

Torneio Regional Junior e Pré - Junior
Loulé, 14- - 15-6-2014

Prova 11
15-06-2014 - 9:30

Femin., 400m Livres

Absolutos
Resultados

Pontos: FINA 2014

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
Infantis								
1. Miriam Filipe Marcos	01	Natação de Olhão	4:44.97	591	1:06.72	1:12.73	1:12.65	1:12.87
50m:		150m:	250m:			350m:		
100m: 1:06.72		200m: 2:19.45	300m: 3:32.10			400m: 4:44.97		
2. Catarina Miguel Silva	01	Natação de Faro	5:12.28	449	1:14.18	1:19.41	1:20.31	1:18.38
50m:		150m:	250m:			350m:		
100m: 1:14.18		200m: 2:33.59	300m: 3:53.90			400m: 5:12.28		
3. Elisa Sauval Gonçalves	02	Natação de Olhão	5:16.38	431	1:14.40	1:21.25	1:21.37	1:19.36
50m:		150m:	250m:			350m:		
100m: 1:14.40		200m: 2:35.65	300m: 3:57.02			400m: 5:16.38		
4. Iara Lourenço Tubal	01	Tavira Natação	5:25.10	398	1:16.45	1:23.25	1:24.72	1:20.68
50m:		150m:	250m:			350m:		
100m: 1:16.45		200m: 2:39.70	300m: 4:04.42			400m: 5:25.10		
5. Mariana Sebastiao Mende	01	Portinado	5:27.82	388	1:14.91	1:26.94	1:32.96	1:13.01
50m:		150m:	250m:			350m:		
100m: 1:14.91		200m: 2:41.85	300m: 4:14.81			400m: 5:27.82		
6. Isis Sousa Severino	02	Louletano / Loule Concelho	5:32.46	372	1:15.47	1:27.38	1:29.41	1:20.20
50m:		150m:	250m:			350m:		
100m: 1:15.47		200m: 2:42.85	300m: 4:12.26			400m: 5:32.46		
7. Maria Joao Carvalho	02	Portinado	5:34.98	363	1:15.67	1:25.83	1:27.41	1:26.07
50m:		150m:	250m:			350m:		
100m: 1:15.67		200m: 2:41.50	300m: 4:08.91			400m: 5:34.98		
8. Catarina Vitorino Santos	02	Louletano / Loule Concelho	5:36.82	357	1:15.07	1:28.02	1:28.59	1:25.14
50m:		150m:	250m:			350m:		
100m: 1:15.07		200m: 2:43.09	300m: 4:11.68			400m: 5:36.82		
9. Francisca Pugsley Ferreira	01	Individual Algarve	5:38.68	352	1:17.58	1:25.88	1:27.84	1:27.38
50m:		150m:	250m:			350m:		
100m: 1:17.58		200m: 2:43.46	300m: 4:11.30			400m: 5:38.68		
10. Sara Cardoso Gama	01	Tavira Natação	5:41.29	344	1:18.19	1:28.65	1:29.27	1:25.18
50m:		150m:	250m:			350m:		
100m: 1:18.19		200m: 2:46.84	300m: 4:16.11			400m: 5:41.29		
11. Beatriz Guerreiro Madeira	01	Tavira Natação	5:51.51	314	1:22.31	1:30.92	1:31.98	1:26.30
50m:		150m:	250m:			350m:		
100m: 1:22.31		200m: 2:53.23	300m: 4:25.21			400m: 5:51.51		
12. Adriana Rosa Ramos	01	Portinado	5:52.48	312	1:19.41	1:31.77	1:33.03	1:28.27
50m:		150m:	250m:			350m:		
100m: 1:19.41		200m: 2:51.18	300m: 4:24.21			400m: 5:52.48		
13. Maria Auxiliadora Pereira	01	Portinado	5:54.71	306	1:19.95	1:31.21	1:33.82	1:29.73
50m:		150m:	250m:			350m:		
100m: 1:19.95		200m: 2:51.16	300m: 4:24.98			400m: 5:54.71		
14. Joana Gualberto Barbara	02	Portinado	6:01.90	288	1:22.73	1:32.83	1:35.39	1:30.95
50m:		150m:	250m:			350m:		
100m: 1:22.73		200m: 2:55.56	300m: 4:30.95			400m: 6:01.90		
15. Mariana Duarte Ricardo	02	Portinado	6:03.76	284	1:19.78	1:34.76	1:35.98	1:33.24
50m:		150m:	250m:			350m:		
100m: 1:19.78		200m: 2:54.54	300m: 4:30.52			400m: 6:03.76		
16. Clara Carvalho Rodrigues	02	Tavira Natação	6:11.12	267	1:26.39	1:34.06	1:37.18	1:33.49
50m:		150m:	250m:			350m:		
100m: 1:26.39		200m: 3:00.45	300m: 4:37.63			400m: 6:11.12		
17. Inês João Mestre	01	Natação de Olhão	6:11.95	265	1:29.82	1:35.57	1:35.28	1:31.28
50m:		150m:	250m:			350m:		
100m: 1:29.82		200m: 3:05.39	300m: 4:40.67			400m: 6:11.95		
18. Sofia Viegas Sousa	01	Louletano / Loule Concelho	6:12.36	264	1:28.41	1:35.70	1:34.26	1:33.99
50m:		150m:	250m:			350m:		
100m: 1:28.41		200m: 3:04.11	300m: 4:38.37			400m: 6:12.36		
19. Sofia Cruz Mendes	02	Louletano / Loule Concelho	6:12.90	263	1:27.31	1:34.67	1:36.95	1:33.97
50m:		150m:	250m:			350m:		
100m: 1:27.31		200m: 3:01.98	300m: 4:38.93			400m: 6:12.90		

