 350m: 4:31.72 41.02			
100m: 1:11.02 37.34 200m: 2:29.58 40.12 300m: 3:50.70 41.20 400m: 5:09.98 38.26			