



Campeonatos Nacionais Individuais de Natação 2014
Mexilhoeira , 7- - 8-6-2014

Prova 1
07-06-2014

Femin., 400m Livres

Absolutos
Resultados

Pontos: FINA 2013

Lugar					Ano					Tempo final	Pts
1.	Adriana Reis				95	FEIRA VIVA				7:58.68	118
	50m:	54.97	54.97	150m:		250m:		350m:			
	100m:	1:56.34	1:01.37	200m:	4:01.94	300m:		400m:	7:58.68		
2.	Diana Torres				99	LEIXOES SC/FMAM				8:14.28	107
	50m:	49.59	49.59	150m:		250m:		350m:			
	100m:	1:51.96	1:02.37	200m:	3:57.21	300m:		400m:	8:14.28		
3.	Catarina Rocha				90	C N MAIA				9:46.80	64
	50m:	1:00.37	1:00.37	150m:		250m:		350m:			
	100m:	2:12.46	1:12.09	200m:	4:43.44	300m:		400m:	9:46.80		
EXH	Ana Correira				98	LOULETANO DC				5:50.46	300
	50m:	38.84	38.84	150m:		250m:		350m:			
	100m:	1:22.07	43.23	200m:	2:51.78	300m:		400m:	5:50.46		