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Prova 11, Femin., 400m Livres, Infantis

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
20. Daniela Teixeira Santos	02	Tavira Natação	6:18.23	252	1:27.96	1:37.78	1:37.96	1:34.53
50m:		150m:	250m:			350m:		
100m: 1:27.96		200m: 3:05.74	300m: 4:43.70			400m: 6:18.23		
21. Beatriz Vieira Henriques	01	Portinado	6:18.59	252	1:28.46	1:35.80	1:38.31	1:36.02
50m:		150m:	250m:			350m:		
100m: 1:28.46		200m: 3:04.26	300m: 4:42.57			400m: 6:18.59		
22. Iara Graça Gabriele	01	Lagoa AC	6:26.71	236	1:27.37	1:39.77	1:41.70	1:37.87
50m:		150m:	250m:			350m:		
100m: 1:27.37		200m: 3:07.14	300m: 4:48.84			400m: 6:26.71		
23. Rita Cardoso Gama	02	Tavira Natação	6:33.27	224	1:30.63	1:42.32	1:41.80	1:38.52
50m:		150m:	250m:			350m:		
100m: 1:30.63		200m: 3:12.95	300m: 4:54.75			400m: 6:33.27		
24. Masary Sousa Cecato	02	Tavira Natação	6:35.62	220	1:36.01	1:41.21	1:39.21	1:39.19
50m:		150m:	250m:			350m:		
100m: 1:36.01		200m: 3:17.22	300m: 4:56.43			400m: 6:35.62		
25. Catarina Isabel Guerreiro	01	Tavira Natação	6:42.08	210	1:34.16	1:42.51	1:42.12	1:43.29
50m:		150m:	250m:			350m:		
100m: 1:34.16		200m: 3:16.67	300m: 4:58.79			400m: 6:42.08		
26. Leonor Lourenco Mestre	01	Portinado	6:44.74	206	1:30.62	1:45.17	1:45.07	1:43.88
50m:		150m:	250m:			350m:		
100m: 1:30.62		200m: 3:15.79	300m: 5:00.86			400m: 6:44.74		
27. Ana Leonor Dias	02	Colegio Bernardette Romei	6:51.17	196	1:35.79	1:47.40	1:46.68	1:41.30
50m:		150m:	250m:			350m:		
100m: 1:35.79		200m: 3:23.19	300m: 5:09.87			400m: 6:51.17		
28. Raquel Ferreira Afonso	02	Náutico Do Guadiana	7:24.95	155			1:58.28	1:54.82
50m:		150m:	250m:			350m:		
100m:		200m: 3:31.85	300m: 5:30.13			400m: 7:24.95		
DSQ Jessica Filipe Felícia	02	FC Ferreiras						
01 - Falsa Partida								
50m:		150m:	250m:			350m:		
100m:		200m:	300m:			400m:		

