

Prova 25 Femin., 400m Livres Absolutos
02-03-2013 - 16:15 Resultados

Recordes Algarve Absoluto	4:19.78	Sara Alexandra MADEIRA	LDC	Sines	20-12-2008
Recordes Algarve Inf. B	4:47.32	Carolina Silva GODINHO	CNFA	Olhao	21-10-2007
Recordes Algarve Inf. A	4:53.23	Catia Raquel MARTINHEIRA	LDC	Albufeira	24-11-2007
Recordes Algarve Juv	4:35.17	Catia Raquel MARTINHEIRA	LDC	Sines	21-12-2008
Recordes Algarve Jun.	4:21.68	Catia Raquel MARTINHEIRA	LDC	Porto	04-12-2010
Recordes Algarve Sen.	4:19.78	Sara Alexandra MADEIRA	LDC	Sines	20-12-2008

Infantis B - Fem Inf. B: 6:26.05 / Infantis A - Fem Inf. A: 6:08.02 / Juvenis - Fem Juv: 5:40.36 / Juniores - Fem Jun.: 5:27.78 / Seniores - Fem Sen.: 5:24.92

Pontos: FINA 2012

Lugar	Ano		Tempo final		Pts
Infantis B					
1.	Catarina Miguel SILVA	01	Natacao de Faro	5:31.54	355
	50m: 35.10 35.10	150m: 1:58.14	42.47 250m: 3:24.31	43.41 350m: 4:50.41	42.76
	100m: 1:15.67 40.57	200m: 2:40.90	42.76 300m: 4:07.65	43.34 400m: 5:31.54	41.13
2.	Maria Auxiliadora PEREIRA	01	Portinado	6:11.06	253
	50m: 39.73 39.73	150m: 2:10.90	46.49 250m: 3:47.73	48.51 350m: 5:24.84	49.39
	100m: 1:24.41 44.68	200m: 2:59.22	48.32 300m: 4:35.45	47.72 400m: 6:11.06	46.22

Infantis A

1.	Carolina Maeiro AUGUSTO	00	Natacao de Olhao	4:58.86	485
	50m: 33.55 33.55	150m: 1:47.91	37.72 250m: 3:04.81	38.52 350m: 4:21.86	38.47
	100m: 1:10.19 36.64	200m: 2:26.29	38.38 300m: 3:43.39	38.58 400m: 4:58.86	37.00
2.	Beatriz Mendes VIEGAS	00	Tavira Natacao	5:00.74	476
	50m: 33.23 33.23	150m: 1:48.10	38.19 250m: 3:05.19	38.85 350m: 4:24.34	39.36
	100m: 1:09.91 36.68	200m: 2:26.34	38.24 300m: 3:44.98	39.79 400m: 5:00.74	36.40
3.	Sara Kalinicova GUERREIRO	00	Futebol de Ferreiras	5:04.53	459
	50m: 33.66 33.66	150m: 1:48.24	38.20 250m: 3:06.47	39.09 350m: 4:25.63	39.71
	100m: 1:10.04 36.38	200m: 2:27.38	39.14 300m: 3:45.92	39.45 400m: 5:04.53	38.90
4.	Rita Guedes MOREIRA	00	Louletano/ Loule Concelho	5:11.97	426
	50m: 33.98 33.98	150m: 1:50.21	38.78 250m: 3:10.55	40.38 350m: 4:32.15	40.77
	100m: 1:11.43 37.45	200m: 2:30.17	39.96 300m: 3:51.38	40.83 400m: 5:11.97	39.82
5.	Telma Machado SILVA	00	Louletano/ Loule Concelho	5:20.73	392
	50m: 36.51 36.51	150m: 1:57.45	41.10 250m: 3:18.47	40.55 350m: 4:40.57	41.45
	100m: 1:16.35 39.84	200m: 2:37.92	40.47 300m: 3:59.12	40.65 400m: 5:20.73	40.16
6.	Luisa Ribeiro LINO	00	Natacao de Faro	5:23.78	381
	50m: 34.31 34.31	150m: 1:54.68	40.60 250m: 3:18.54	41.59 350m: 4:44.08	43.19
	100m: 1:14.08 39.77	200m: 2:36.95	42.27 300m: 4:00.89	42.35 400m: 5:23.78	39.70
7.	Leticia Rossetto MARQUES	00	Portinado	6:21.00	234
	<i>FTL</i>				
	50m: 33.21 33.21	150m: 2:06.17	54.29 250m: 3:51.57	51.82 350m: 5:33.38	49.98
	100m: 1:11.88 38.67	200m: 2:59.75	53.58 300m: 4:43.40	51.83 400m: 6:21.00	47.62

