

Prova de Prepar  o de Categorias
Portim o, 9- - 10-3-2013

Prova 1
09-03-2013 - 15:30

Masc., 400m Livres

Absoluto
Resultados

Recordes Algarve Absoluto	3:55.02	Miguel Martins PIRES	LDC	Felgueiras	22-11-2002
Recordes Algarve Inf B	4:49.29	Nathan Keith THEODORIS	LDC	Olhao	21-10-2007
Recordes Algarve Inf A	4:08.67	Nathan Keith THEODORIS	LDC	Pinhal Novo	07-03-2009
Recordes Algarve Juv B	4:14.64	Joao Duarte SANTOS	CNOL	Lagos	08-11-2009
Recordes Algarve Juv A	4:03.40	Nathan Keith THEODORIS	SANALG	Abrantes	09-04-2011
Recordes Algarve Jun	4:01.65	Joao Duarte SANTOS	CNOL	S. Antonio Cavaleiros	21-12-2012
Recordes Algarve Sen	3:55.02	Miguel Martins PIRES	LDC	Felgueiras	22-11-2002

Pontos: FINA 2012

Lugar

Ano

Tempo final

Pts

Infantis B

1. César Gonçalves OLIVEIRA	00	FC Ferreiras	5:39.90	245
50m: 37.30 37.30	150m: 2:01.41	42.48 250m: 3:28.43	43.91	350m: 4:56.12 43.74
100m: 1:18.93 41.63	200m: 2:44.52	43.11 300m: 4:12.38	43.95	400m: 5:39.90 43.78

Infantis A

1.	Gil Magalhaes RAPOSO				99	Lagoa AC				4:52.03	386	
	50m:	32.36	32.36	150m:	1:46.42	37.61	250m:	3:01.47	37.29	350m:	4:16.73	37.71
	100m:	1:08.81	36.45	200m:	2:24.18	37.76	300m:	3:39.02	37.55	400m:	4:52.03	35.30
2.	Samuel André SANTOS				99	FC Ferreiras				5:47.90	228	
	50m:	37.00	37.00	150m:	2:02.49	44.44	250m:	3:32.81	45.67	350m:	5:04.11	45.80
	100m:	1:18.05	41.05	200m:	2:47.14	44.65	300m:	4:18.31	45.50	400m:	5:47.90	43.79

Juvenis B

1.	Tiago Martins BOLETA				98	Louletano/ Loule Concelho				4:26.42	509	
	50m:	29.83	29.83	150m:	1:37.83	33.92	250m:	2:45.64	33.77	350m:	3:53.93	34.11
	100m:	1:03.91	34.08	200m:	2:11.87	34.04	300m:	3:19.82	34.18	400m:	4:26.42	32.49
2.	Rodrigo Martins GOMES				98	FC Ferreiras				4:51.78	387	
	50m:	32.06	32.06	150m:	1:45.35	36.97	250m:	3:00.25	37.30	350m:	4:16.02	37.82
	100m:	1:08.38	36.32	200m:	2:22.95	37.60	300m:	3:38.20	37.95	400m:	4:51.78	35.76
3.	Cristian TOMA				98	FC Ferreiras				5:03.16	345	
	50m:	32.19	32.19	150m:	1:46.22	37.89	250m:	3:03.73	39.16	350m:	4:23.61	40.41
	100m:	1:08.33	36.14	200m:	2:24.57	38.35	300m:	3:43.20	39.47	400m:	5:03.16	39.55
4.	Pedro Santos MEDEIROS				98	Lagoa AC				5:09.33	325	
	50m:	27.69	27.69	150m:	1:35.39	35.03	250m:	2:59.06	48.34	350m:	4:27.66	43.53
	100m:	1:00.36	32.67	200m:	2:10.72	35.33	300m:	3:44.13	45.07	400m:	5:09.33	41.67
5.	Diogo Batista RAIMUNDO				98	Portinado				5:15.03	308	
	50m:	33.05	33.05	150m:	1:50.34	39.43	250m:	3:09.39	39.68	350m:	4:33.35	42.88
	100m:	1:10.91	37.86	200m:	2:29.71	39.37	300m:	3:50.47	41.08	400m:	5:15.03	41.68
6.	Hugo Filipe GORDINHO				98	Natação de Faro				5:33.79	259	
	50m:	35.36	35.36	150m:	1:56.96	41.58	250m:	3:22.75	42.99	350m:	4:50.15	44.10
	100m:	1:15.38	40.02	200m:	2:39.76	42.80	300m:	4:06.05	43.30	400m:	5:33.79	43.64
7.	Bernardo Gameiro AGAPITO				98	FC Ferreiras				5:41.40	242	
	50m:	35.84	35.84	150m:	2:00.10	43.12	250m:	3:30.14	45.64	350m:	5:00.37	44.72
	100m:	1:16.98	41.14	200m:	2:44.50	44.40	300m:	4:15.65	45.51	400m:	5:41.40	41.03
8.	Rafael Feliciano DUARTE				98	FC Ferreiras				6:08.49	192	
	50m:	36.64	36.64	150m:	2:06.55	46.51	250m:	3:42.65	48.36	350m:	5:20.11	49.34
	100m:	1:20.04	43.40	200m:	2:54.29	47.74	300m:	4:30.77	48.12	400m:	6:08.49	48.38