Pré-Junior

1. Carolina Maeiro Augusto	00	Natação de Olhão	4:53.50	540	1:08.64	1:14.71	1:15.37	1:14.78
50m:		150m:	250m:			350m:		
100m: 1:08.64		200m: 2:23.35	300m: 3:38.72			400m: 4:53.50		
2. Beatriz Mendes Viegas	00	Tavira Natação	4:56.62	524	1:10.18	1:16.57	1:16.93	1:12.94
50m:		150m:	250m:			350m:		
100m: 1:10.18		200m: 2:26.75	300m: 3:43.68			400m: 4:56.62		
3. Catarina Costa Fernandes	99	Colegio Bernardette Romei	4:57.52	519	1:10.10	1:15.78	1:16.61	1:15.03
50m:		150m:	250m:			350m:		
100m: 1:10.10		200m: 2:25.88	300m: 3:42.49			400m: 4:57.52		
4. Matilde Pereira Martins	99	Colegio Bernardette Romei	4:58.24	515	1:08.31	1:17.41	1:17.17	1:15.35
50m:		150m:	250m:			350m:		
100m: 1:08.31		200m: 2:25.72	300m: 3:42.89			400m: 4:58.24		
5. Sara Kalinovicova Guerreiro	00	FC Ferreiras	5:02.89	492	1:10.61	1:17.22	1:17.91	1:17.15
50m:		150m:	250m:			350m:		
100m: 1:10.61		200m: 2:27.83	300m: 3:45.74			400m: 5:02.89		
6. Joana Viegas Bento	99	Colegio Bernardette Romei	5:08.68	465	1:12.42	1:19.21	1:19.90	1:17.15
50m:		150m:	250m:			350m:		
100m: 1:12.42		200m: 2:31.63	300m: 3:51.53			400m: 5:08.68		
7. Luisa Ribeiro Lino	00	Natação de Faro	5:13.34	444			1:20.56	1:18.73
50m:		150m:	250m:			350m:		
100m:		200m: 2:34.05	300m: 3:54.61			400m: 5:13.34		
8. Rita Guedes Moreira	00	Louletano / Loule Concelho	5:14.86	438	1:13.38	1:20.87	1:21.16	1:19.45
50m:		150m:	250m:			350m:		
100m: 1:13.38		200m: 2:34.25	300m: 3:55.41			400m: 5:14.86		
9. Carolina Costa Fernandes	99	Colegio Bernardette Romei	5:21.13	413			1:23.90	1:21.07
50m:		150m:	250m:			350m:		
100m:		200m: 2:36.16	300m: 4:00.06			400m: 5:21.13		

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Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
10. Mariana Leal Lopes	99	Colegio Bernardette Romei	5:23.85	402			1:23.68	1:22.69
50m:		150m:	250m:		350m:			
100m:		200m:	300m:	4:01.16	400m:	5:23.85		
11. Maria Luz Direitinho	00	Louletano / Loule Concelho	5:32.66	371	1:17.85	1:25.06	1:25.82	1:23.93
50m:		150m:	250m:		350m:			
100m:	1:17.85	200m:	300m:	4:08.73	400m:	5:32.66		
12. Laura Santos Gaziaux	99	FC Ferreiras	5:32.98	370	1:17.07	1:25.70	1:27.35	1:22.86
50m:		150m:	250m:		350m:			
100m:	1:17.07	200m:	300m:	4:10.12	400m:	5:32.98		
13. Melissa Santos Almeida	00	Armacenenses	5:35.35	362			1:26.23	1:23.85
50m:		150m:	250m:		350m:			
100m:		200m:	300m:	4:11.50	400m:	5:35.35		
14. Telma Machado Silva	00	Louletano / Loule Concelho	5:38.39	352	1:18.65	1:26.47	1:27.20	1:26.07
50m:		150m:	250m:		350m:			
100m:	1:18.65	200m:	300m:	4:12.32	400m:	5:38.39		
15. Matilde Aguas Marques	00	Portinado	5:38.54	352	1:14.04	1:27.75	1:30.26	1:26.49
50m:		150m:	250m:		350m:			
100m:	1:14.04	200m:	300m:	4:12.05	400m:	5:38.54		
16. Ana Catarina Simao	99	Louletano / Loule Concelho	5:38.60	352	1:18.92			1:25.15
50m:		150m:	250m:		350m:			
100m:	1:18.92	200m:	300m:	4:13.45	400m:	5:38.60		
17. Madalena Guerreiro Severina	99	Armacenenses	5:39.24	350	1:16.75	1:27.40	1:28.48	1:26.61
50m:		150m:	250m:		350m:			
100m:	1:16.75	200m:	300m:	4:12.63	400m:	5:39.24		
18. Mariya Lukashyk	00	Natacao de Lagos	5:49.24	321				
50m:		150m:	250m:		350m:			
100m:		200m:	300m:		400m:	5:49.24		
19. Ines Correia Leote	00	Portinado	5:53.67	309	1:19.83	1:31.15	1:33.37	1:29.32
50m:		150m:	250m:		350m:			
100m:	1:19.83	200m:	300m:	4:24.35	400m:	5:53.67		
20. Milene Rufino Madeira	99	Colegio Bernardette Romei	5:55.84	303	1:22.42	1:31.11	1:34.40	1:27.91
50m:		150m:	250m:		350m:			
100m:	1:22.42	200m:	300m:	4:27.93	400m:	5:55.84		
21. L. Dornelles	99	Natação de Faro	6:02.88	286	1:17.44	1:36.68	1:35.62	1:33.14
50m:		150m:	250m:		350m:			
100m:	1:17.44	200m:	300m:	4:29.74	400m:	6:02.88		
22. Brígida Raquel Fernandes	00	Tavira Natação	6:08.61	273	1:24.82	1:32.62	1:36.20	1:34.97
50m:		150m:	250m:		350m:			
100m:	1:24.82	200m:	300m:	4:33.64	400m:	6:08.61		
23. Maria João Ferreira	00	Náutico Do Guadiana	6:44.34	206	1:35.70	1:44.17	1:44.82	1:39.65
50m:		150m:	250m:		350m:			
100m:	1:35.70	200m:	300m:	5:04.69	400m:	6:44.34		

