

Prova 7
07-03-2015 - 15:30

Masc., 400m Livres

Absolutos
Resultados

Pontos: FINA 2013

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Tomas Galvao, Lourenço	02	Natação de Olhão	5:01.34 349
50m: 33.28 33.28	150m: 1:49.63 38.56	250m: 3:06.36 38.80	350m: 4:23.89 38.62
100m: 1:11.07 37.79	200m: 2:27.56 37.93	300m: 3:45.27 38.91	400m: 5:01.34 37.45
2. Ricardo Ponte, José	02	Colegio Bernardette Romeira	5:26.12 275
50m: 37.47 37.47	150m: 2:00.50 40.89	250m: 3:24.04 42.28	350m: 4:47.63 41.80
100m: 1:19.61 42.14	200m: 2:41.76 41.26	300m: 4:05.83 41.79	400m: 5:26.12 38.49
3. Filipe Cavaco, Guerreiro	02	Louletano / Loule Concelho	5:36.35 251
50m: 36.02 36.02	150m: 1:59.10 42.82	250m: 3:25.04 43.28	350m: 4:53.07 43.80
100m: 1:16.28 40.26	200m: 2:41.76 42.66	300m: 4:09.27 44.23	400m: 5:36.35 43.28
4. Guilherme Jesus, Vicente	02	Nautico do Guadiana	5:37.83 247
50m: 36.98 36.98	150m: 2:02.69 43.50	250m: 3:29.75 43.54	350m: 4:58.40 44.02
100m: 1:19.19 42.21	200m: 2:46.21 43.52	300m: 4:14.38 44.63	400m: 5:37.83 39.43
5. Alexandre Joao, Jurca	02	Tavira Nataçao	5:40.04 243
50m: 36.64 36.64	150m: 2:01.45 43.27	250m: 3:26.70 42.40	350m: 4:54.83 45.98
100m: 1:18.18 41.54	200m: 2:44.30 42.85	300m: 4:08.85 42.15	400m: 5:40.04 45.21
6. Joao Fernandes, Farinha	02	Lagoa AC	5:40.53 242
50m: 36.64 36.64	150m: 1:59.98 42.14	250m: 3:27.58 43.74	350m: 4:57.40 45.44
100m: 1:17.84 41.54	200m: 2:43.84 43.86	300m: 4:11.96 44.38	400m: 5:40.53 43.13
7. João Pereira, Hermínio	02	Colegio Bernardette Romeira	6:44.56 144
50m: 42.88 42.88	150m: 2:27.87 53.58	250m: 4:14.50 53.62	350m: 6:00.68 51.79
100m: 1:34.29 51.41	200m: 3:20.88 53.01	300m: 5:08.89 54.39	400m: 6:44.56 43.88

Infantis A

1. Tiago Miguel, Vilhena	01	Natação de Faro	4:22.59 528
50m: 29.45 29.45	150m: 1:34.78 33.08	250m: 2:41.55 33.52	350m: 3:49.19 33.67
100m: 1:01.70 32.25	200m: 2:08.03 33.25	300m: 3:15.52 33.97	400m: 4:22.59 33.40
2. Ricardo Cristovao, Martins	01	Tavira Nataçao	4:43.55 419
50m: 31.07 31.07	150m: 1:41.93 36.07	250m: 2:54.87 36.55	350m: 4:08.01 36.62
100m: 1:05.86 34.79	200m: 2:18.32 36.39	300m: 3:31.39 36.52	400m: 4:43.55 35.54
3. Alexandre Pires, Spagnol	01	Louletano / Loule Concelho	4:45.18 412
50m: 32.24 32.24	150m: 1:44.58 36.93	250m: 2:57.14 35.87	350m: 4:09.96 36.65
100m: 1:07.65 35.41	200m: 2:21.27 36.69	300m: 3:33.31 36.17	400m: 4:45.18 35.22
4. Tomas Miguel, Valente	01	Natação de Olhão	4:47.90 400
50m: 31.30 31.30	150m: 1:42.72 36.29	250m: 2:56.66 37.39	350m: 4:11.72 37.50
100m: 1:06.43 35.13	200m: 2:19.27 36.55	300m: 3:34.22 37.56	400m: 4:47.90 36.18
5. David Soares, Pires	01	Louletano / Loule Concelho	5:01.56 348
50m: 31.92 31.92	150m: 1:48.13 38.85	250m: 3:06.41 39.17	350m: 4:29.06 41.91
100m: 1:09.28 37.36	200m: 2:26.82 38.69	300m: 3:45.74 40.74	400m: 5:01.56 37.23
6. Diogo Osorio, Bonanca	01	Natação de Faro	5:07.79 327
50m: 32.44 32.44	150m: 1:48.00 37.91	250m: 3:06.41 39.17	350m: 4:29.06 41.91
100m: 1:10.09 37.65	200m: 2:27.24 39.24	300m: 3:47.15 40.74	400m: 5:07.79 38.73
7. Francisco Antonio, Alves	01	Louletano / Loule Concelho	5:14.19 308
50m: 34.22 34.22	150m: 1:51.18 39.27	250m: 3:10.96 40.26	350m: 4:33.66 42.03
100m: 1:11.91 37.69	200m: 2:30.70 39.52	300m: 3:51.63 40.67	400m: 5:14.19 40.53

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EXH	Ricardo Basilio, Marreiros			97	Individual Algarve					4:32.61	471	
	50m:	29.96	29.96	150m:	1:38.04	34.59	250m:	2:47.21	34.54	350m:	3:57.20	35.06
	100m:	1:03.45	33.49	200m:	2:12.67	34.63	300m:	3:22.14	34.93	400m:	4:32.61	35.41
EXH	Rodrigo Martins, Gomes			98	FC Ferreiras					4:12.92	591	
	50m:	28.23	28.23	150m:	1:30.25	31.74	250m:	2:34.93	32.37	350m:	3:40.66	32.81
	100m:	58.51	30.28	200m:	2:02.56	32.31	300m:	3:07.85	32.92	400m:	4:12.92	32.26
EXH	Joao Eduardo, Ilha			98	Natação de Olhão					4:34.69	461	
	50m:	30.48	30.48	150m:	1:39.58	34.77	250m:	2:48.69	34.76	350m:	3:54.41	31.89
	100m:	1:04.81	34.33	200m:	2:13.93	34.35	300m:	3:22.52	33.83	400m:	4:34.69	40.28
EXH	Miguel Duarte, Pereira			00	Natação de Olhão					4:24.64	515	
	50m:	30.64	30.64	150m:	1:36.98	33.51	250m:	2:44.91	33.87	350m:	3:52.60	33.55
	100m:	1:03.47	32.83	200m:	2:11.04	34.06	300m:	3:19.05	34.14	400m:	4:24.64	32.04
EXH	Ricardo Perpetua, Martins			00	Tavira Natação					4:53.54	378	
	50m:	31.85	31.85	150m:	1:45.67	38.22	250m:	3:01.87	38.12	350m:	4:16.64	37.57
	100m:	1:07.45	35.60	200m:	2:23.75	38.08	300m:	3:39.07	37.20	400m:	4:53.54	36.90