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Prova 1, Masc., 400m Livres

Juvenis A

1. Ricardo Jorge MARREIROS	97	Individual Algarve	4:48.97	399
50m: 30.18 30.18	150m: 1:43.14	37.13 250m: 2:57.24	37.05 350m: 4:11.58	36.76
100m: 1:06.01 35.83	200m: 2:20.19	37.05 300m: 3:34.82	37.58 400m: 4:48.97	37.39
2. Bruno Filipe NEVES	97	Louletano/ Loule Concelho	4:49.20	398
50m: 31.71 31.71	150m: 1:44.12	37.30 250m: 2:58.78	37.16 350m: 4:13.16	36.98
100m: 1:06.82 35.11	200m: 2:21.62	37.50 300m: 3:36.18	37.40 400m: 4:49.20	36.04
3. David Cavaco RODRIGUES	97	Portinado	5:12.53	315
50m: 32.03 32.03	150m: 1:48.42	38.80 250m: 3:09.92	41.28 350m: 4:32.08	41.01
100m: 1:09.62 37.59	200m: 2:28.64	40.22 300m: 3:51.07	41.15 400m: 5:12.53	40.45
4. Artiom RADECHI	97	FC Ferreiras	5:35.09	256
50m: 34.82 34.82	150m: 1:55.56	42.00 250m: 3:22.66	44.06 350m: 4:53.20	45.23
100m: 1:13.56 38.74	200m: 2:38.60	43.04 300m: 4:07.97	45.31 400m: 5:35.09	41.89

Juniores

1. Miguel Galeao LOPES	96	Portinado	4:25.16	516
50m: 24.88 24.88	150m: 1:35.38	34.77 250m: 2:45.53	35.12 350m: 3:54.16	34.20
100m: 1:00.61 35.73	200m: 2:10.41	35.03 300m: 3:19.96	34.43 400m: 4:25.16	31.00
2. Mateus Roque MENDES	96	Nata��o de Faro	4:42.30	428
50m: 30.19 30.19	150m: 1:39.40	34.96 250m: 2:52.16	36.81 350m: 4:06.37	37.17
100m: 1:04.44 34.25	200m: 2:15.35	35.95 300m: 3:29.20	37.04 400m: 4:42.30	35.93
3. Carlos Dias INACIO	95	Portinado	4:59.65	358
50m: 32.08 32.08	150m: 1:47.05	37.73 250m: 3:03.73	38.10 350m: 4:22.02	39.16
100m: 1:09.32 37.24	200m: 2:25.63	38.58 300m: 3:42.86	39.13 400m: 4:59.65	37.63
4. Markiyan STRILTSIV	95	FC Ferreiras	6:04.18	199
50m: 35.76 35.76	150m: 2:04.74	46.29 250m: 3:39.28	47.75 350m: 5:15.91	48.55
100m: 1:18.45 42.69	200m: 2:51.53	46.79 300m: 4:27.36	48.08 400m: 6:04.18	48.27