

Prova 1
11-04-2015 - 15:00

Femin., 400m Livres

Cadetes B

Resultados

Pontos: FINA 2013

Lugar	Ano				Tempo final				Pts
1.	Laura Fabiana, ESTEVENS	05	Louletano / Loule Concelho					6:17.11	241
	50m: 40.67 40.67 150m:		250m:				350m:		
	100m: 1:26.97 46.30 200m:	3:05.54	300m: 4:43.17				400m:	6:17.11	
2.	Beatriz Alexandra, MACHADO	05	Beja					7:05.84	167
	50m: 43.95 43.95 150m:		250m:				350m:	6:12.34	55.00
	100m: 1:37.70 53.75 200m:	3:27.45	300m: 5:17.34				400m:	7:05.84	53.50
3.	Erica Guerreiro, SALVADOR	05	Naval de Faro					7:08.66	164
	50m: 45.93 45.93 150m:	2:33.76	53.78 250m: 4:23.52	54.93			350m:	6:14.64	55.41
	100m: 1:39.98 54.05 200m:	3:28.59	54.83 300m: 5:19.23	55.71			400m:	7:08.66	54.02
4.	Daniela Donas, FERREIRA	05	Colegio Bernardette Romeira					7:08.96	164
	50m: 43.51 43.51 150m:	2:36.04	59.60 250m: 4:26.90	55.78			350m:	6:17.33	52.93
	100m: 1:36.44 52.93 200m:	3:31.12	55.08 300m: 5:24.40	57.50			400m:	7:08.96	51.63
5.	Carolina Mestre, MESQUITA	06	Nautico do Guadiana					7:17.20	154
	50m: 49.26 49.26 150m:	2:41.83	57.10 250m: 4:33.97	56.95			350m:	6:26.58	55.06
	100m: 1:44.73 55.47 200m:	3:37.02	55.19 300m: 5:31.52	57.55			400m:	7:17.20	50.62
6.	Joana Santos, PARRA	06	Natação de Olhão					7:22.60	149
	50m: 47.92 47.92 150m:		250m:				350m:		
	100m: 1:44.48 56.56 200m:	3:40.58	300m: 5:35.82				400m:	7:22.60	
7.	Marta Braz, NEVES	06	Nautico do Guadiana					7:36.17	136
	50m: 50.78 50.78 150m:		250m:				350m:		
	100m: 1:46.55 55.77 200m:	3:40.11	300m: 5:37.90				400m:	7:36.17	
8.	Mariana Furtado, SANTOS	05	Portinado					7:39.67	133
	50m: 47.38 47.38 150m:		250m:				350m:		
	100m: 1:43.39 56.01 200m:	3:38.99	300m: 5:35.34				400m:	7:39.67	
9.	Adriana Martins, VALENTIM	05	Nautico do Guadiana					7:43.93	129
	50m: 50.12 50.12 150m:		250m:				350m:		
	100m: 1:46.34 56.22 200m:	3:45.54	300m: 5:48.49				400m:	7:43.93	
10.	Sofia Segura, CONCEIÇÃO	05	Nautico do Guadiana					7:48.23	126
	50m: 49.30 49.30 150m:		250m:				350m:		
	100m: 1:49.91 1:00.61 200m:	3:52.49	300m:				400m:	7:48.23	
11.	Susana Costa, AGUSTO	06	Nautico do Guadiana					7:48.41	126
	50m: 49.82 49.82 150m:		250m:				350m:		
	100m: 1:49.19 59.37 200m:	3:54.04	300m: 5:53.13				400m:	7:48.41	
12.	Laura Lourenço, ESTRELA	06	FC Ferreiras					8:05.99	112
	50m: 52.47 52.47 150m:	2:57.24	1:03.27 250m: 5:04.64	1:04.18			350m:	7:06.81	1:03.53
	100m: 1:53.97 1:01.50 200m:	4:00.46	1:03.22 300m: 6:03.28	58.64			400m:	8:05.99	59.18
13.	Samar Bouazib, GUEDES	05	FC Ferreiras					8:21.30	102
	50m: 53.58 53.58 150m:	3:04.45	1:06.66 250m:				350m:		
	100m: 1:57.79 1:04.21 200m:	4:10.09	1:05.64 300m:				400m:	8:21.30	
14.	Carlota Batista, BARROSO	05	Nautico do Guadiana					8:38.29	93
	50m:	150m:	250m: 6:27.33				350m:		
	100m: 2:12.15	200m:	300m: 7:35.40	1:08.07			400m:	8:38.29	
EXH	Irene Sanchez, FERNANDEZ	06	Natacion Huelva					6:11.62	252
	50m: 38.58 38.58 150m:	2:12.47	48.09 250m: 3:49.17	49.18			350m:	5:26.04	47.89
	100m: 1:24.38 45.80 200m:	2:59.99	47.52 300m: 4:38.15	48.98			400m:	6:11.62	45.58
EXH	Paula Camacho, PINTO	06	Natacion Huelva					6:51.41	186
	50m: 42.58 42.58 150m:	2:27.38	53.18 250m: 4:14.74	54.18			350m:	6:01.62	53.21
	100m: 1:34.20 51.62 200m:	3:20.56	53.18 300m: 5:08.41	53.67			400m:	6:51.41	49.79

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Lugar				Ano				Tempo final				Pts		
EXH	Noa Garcia, VILLEGAS				06				Natacion Huelva				7:06.31	167
	50m:	46.53	46.53	150m:	2:35.86	55.10	250m:	4:25.99	55.70	350m:	6:14.73	53.55		
	100m:	1:40.76	54.23	200m:	3:30.29	54.43	300m:	5:21.18	55.19	400m:	7:06.31	51.58		
EXH	Mar Borrego , EUGENIO				06				Natacion Huelva				7:28.55	143
	50m:	48.63	48.63	150m:	2:44.41	59.57	250m:			350m:	6:36.56	57.23		
	100m:	1:44.84	56.21	200m:	3:43.26	58.85	300m:	5:39.33		400m:	7:28.55	51.99		