

Festival Novembro - Categorias
Quarteira , 9- - 10-11-2013

Prova 9 Femin., 400m Livres Absolutos
10-11-2013 - 9:30 Resultados

Infantis - Fem Inf.: 6:00.00 / Juvenis - Fem Juv: 5:45.00 / Juniores - Fem Jun.: 5:30.00 / Seniores - Fem Sen.: 5:15.00

Pontos: FINA 2013

Lugar	Ano	Tempo final	Pts
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Infantis B

1. Isis Sousa Severino	02	Louletano - Loule Concelho	5:55.66	287
50m: 38.37 38.37	150m:	250m:	350m:	
100m: 1:21.23 42.86	200m: 2:52.72	300m:	400m: 5:55.66	
2. Daniela Teixeira Santos	02	Tavira Natacao	6:13.00	249
FTL				
50m: 40.81 40.81	150m:	250m:	350m:	
100m: 1:27.64 46.83	200m: 3:04.84	300m:	400m: 6:13.00	

Infantis A

1. Catarina Miguel Silva	01	Natacao de Faro	5:15.74	411
50m: 35.68 35.68	150m:	250m:	350m:	
100m: 1:16.80 41.12	200m: 2:37.02	300m: 3:57.99	400m: 5:15.74	
2. Iara Louren�o Tubal	01	Tavira Natacao	5:32.26	353
50m: 36.98 36.98	150m:	250m:	350m:	
100m: 1:17.77 40.79	200m: 2:42.91	300m:	400m: 5:32.26	
3. Sara Cardoso Gama	01	Tavira Natacao	5:45.00	315
50m: 36.27 36.27	150m:	250m:	350m:	
100m: 1:18.21 41.94	200m: 2:47.20	300m:	400m: 5:45.00	
4. Mariana Sebastiao Mendes	01	Portinado	5:51.96	297
50m: 36.27 36.27	150m:	250m:	350m:	
100m: 1:19.68 43.41	200m: 2:48.64	300m:	400m: 5:51.96	
5. Adriana Rosa Ramos	01	Portinado	5:53.59	293
50m: 37.78 37.78	150m:	250m:	350m:	
100m: 1:20.19 42.41	200m: 2:52.91	300m:	400m: 5:53.59	
6. Beatriz Guerreiro Madeira	01	Tavira Natacao	5:57.40	283
50m: 39.95 39.95	150m:	250m:	350m:	
100m: 1:23.78 43.83	200m: 2:56.76	300m:	400m: 5:57.40	

Juvenis B

1. Sara Kalinicova Guerreiro	00	FC Ferreiras	5:03.09	465
50m: 33.13 33.13	150m: 1:48.16	38.64 250m: 3:06.49	38.41 350m: 4:25.24	39.79
100m: 1:09.52 36.39	200m: 2:28.08	39.92 300m: 3:45.45	38.96 400m: 5:03.09	37.85
2. Rita Guedes Moreira	00	Louletano - Loule Concelho	5:06.99	447
50m: 34.02 34.02	150m: 1:50.05	38.88 250m: 3:08.90	39.48 350m: 4:28.06	39.79
100m: 1:11.17 37.15	200m: 2:29.42	39.37 300m: 3:48.27	39.37 400m: 5:06.99	38.93
3. Luisa Ribeiro Lino	00	Natacao de Faro	5:14.65	415
50m: 34.94 34.94	150m: 1:54.61	40.16 250m: 3:14.90	39.72 350m: 4:35.58	40.10
100m: 1:14.45 39.51	200m: 2:35.18	40.57 300m: 3:55.48	40.58 400m: 5:14.65	39.07
4. Telma Machado Silva	00	Louletano - Loule Concelho	5:24.94	377
50m: 37.00 37.00	150m: 1:58.77	41.00 250m: 3:21.12	41.26 350m: 4:43.94	41.53
100m: 1:17.77 40.77	200m: 2:39.86	41.09 300m: 4:02.41	41.29 400m: 5:24.94	41.00
5. Ines Correia Leote	00	Portinado	5:39.08	332
50m: 37.21 37.21	150m: 2:02.57	43.32 250m: 3:28.77	43.66 350m: 4:57.66	44.11
100m: 1:19.25 42.04	200m: 2:45.11	42.54 300m: 4:13.55	44.78 400m: 5:39.08	41.42

