

Campeonatos Regionais Clubes - Inf e Abs
Albufeira, 10- - 11-5-2014

Prova 46
11-05-2014 - 11:25

Masc., 400m Livres

Absolutos
Resultados

Pontos: FINA 2013

Lugar			Ano					Tempo final	Pts
1.	Nathan Keith Theodoris		95	Louletano / Loule Concelho				3:57.20	716
	50m:	27.09 27.09	150m:	1:25.91	29.63	250m:	2:26.18 30.03	350m:	3:27.48 30.41
	100m:	56.28 29.19	200m:	1:56.15	30.24	300m:	2:57.07 30.89	400m:	3:57.20 29.72
2.	Miguel Duarte Nascimento		95	Portinado				4:19.31	548
	50m:	27.49 27.49	150m:	1:29.90	31.94	250m:	2:37.37 33.97	350m:	3:46.20 34.22
	100m:	57.96 30.47	200m:	2:03.40	33.50	300m:	3:11.98 34.61	400m:	4:19.31 33.11
3.	Rodrigo Martins Gomes		98	FC Ferreiras				4:19.95	544
	50m:	28.62 28.62	150m:	1:31.85	32.35	250m:	2:38.52 33.49	350m:	3:46.63 34.13
	100m:	59.50 30.88	200m:	2:05.03	33.18	300m:	3:12.50 33.98	400m:	4:19.95 33.32
4.	Mateus Roque Mendes		96	Natação de Faro				4:25.56	510
	50m:		150m:	1:36.56	34.16	250m:	2:44.58 34.16	350m:	3:53.63 34.29
	100m:	1:02.40	200m:	2:10.42	33.86	300m:	3:19.34 34.76	400m:	4:25.56 31.93
5.	Andre Sousa Gonçalves		97	Natação de Olhão				4:26.29	506
	50m:	29.68 29.68	150m:	1:35.65	33.29	250m:	2:44.27 34.40	350m:	3:53.13 34.26
	100m:	1:02.36 32.68	200m:	2:09.87	34.22	300m:	3:18.87 34.60	400m:	4:26.29 33.16
6.	Gil Magalhaes Raposo		99	Lagoa AC				4:40.07	435
	50m:		150m:	1:38.56	34.78	250m:	2:50.20 36.26	350m:	4:04.13 37.08
	100m:	1:03.78	200m:	2:13.94	35.38	300m:	3:27.05 36.85	400m:	4:40.07 35.94
7.	João Eduardo Ferreira		97	Armacenenses				4:49.77	392
	50m:	30.29 30.29	150m:	1:41.11	36.07	250m:	2:56.13 37.61	350m:	4:13.44 38.32
	100m:	1:05.04 34.75	200m:	2:18.52	37.41	300m:	3:35.12 38.99	400m:	4:49.77 36.33
8.	Dumitru Octavian Surupateanu		98	Tavira Natação				5:22.39	285
	50m:	34.65 34.65	150m:	1:54.99	41.19	250m:	3:19.20 42.26	350m:	4:43.04 42.06
	100m:	1:13.80 39.15	200m:	2:36.94	41.95	300m:	4:00.98 41.78	400m:	5:22.39 39.35
EXH	João Duarte Santos		95	Individual do Algarve				4:03.21	664
	50m:	27.33 27.33	150m:	1:28.04	30.72	250m:	2:30.24 30.99	350m:	3:32.73 31.45
	100m:	57.32 29.99	200m:	1:59.25	31.21	300m:	3:01.28 31.04	400m:	4:03.21 30.48
EXH	João Eduardo Ilha		98	Natação de Olhão				4:36.39	452
	50m:		150m:	1:41.33		250m:	2:52.15	350m:	4:03.63 35.63
	100m:		200m:			300m:	3:28.00 35.85	400m:	4:36.39 32.76
EXH	Igor Coelho Santos		98	Beja				5:08.51	325
	50m:	33.42 33.42	150m:	1:49.27	39.29	250m:	3:05.98 38.26	350m:	4:29.08 41.49
	100m:	1:09.98 36.56	200m:	2:27.72	38.45	300m:	3:47.59 41.61	400m:	5:08.51 39.43