

Festival Novembro - Categorias  
Quarteira , 9- - 10-11-2013

Prova 2  
09-11-2013 - 15:35

Femin., 400m Estilos

Absolutos  
Resultados

Infantis - Fem Inf.: 7:00.00 / Juvenis - Fem Juv: 6:40.00 / Juniores - Fem Jun.: 6:20.00 / Seniores - Fem Sen.: 6:00.00

Pontos: FINA 2013

Lugar			Ano					Tempo final	Pts	
<b>Infantis B</b>										
1.	Elisa Sauval Gonçalves		02	Natacao de Olhao				<b>6:13.28</b>	341	
	50m:	42.08 42.08	150m:	2:19.28	47.50	250m:	3:59.19	51.95	350m:	5:32.97 42.15
	100m:	1:31.78 49.70	200m:	3:07.24	47.96	300m:	4:50.82	51.63	400m:	6:13.28 40.31
<b>Infantis A</b>										
1.	Miriam Filipe Marcos		01	Natacao de Olhao				<b>5:46.73</b>	426	
	50m:	38.02 38.02	150m:	2:06.15	41.96	250m:	3:37.00	49.73	350m:	5:08.65 40.46
	100m:	1:24.19 46.17	200m:	2:47.27	41.12	300m:	4:28.19	51.19	400m:	5:46.73 38.08
2.	Francisca Pugsley Ferreira		01	Louletano - Loule Concelho				<b>6:15.05</b>	337	
	50m:	41.27 41.27	150m:	2:18.28	47.09	250m:	3:53.39	48.93	350m:	5:30.28 46.58
	100m:	1:31.19 49.92	200m:	3:04.46	46.18	300m:	4:43.70	50.31	400m:	6:15.05 44.77
3.	Mariana Sebastiao Mendes		01	Portinado				<b>6:28.40</b>	303	
	50m:	41.56 41.56	150m:	2:21.27	50.22	250m:	4:06.61	56.58	350m:	5:47.73 44.17
	100m:	1:31.05 49.49	200m:	3:10.03	48.76	300m:	5:03.56	56.95	400m:	6:28.40 40.67
4.	Adriana Rosa Ramos		01	Portinado				<b>6:31.70</b>	295	
	50m:	42.34 42.34	150m:	2:25.91	52.15	250m:	4:08.60	55.05	350m:	5:48.96 45.24
	100m:	1:33.76 51.42	200m:	3:13.55	47.64	300m:	5:03.72	55.12	400m:	6:31.70 42.74
<b>Juvenis B</b>										
1.	Sara Kalinovicova Guerreiro		00	FC Ferreiras				<b>5:43.40</b>	439	
	50m:	36.02 36.02	150m:	2:06.55	45.55	250m:	3:34.05	43.72	350m:	5:04.13 41.66
	100m:	1:21.00 44.98	200m:	2:50.33	43.78	300m:	4:22.47	48.42	400m:	5:43.40 39.27
2.	Carolina Maeiro Augusto		00	Natacao de Olhao				<b>5:45.78</b>	430	
	50m:	38.50 38.50	150m:	2:10.11	46.18	250m:	3:42.28	47.11	350m:	5:07.97 38.85
	100m:	1:23.93 45.43	200m:	2:55.17	45.06	300m:	4:29.12	46.84	400m:	5:45.78 37.81
3.	Telma Machado Silva		00	Louletano - Loule Concelho				<b>5:50.26</b>	413	
	50m:	37.39 37.39	150m:	2:05.17	44.72	250m:	3:38.81	49.74	350m:	5:09.66 40.98
	100m:	1:20.45 43.06	200m:	2:49.07	43.90	300m:	4:28.68	49.87	400m:	5:50.26 40.60
4.	Luisa Ribeiro Lino		00	Natacao de Faro				<b>6:01.15</b>	377	
	50m:	39.91 39.91	150m:	2:13.85	43.82	250m:	3:48.41	51.32	350m:	5:21.58 40.45
	100m:	1:30.03 50.12	200m:	2:57.09	43.24	300m:	4:41.13	52.72	400m:	6:01.15 39.57
5.	Ines Correia Leote		00	Portinado				<b>6:27.26</b>	306	
	50m:	39.98 39.98	150m:	2:18.53	48.96	250m:	4:02.38	56.00	350m:	5:44.35 45.82
	100m:	1:29.57 49.59	200m:	3:06.38	47.85	300m:	4:58.53	56.15	400m:	6:27.26 42.91
6.	Matilde Aguas Marques FTL		00	Portinado				<b>6:40.92</b>	276	
	50m:	39.94 39.94	150m:	2:25.42	51.14	250m:	4:12.30	57.84	350m:	5:57.11 47.33
	100m:	1:34.28 54.34	200m:	3:14.46	49.04	300m:	5:09.78	57.48	400m:	6:40.92 43.81
<b>Juvenis A</b>										
1.	Matilde Pereira Martins		99	Colegio Bernardette Romeira				<b>5:34.74</b>	474	
	50m:	34.45 34.45	150m:	1:57.75	42.94	250m:	3:28.00	47.52	350m:	4:55.98 38.48
	100m:	1:14.81 40.36	200m:	2:40.48	42.73	300m:	4:17.50	49.50	400m:	5:34.74 38.76

