

Prova 15
26-10-2014 - 9:30

Femin., 400m Livres

Absolutos
Resultados

Pontos: FINA 2013

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Maria Crista Jesus	03	5:45.85	313
50m: 37.22 37.22	150m: 250m:	350m:	
100m: 1:18.12 40.90	200m: 2:48.97	400m: 5:45.85	
2. Marta Bandeira Carrilho	03	6:55.40	180
50m: 45.34 45.34	150m: 250m:	350m:	
100m: 1:37.68 52.34	200m: 3:25.18	400m: 6:55.40	

Infantis A

1. Elisa Sauval Gonalves	02	5:08.88	439
50m: 34.50 34.50	150m: 250m:	350m:	
100m: 1:13.12 38.62	200m: 2:31.96	400m: 5:08.88	
2. Catarina Vitorino Santos	02	5:25.54	375
50m: 35.22 35.22	150m: 250m:	350m:	
100m: 1:14.60 39.38	200m: 2:37.54	400m: 5:25.54	
3. Clara Carvalho Rodrigues	02	5:53.28	293
50m: 37.16 37.16	150m: 250m:	350m:	
100m: 1:18.82 41.66	200m: 2:49.73	400m: 5:53.28	
4. Sofia Cruz Mendes	02	6:01.21	274
50m: 35.49 35.49	150m: 250m:	350m:	
100m: 1:21.51 46.02	200m: 2:54.93	400m: 6:01.21	
5. Daniela Teixeira Santos	02	6:02.11	272
50m: 39.99 39.99	150m: 250m:	350m:	
100m: 1:24.14 44.15	200m: 2:56.78	400m: 6:02.11	
6. Rita Cardoso Gama	02	6:05.44	265
50m: 39.49 39.49	150m: 250m:	350m:	
100m: 1:23.61 44.12	200m: 2:56.65	400m: 6:05.44	
7. Masary Sousa Cecato	02	6:39.83	202
50m: 44.73 44.73	150m: 250m:	350m:	
100m: 1:34.79 50.06	200m: 3:16.76	400m: 6:39.83	

Juvenis B

1. Catarina Miguel Silva	01	5:02.68	467
50m: 34.17 34.17	150m: 250m:	350m:	
100m: 1:12.42 38.25	200m: 2:39.76	400m: 5:02.68	
2. Francisca Pugsley Ferreira	01	5:37.29	337
50m: 36.98 36.98	150m: 250m:	350m:	
100m: 1:19.29 42.31	200m: 2:44.07	400m: 5:37.29	
3. Beatriz Guerreiro Madeira	01	5:37.47	337
50m: 37.08 37.08	150m: 250m:	350m:	
100m: 1:18.88 41.80	200m: 2:44.34	400m: 5:37.47	
4. Catarina Silva Roque	01	6:37.52	206
50m: 42.54 42.54	150m: 250m:	350m:	
100m: 1:30.45 47.91	200m: 3:13.35	400m: 6:37.52	

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Juvenis A

1. Beatriz Mendes Viegas	00	Tavira Nata��o	4:46.76	549
50m: 32.30 32.30	150m:	250m:	350m:	
100m: 1:07.48 35.18	200m: 2:20.60	300m: 3:35.02	400m: 4:46.76	
2. Sara Kalinicova Guerreiro	00	FC Ferreiras	4:51.80	521
50m: 32.70 32.70	150m:	250m:	350m:	
100m: 1:08.77 36.07	200m: 2:23.20	300m: 3:37.14	400m: 4:51.80	
3. Carolina Maeiro Augusto	00	Nata��o de Olh�o	5:04.24	459
50m: 33.20 33.20	150m:	250m:	350m:	
100m: 1:10.41 37.21	200m: 2:28.15	300m: 3:46.72	400m: 5:04.24	
4. Rita Guedes Moreira	00	Louletano / Loule Concelho	5:10.21	433
50m: 36.64 36.64	150m:	250m:	350m:	
100m: 1:10.49 33.85	200m: 2:28.05	300m: 3:48.96	400m: 5:10.21	
5. Luisa Ribeiro Lino	00	Nata��o de Faro	5:10.32	433
50m: 35.26 35.26	150m:	250m:	350m:	
100m: 1:14.16 38.90	200m: 2:33.42	300m: 3:51.50	400m: 5:10.32	
6. Fabricia Santos Almeida	00	N�utico do Guadiana	5:37.83	335
50m: 35.15 35.15	150m:	250m:	350m:	
100m: 1:15.26 40.11	200m: 2:41.25	300m: 4:10.18	400m: 5:37.83	
7. Br�gida Raquel Fernandes	00	Tavira Nata��o	5:40.05	329
50m: 36.77 36.77	150m:	250m:	350m:	
100m: 1:17.73 40.96	200m: 2:45.20	300m: 4:15.46	400m: 5:40.05	

Juniores

1. Ana Filipa Val�rio Costa	98	Beja	4:48.91	537
50m: 32.54 32.54	150m:	250m:	350m:	
100m: 1:08.16 35.62	200m: 2:21.67	300m:	400m: 4:48.91	
2. Larissa Pommerening Dornelles	99	Nata��o de Faro	5:36.63	339
50m: 34.60 34.60	150m:	250m:	350m:	
100m: 1:14.44 39.84	200m: 2:41.04	300m: 4:09.85	400m: 5:36.63	

Seniores

1. Catia Raquel Martinheira	95	Louletano / Loule Concelho	4:41.71	579
50m: 31.72 31.72	150m:	250m:	350m:	
100m: 1:06.65 34.93	200m: 2:18.58	300m: 3:30.64	400m: 4:41.71	
2. Beatriz Sousa Grou	96	Tavira Nata��o	4:55.64	501
50m: 32.09 32.09	150m:	250m:	350m:	
100m: 1:08.34 36.25	200m: 2:23.24	300m: 3:39.46	400m: 4:55.64	
3. Sara Filipe Marcos	97	Nata��o de Olh�o	5:18.58	400
50m: 35.96 35.96	150m:	250m:	350m:	
100m: 1:15.39 39.43	200m: 2:39.89	300m: 3:57.96	400m: 5:18.58	