

Prova de Prepar  o de Categorias
Portim o, 9- - 10-3-2013

Prova 2
09-03-2013 - 16:05

Femin., 400m Estilos

Absoluto
Resultados

Recordes Algarve Absoluto	4:49.84	Ana Beatriz PEREIRA	LDC	S. Antonio Cavaleiros	20-12-2009
Recordes Algarve Inf B	5:55.18	Carolina Maeiro AUGUSTO	CNOL	Tavira	19-11-2011
Recordes Algarve Inf A	5:29.55	Rafaela Marques BODIAO	CNOL	Olhao	06-12-2008
Recordes Algarve Juv	5:11.52	Catia Raquel MARTINHEIRA	LDC	Portimao	14-02-2009
Recordes Algarve Jun	5:01.37	Marta Pereira ABREU	LDC	Silves	22-12-2007
Recordes Algarve Sen	4:49.84	Ana Beatriz PEREIRA	LDC	S. Antonio Cavaleiros	20-12-2009

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
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Infantis A

1. Sara Kalinovicova GUERREIRO	00	FC Ferreiras	5:58.17	387
50m: 37.90 37.90	150m: 2:14.07 48.19	250m: 3:48.48 47.40	350m: 5:18.09 41.55	
100m: 1:25.88 47.98	200m: 3:01.08 47.01	300m: 4:36.54 48.06	400m: 5:58.17 40.08	

Juvenis

1. Angela Filipa FIRME	99	FC Ferreiras	7:17.98	211
50m: 47.50 47.50	150m: 2:41.30 54.95	250m: 4:38.05 1:03.03	350m: 6:32.10 50.14	
100m: 1:46.35 58.85	200m: 3:35.02 53.72	300m: 5:41.96 1:03.91	400m: 7:17.98 45.88	

Juniores

1. Elisa Lamy STIERS	98	Lagoa AC	5:56.22	393
50m: 37.29 37.29	150m: 2:05.69 43.23	250m: 3:42.99 54.44	350m: 5:18.11 41.13	
100m: 1:22.46 45.17	200m: 2:48.55 42.86	300m: 4:36.98 53.99	400m: 5:56.22 38.11	

DSQ Sofia Alexandra REIS 98 FC Ferreiras
A atleta n o terminou o percurso de Costas na posi  o de Costas

50m: 49.84 49.84	150m: 3:44.59 1:55.75	250m: 5:37.48 58.77	350m:	
100m: 1:48.84 59.00	200m: 4:38.71 54.12	300m: 6:30.66 53.18	400m:	

Seniores

1. Joana Isabel LAMPREIA	96	Beja	5:19.69	544
50m: 31.88 31.88	150m: 1:50.35 41.42	250m: 3:17.58 45.56	350m: 4:42.40 38.16	
100m: 1:08.93 37.05	200m: 2:32.02 41.67	300m: 4:04.24 46.66	400m: 5:19.69 37.29	