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Prova 2, Femin., 400m Estilos, Juvenis A

Lugar			Ano					Tempo final	Pts
2.	Laura Santos Gaziaux		99	FC Ferreiras				<b>5:56.38</b>	392
	50m:	37.28 37.28	150m:	2:09.22	47.22	250m:	3:45.54 50.89	350m:	5:17.54 41.95
	100m:	1:22.00 44.72	200m:	2:54.65	45.43	300m:	4:35.59 50.05	400m:	5:56.38 38.84

Juniores

1.	Ines Pugsley Ferreira		97	Louletano - Loule Concelho				<b>5:22.64</b>	529
	50m:	33.68 33.68	150m:	1:56.52	43.23	250m:	3:23.04 44.78	350m:	4:46.38 37.22
	100m:	1:13.29 39.61	200m:	2:38.26	41.74	300m:	4:09.16 46.12	400m:	5:22.64 36.26
2.	Maria Rachadell Pereira		98	Portinado				<b>5:28.18</b>	503
	50m:	34.61 34.61	150m:	1:57.03	40.84	250m:	3:23.73 46.51	350m:	4:50.19 38.85
	100m:	1:16.19 41.58	200m:	2:37.22	40.19	300m:	4:11.34 47.61	400m:	5:28.18 37.99
3.	Maria Morgado Franco		98	Portinado				<b>5:41.00</b>	448
	50m:	34.43 34.43	150m:	1:58.46	41.96	250m:	3:31.15 50.81	350m:	5:01.56 39.15
	100m:	1:16.50 42.07	200m:	2:40.34	41.88	300m:	4:22.41 51.26	400m:	5:41.00 39.44
4.	Jessica Sousa Brito		97	Portinado				<b>5:55.99</b>	394
	50m:	35.14 35.14	150m:	2:04.61	45.50	250m:	3:44.11 54.63	350m:	5:18.46 39.74
	100m:	1:19.11 43.97	200m:	2:49.48	44.87	300m:	4:38.72 54.61	400m:	5:55.99 37.53
DSQ	Sofia Alexandra Reis		98	FC Ferreiras					
	<i>- Na viragem dos 75m só tocou com uma mão na parede</i>								
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:		

Seniores

1.	Joana Isabel Lampreia		96	Beja				<b>5:31.58</b>	487
	50m:	35.22 35.22	150m:	1:58.94	42.31	250m:	3:29.35 48.45	350m:	4:54.86 37.34
	100m:	1:16.63 41.41	200m:	2:40.90	41.96	300m:	4:17.52 48.17	400m:	5:31.58 36.72