Juniores

1. Ana Filipa Costa	98	Beja	4:59.78	507	1:09.29	1:17.20	1:18.17	1:15.12
50m:		150m:	250m:		350m:			
100m:	1:09.29	200m:	300m:	3:44.66	400m:	4:59.78		
2. Inês Pugsley Ferreira	97	Individual Algarve	5:00.99	501	1:09.05	1:16.03	1:18.01	1:17.90
50m:		150m:	250m:		350m:			
100m:	1:09.05	200m:	300m:	3:43.09	400m:	5:00.99		
3. Maria Rachadell Pereira	98	Portinado	5:04.81	482	1:09.76	1:17.85	1:19.47	1:17.73
50m:		150m:	250m:		350m:			
100m:	1:09.76	200m:	300m:	3:47.08	400m:	5:04.81		
4. Catarina Costa Sequeira	98	Armacenenses	5:09.42	461			1:20.62	1:19.72
50m:		150m:	250m:		350m:			
100m:		200m:	300m:	3:49.70	400m:	5:09.42		
5. Mariana Cordeiro Vinagre	97	Natação de Faro	5:15.85	434	1:13.62	1:19.76	1:22.00	1:20.47
50m:		150m:	250m:		350m:			
100m:	1:13.62	200m:	300m:	3:55.38	400m:	5:15.85		

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Prova 11, Femin., 400m Livres, Juniores

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
6. Sara Filipe Marcos	97	Natação de Olhão	5:16.45	431	1:14.58			
50m:		150m:	250m:			350m:		
100m: 1:14.58		200m:	300m:			400m: 5:16.45		
7. Maria Morgado Franco	98	Portinado	5:17.13	428	1:09.17	1:21.37	1:25.56	1:21.03
50m:		150m:	250m:			350m:		
100m: 1:09.17		200m: 2:30.54	300m: 3:56.10			400m: 5:17.13		
8. Mariana Manhita Correia	98	Tavira Natação	5:21.37	412	1:14.02	1:21.98	1:23.78	1:21.59
50m:		150m:	250m:			350m:		
100m: 1:14.02		200m: 2:36.00	300m: 3:59.78			400m: 5:21.37		
9. Elisa Lamy Stiers	98	Lagoa AC	5:30.19	379	1:12.22	1:23.47	1:28.45	1:26.05
50m:		150m:	250m:			350m:		
100m: 1:12.22		200m: 2:35.69	300m: 4:04.14			400m: 5:30.19		
10. Sofia Alexandra Reis	98	FC Ferreiras	5:31.75	374	1:15.68	1:24.72	1:26.34	1:25.01
50m:		150m:	250m:			350m:		
100m: 1:15.68		200m: 2:40.40	300m: 4:06.74			400m: 5:31.75		

