

Campeonatos Regionais Absolutos PC
Lagos, 29- - 30-11-2014

Prova 11
29-11-2014 - 15:30

Masc., 400m Livres

15 anos e mais velhos
Resultados

Pontos: FINA 2013

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. Miguel Duarte Pereira	00	Natacao de Olhao	4:23.50 522
50m: 29.80 29.80	150m:	250m:	350m:
100m: 1:01.90 32.10	200m: 2:09.03	300m:	400m: 4:23.50
2. Goncalo Duarte Santos	00	Natacao de Faro	4:29.10 490
50m: 30.36 30.36	150m:	250m:	350m:
100m: 1:04.52 34.16	200m: 2:13.03	300m:	400m: 4:29.10
3. Alexandre Teixeira Marcos	00	Louletano / Loule Concelho	4:37.01 449
50m: 30.96 30.96	150m:	250m:	350m:
100m: 1:05.12 34.16	200m: 2:15.49	300m:	400m: 4:37.01
Juvenis A			
1. Eduardo Cardoso Lopes	99	Louletano / Loule Concelho	4:19.33 548
50m: 28.75 28.75	150m:	250m:	350m:
100m: 1:00.79 32.04	200m: 2:06.32	300m:	400m: 4:19.33
2. Manuel Silva Godinho	99	Louletano / Loule Concelho	4:37.60 446
50m: 29.48 29.48	150m:	250m:	350m:
100m: 1:02.61 33.13	200m: 2:13.07	300m:	400m: 4:37.60
3. Diogo Bandeira Carrilho	99	Náutico do Guadiana	5:17.95 297
50m: 32.30 32.30	150m:	250m:	350m:
100m: 1:08.50 36.20	200m: 2:29.71	300m:	400m: 5:17.95
Absolutos			
1. Nathan Keith Theodoris	95	Louletano / Loule Concelho	4:10.05 611
50m: 28.47 28.47	150m:	250m:	350m:
100m: 59.01 30.54	200m: 2:01.83	300m:	400m: 4:10.05
2. Rodrigo Martins Gomes	98	FC Ferreiras	4:17.09 562
50m: 29.18 29.18	150m:	250m:	350m:
100m: 1:00.62 31.44	200m: 2:05.33	300m:	400m: 4:17.09
3. Bruno Filipe Neves	97	Louletano / Loule Concelho	4:20.79 539
50m: 29.20 29.20	150m:	250m:	350m:
100m: 1:00.65 31.45	200m: 2:06.53	300m:	400m: 4:20.79
4. Andre Sousa Goncalves	97	Natacao de Olhao	4:23.60 522
50m: 29.30 29.30	150m:	250m:	350m:
100m: 1:01.42 32.12	200m: 2:07.72	300m:	400m: 4:23.60
5. Joao Eduardo Ilha	98	Natacao de Olhao	4:28.71 492
50m: 30.65 30.65	150m:	250m:	350m:
100m: 1:04.65 34.00	200m: 2:13.13	300m:	400m: 4:28.71
6. Guilherme Borlido Farias	98	Natacao de Faro	4:31.68 476
50m: 29.72 29.72	150m:	250m:	350m:
100m: 1:02.74 33.02	200m: 2:11.68	300m:	400m: 4:31.68
7. Bernardo Gameiro Agapito	98	FC Ferreiras	4:32.93 470
50m: 30.25 30.25	150m:	250m:	350m:
100m: 1:04.06 33.81	200m: 2:13.25	300m:	400m: 4:32.93
8. Gonçalo Santos Ferramacho	98	Náutico do Guadiana	5:04.56 338
50m: 32.23 32.23	150m:	250m:	350m:
100m: 1:08.67 36.44	200m: 2:27.45	300m:	400m: 5:04.56