

Torneio Regional de Cadetes - Verão
Monchique, 13- - 14-7-2013

Prova 4
13-07-2013 - 16:40

Femin., 400m Livres

Cadetes B
Resultados

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final				TReac	Pts
1.	Patricia Abreu, SEONG	03	FC Ferreiras	6:58.92					176
	50m: 43.53 43.53	150m: 2:29.56	53.79	250m: 4:19.34	55.07	350m: 6:08.66			54.02
	100m: 1:35.77 52.24	200m: 3:24.27	54.71	300m: 5:14.64	55.30	400m: 6:58.92			50.26
2.	Matilde Vieira, PEREIRA	03	Lagoa AC	7:05.17					168
	50m: 45.33 45.33	150m: 2:31.44	54.21	250m: 4:20.47	54.58	350m: 6:09.88			54.73
	100m: 1:37.23 51.90	200m: 3:25.89	54.45	300m: 5:15.15	54.68	400m: 7:05.17			55.29
3.	Beatriz Sousa, VALENTE	03	Natação de Olhão	7:22.87					149
	50m: 47.36 47.36	150m: 2:37.50	52.84	250m: 4:32.17	56.47	350m: 6:26.45			57.33
	100m: 1:44.66 57.30	200m: 3:35.70	58.20	300m: 5:29.12	56.95	400m: 7:22.87			56.42
4.	Leonor Santos, JESUS	04	Natação de Olhão	7:23.14					148
	50m: 46.63 46.63	150m: 2:41.59	58.46	250m: 4:35.39	55.84	350m: 6:30.42			58.16
	100m: 1:43.13 56.50	200m: 3:39.55	57.96	300m: 5:32.26	56.87	400m: 7:23.14			52.72
5.	Melissa Sousa, VILARINHO	03	FC Ferreiras	7:31.98					140
	50m: 46.51 46.51	150m: 2:42.29	58.22	250m: 4:39.66	58.31	350m: 6:35.96			58.28
	100m: 1:44.07 57.56	200m: 3:41.35	59.06	300m: 5:37.68	58.02	400m: 7:31.98			56.02
6.	Rebeca Correia, FRANCIS	03	Lagoa AC	7:41.48					131
	50m: 47.40 47.40	150m: 2:42.43	58.67	250m: 4:40.77	59.75	350m: 6:43.17			1:00.97
	100m: 1:43.76 56.36	200m: 3:41.02	58.59	300m: 5:42.20	1:01.43	400m: 7:41.48			58.31