Seniores

1. Joana Isabel Lampreia	96	Beja	4:56.63	524	1:08.60	1:15.37	1:16.73	1:15.93
50m:		150m:	250m:			350m:		
100m: 1:08.60		200m: 2:23.97	300m: 3:40.70			400m: 4:56.63		
2. Beatriz Sousa Grou	96	Tavira Natação	5:05.86	478	1:10.40	1:18.02	1:19.18	1:18.26
50m:		150m:	250m:			350m:		
100m: 1:10.40		200m: 2:28.42	300m: 3:47.60			400m: 5:05.86		
3. Anabela Ramos Cruz	95	Lagoa AC	5:17.30	428	1:13.32	1:21.01	1:21.92	1:21.05
50m:		150m:	250m:			350m:		
100m: 1:13.32		200m: 2:34.33	300m: 3:56.25			400m: 5:17.30		
4. Catarina Silva Palma	94	Armazenenses	5:26.71	392	1:12.73	1:24.05	1:25.94	1:23.99
50m:		150m:	250m:			350m:		
100m: 1:12.73		200m: 2:36.78	300m: 4:02.72			400m: 5:26.71		
5. C. Conceição	95	Natação de Olhão	6:13.45	262				1:32.60
50m:		150m:	250m:			350m:		
100m:		200m:	300m: 4:40.85			400m: 6:13.45		
EXH Alba Vasquez Ruiz	02	Natacion Huelva	4:59.11	511	1:10.05	1:17.02	1:17.41	1:14.63
50m:		150m:	250m:			350m:		
100m: 1:10.05		200m: 2:27.07	300m: 3:44.48			400m: 4:59.11		
EXH Yaiza Pilar Parada	98	Natacion Huelva	5:27.96	387	1:15.45	1:23.95	1:25.34	1:23.22
50m:		150m:	250m:			350m:		
100m: 1:15.45		200m: 2:39.40	300m: 4:04.74			400m: 5:27.96		
EXH Ana Maria Acosta	01	Natacion Huelva	5:33.47	368	1:18.43	1:24.28	1:25.55	1:25.21
50m:		150m:	250m:			350m:		
100m: 1:18.43		200m: 2:42.71	300m: 4:08.26			400m: 5:33.47		
EXH Sadra Camacho Pinto	01	Natacion Huelva	5:36.38	359	1:17.94	1:26.36	1:27.46	1:24.62
50m:		150m:	250m:			350m:		
100m: 1:17.94		200m: 2:44.30	300m: 4:11.76			400m: 5:36.38		
EXH Amelia Fernandez Marin	01	Natacion Huelva	5:53.16	310	1:22.98	1:30.67	1:31.83	1:27.68
50m:		150m:	250m:			350m:		
100m: 1:22.98		200m: 2:53.65	300m: 4:25.48			400m: 5:53.16		
EXH Marta Borrego Eugenio	02	Natacion Huelva	5:55.05	305			1:31.71	1:29.06
50m:		150m:	250m:			350m:		
100m:		200m: 2:54.28	300m: 4:25.99			400m: 5:55.05		
EXH Guadalupe Buendia Valier	02	Natacion Huelva	6:13.60	262	1:27.41	1:35.54	1:36.85	1:33.80
50m:		150m:	250m:			350m:		
100m: 1:27.41		200m: 3:02.95	300m: 4:39.80			400m: 6:13.60		
EXH Laura Maraver Gonzalez	02	Natacion Huelva	6:21.56	246	1:28.17	1:36.55	1:38.32	1:38.52
50m:		150m:	250m:			350m:		
100m: 1:28.17		200m: 3:04.72	300m: 4:43.04			400m: 6:21.56		
EXH Susana Rita Gomes	02	Tavira Natação	6:46.15	204	1:35.88	1:43.01	1:47.15	1:40.11
50m:		150m:	250m:			350m:		
100m: 1:35.88		200m: 3:18.89	300m: 5:06.04			400m: 6:46.15		

Torneio Regional Junior e Pré - Junior
Loulé, 14- - 15-6-2014

Prova 11, Femin., 400m Livres

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
EXH	Manuela Domingo Bonnet01	Natacion Huelva	6:52.46	194	1:36.73	1:46.53	1:44.06	1:45.14
	50m:	150m:	250m:			350m:		
	100m: 1:36.73	200m: 3:23.26	300m: 5:07.32			400m: 6:52.46		