Juvenis

1.	Catarina Costa FERNANDES	99	Natacao de Olhao	4:46.70	550
	50m: 32.88 32.88	150m: 1:44.95	36.45 250m: 2:57.71	36.27 350m: 4:11.62	37.26
	100m: 1:08.50 35.62	200m: 2:21.44	36.49 300m: 3:34.36	36.65 400m: 4:46.70	35.08
2.	Carolina Costa FERNANDES	99	Natacao de Olhao	5:16.12	410
	50m: 34.46 34.46	150m: 1:56.13	42.01 250m: 3:18.52	41.58 350m: 4:38.85	38.95
	100m: 1:14.12 39.66	200m: 2:36.94	40.81 300m: 3:59.90	41.38 400m: 5:16.12	37.27
3.	Mariana Leal LOPES	99	Colegio Bernardette Romeira	5:33.32	350
	50m: 37.45 37.45	150m: 1:58.68	41.28 250m: 3:24.40	42.90 350m: 4:51.25	43.56
	100m: 1:17.40 39.95	200m: 2:41.50	42.82 300m: 4:07.69	43.29 400m: 5:33.32	42.07

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Juniores

1. Mariana Cordeiro VINAGRE	97	Natacao de Faro	4:56.78	495
50m: 33.09 33.09	150m: 1:45.54	36.60	250m: 3:00.94	38.22
100m: 1:08.94 35.85	200m: 2:22.72	37.18	300m: 3:39.63	38.69
			350m: 4:18.45	38.82
			400m: 4:56.78	38.33
2. Sara Filipe MARCOS	97	Natacao de Olhao	4:59.22	483
50m: 33.74 33.74	150m: 1:47.97	37.99	250m: 3:04.97	38.65
100m: 1:09.98 36.24	200m: 2:26.32	38.35	300m: 3:43.47	38.50
			350m: 4:22.12	38.65
			400m: 4:59.22	37.10
3. Joana Sofia CARREIRA	97	Natacao de Faro	5:01.23	474
50m: 32.98 32.98	150m: 1:47.02	37.81	250m: 3:04.68	39.36
100m: 1:09.21 36.23	200m: 2:25.32	38.30	300m: 3:44.18	39.50
			350m: 4:23.01	38.83
			400m: 5:01.23	38.22
4. Laura Afonso DIAS	98	Natacao de Faro	5:03.40	464
50m: 33.35 33.35	150m: 1:48.68	38.20	250m: 3:06.19	39.04
100m: 1:10.48 37.13	200m: 2:27.15	38.47	300m: 3:45.65	39.46
			350m: 4:24.79	39.14
			400m: 5:03.40	38.61
5. Elisa Lamy STIERS	98	Lagoa AC	5:08.30	442
50m: 32.71 32.71	150m: 1:48.04	38.26	250m: 3:07.65	40.02
100m: 1:09.78 37.07	200m: 2:27.63	39.59	300m: 3:48.30	40.65
			350m: 4:29.40	41.10
			400m: 5:08.30	38.90

Seniores

1. Joana Isabel LAMPREIA	96	Beja	4:46.30	552
50m: 31.66 31.66	150m: 1:42.94	36.10	250m: 2:55.91	36.63
100m: 1:06.84 35.18	200m: 2:19.28	36.34	300m: 3:32.83	36.92
			350m: 4:10.29	37.46
			400m: 4:46.30	36.01
2. Andreia Brito COSTA	95	Natacao de Faro	4:47.96	542
50m: 31.84 31.84	150m: 1:43.63	36.45	250m: 2:58.41	37.66
100m: 1:07.18 35.34	200m: 2:20.75	37.12	300m: 3:36.37	37.96
			350m: 4:12.54	36.17
			400m: 4:47.96	35.42
3. Anabela Ramos CRUZ	95	Lagoa AC	5:17.01	406
50m: 34.22 34.22	150m: 1:52.27	40.08	250m: 3:14.05	40.86
100m: 1:12.19 37.97	200m: 2:33.19	40.92	300m: 3:55.59	41.54
			350m: 4:37.05	41.46
			400m: 5:17.01	39.96