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Lugar	Ano	Tempo final	Pts
6. Matilde Aguas Marques	00 Portinado	5:53.57	293
<i>FTL</i>			
50m: 35.93 35.93	150m: 250m: 350m:		
100m: 1:18.22 42.29	200m: 2:52.74 300m: 400m:	5:53.57	

Juvenis A

1. Catarina Costa Fernandes	99	Colegio Bernardette Romeira	4:48.29	540
50m: 32.49 32.49	150m: 1:45.25 36.62	250m: 2:58.81 36.68	350m: 4:13.31 37.98	
100m: 1:08.63 36.14	200m: 2:22.13 36.88	300m: 3:35.33 36.52	400m: 4:48.29 34.98	
2. Laura Santos Gaziaux	99	FC Ferreiras	5:25.63	375
50m: 35.81 35.81	150m: 250m: 350m:			
100m: 1:14.96 39.15	200m: 2:37.05 300m: 400m:	5:25.63		
3. Larissa Pommerening Dornelles	99	Natacao de Faro	5:31.72	354
50m: 36.75 36.75	150m: 250m: 350m:			
100m: 1:17.77 41.02	200m: 2:42.80 300m: 400m:	5:31.72		

Juniores

1. Maria Morgado Franco	98	Portinado	5:01.97	470
50m: 32.33 32.33	150m: 250m: 350m:			
100m: 1:08.84 36.51	200m: 2:26.24 300m: 400m:	5:01.97	38.04	
2. Laura Afonso Dias	98	Natacao de Faro	5:06.79	448
50m: 35.01 35.01	150m: 1:53.06 39.16	250m: 3:10.77 38.71	350m: 4:28.97 38.83	
100m: 1:13.90 38.89	200m: 2:32.06 39.00	300m: 3:50.14 39.37	400m: 5:06.79 37.82	
3. Ana Filipa Costa	98	Beja	5:07.01	447
50m: 33.39 33.39	150m: 250m: 350m:			
100m: 1:11.01 37.62	200m: 2:30.39 300m: 400m:	5:07.01		
4. Mariana Cordeiro Vinagre	97	Natacao de Faro	5:10.68	431
50m: 34.01 34.01	150m: 1:50.64 38.98	250m: 3:10.13 40.06	350m: 4:31.69 41.00	
100m: 1:11.66 37.65	200m: 2:30.07 39.43	300m: 3:50.69 40.56	400m: 5:10.68 38.99	
5. Maria Luisa Alvarenga	98	Beja	5:17.10	406
50m: 33.79 33.79	150m: 250m: 350m:			
100m: 1:12.26 38.47	200m: 2:33.08 300m: 400m:	5:17.10		
6. Joana Varela Joaquim	97	Portinado	5:18.27	401
50m: 35.48 35.48	150m: 1:54.99 40.41	250m: 3:16.39 40.71	350m: 4:37.92 40.47	
100m: 1:14.58 39.10	200m: 2:35.68 40.69	300m: 3:57.45 41.06	400m: 5:18.27 40.35	
7. Jessica Sousa Brito	97	Portinado	5:19.77	396
50m: 32.47 32.47	150m: 250m: 350m:			
100m: 1:10.68 38.21	200m: 2:32.57 300m: 400m:	5:19.77		
8. Sofia Alexandra Reis	98	FC Ferreiras	5:31.94	354
<i>FTL</i>				
50m: 36.24 36.24	150m: 250m: 350m:			
100m: 1:16.54 40.30	200m: 2:41.48 300m: 400m:	5:31.94		

Seniores

1. Joana Isabel Lampreia	96	Beja	4:51.58	522
50m: 32.67 32.67	150m: 1:45.16 36.38	250m: 2:58.66 37.14	350m: 4:13.82 37.86	
100m: 1:08.78 36.11	200m: 2:21.52 36.36	300m: 3:35.96 37.30	400m: 4:51.58 37.76	

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Prova 9, Femin., 400m Livres, Seniores

Lugar			Ano					Tempo final	Pts
2.	Carolina Sofia Lopes		96	Louletano - Loule Concelho				4:53.71	511
	50m:	32.40	32.40	150m:		250m:		350m:	
	100m:	1:07.93	35.53	200m:	2:21.55	300m:	3:37.55	400m:	4:53.71
3.	Andreia Brito Costa		95	Natacao de Faro				5:05.97	452
	50m:	33.87	33.87	150m:	1:51.47	250m:	3:10.38	350m:	4:28.69
	100m:	1:11.99	38.12	200m:	2:30.91	300m:	3:49.73	400m:	5:05.97