

Prova 17
08-03-2015 - 9:55

Femin., 400m Estilos

Absolutos
Resultados

Pontos: FINA 2013

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Beatriz Sousa, Valente	03	Nata�o de Olh�o	6:49.03 259
50m: 45.82 45.82	150m: 2:36.53 52.93	250m: 4:26.90 57.90	350m: 6:08.45 42.30
100m: 1:43.60 57.78	200m: 3:29.00 52.47	300m: 5:26.15 59.25	400m: 6:49.03 40.58
2. Ana Cabral, Silva	03	FC Ferreiras	7:17.10 212
50m: 50.44 50.44	150m: 2:48.79 56.80	250m: 4:41.74 57.25	350m: 6:31.78 51.33
100m: 1:51.99 1:01.55	200m: 3:44.49 55.70	300m: 5:40.45 58.71	400m: 7:17.10 45.32
3. Raquel Rosa, Lima	03	FC Ferreiras	8:06.11 154
50m: 56.24 56.24	150m: 3:04.69 1:02.35	250m: 5:12.41 1:08.25	350m: 7:15.43 52.82
100m: 2:02.34 1:06.10	200m: 4:04.16 59.47	300m: 6:22.61 1:10.20	400m: 8:06.11 50.68

Infantis A

1. Elisa Sauval, Gon�alves	02	Nata�o de Olh�o	5:45.93 429
50m: 38.38 38.38	150m: 2:07.53 42.85	250m: 3:39.98 50.51	350m: 5:08.29 37.72
100m: 1:24.68 46.30	200m: 2:49.47 41.94	300m: 4:30.57 50.59	400m: 5:45.93 37.64
2. Joana Gualberto, Barbara	02	Portinado	5:54.87 398
50m: 35.50 35.50	150m: 2:07.22 45.73	250m: 3:41.85 50.36	350m: 5:14.03 41.97
100m: 1:21.49 45.99	200m: 2:51.49 44.27	300m: 4:32.06 50.21	400m: 5:54.87 40.84
EXH Carolina Maeiro, Augusto	00	Nata�o de Olh�o	5:43.49 438
50m: 36.68 36.68	150m: 2:05.89 45.82	250m: 3:38.80 47.27	350m: 5:05.56 39.36
100m: 1:20.07 43.39	200m: 2:51.53 45.64	300m: 4:26.20 47.40	400m: 5:43.49 37.93
EXH Mariana Manhita, Correia	98	Tavira Nata�o	5:43.15 440
50m: 34.78 34.78	150m: 2:48.64	250m: 4:19.31	350m: 5:43.15
100m: 1:18.78 44.00	200m: 2:48.64	300m: 4:19.31	400m: 5:43.15
EXH Beatriz Mendes, Viegas	00	Tavira Nata�o	5:34.42 475
50m: 33.52 33.52	150m: 2:40.12	250m: 4:19.77	350m: 5:34.42
100m: 1:14.13 40.61	200m: 2:40.12	300m: 4:19.77	400m: 5:34.42