

Campeonato Regional de Verão - Absolutos
Faro, 4- - 5-7-2015

Prova 11
04-07-2015 - 15:30

Masc., 400m Livres

Absolutos
Resultados

Pontos: FINA 2014

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m	
Juvenis B									
1.	Miguel Duarte, PEREIRA	00	Natação de Olhão	4:28.42	551	1:03.75	1:09.13	1:09.31	1:06.23
	50m:		150m:	250m:		350m:			
	100m:	1:03.75	200m:	300m:	3:22.19	400m:	4:28.42		
2.	Diogo Andre, RIBEIRO	00	Tavira Natação	4:34.14	517	1:04.07	1:09.41	1:10.22	1:10.44
	50m:		150m:	250m:		350m:			
	100m:	1:04.07	200m:	300m:	3:23.70	400m:	4:34.14		
3.	Alexandre Teixeira, MARC	00	Louletano / Loule Concelho	4:34.57	514	1:03.91	1:09.91	1:11.43	1:09.32
	50m:		150m:	250m:		350m:			
	100m:	1:03.91	200m:	300m:	3:25.25	400m:	4:34.57		
4.	Goncalo Duarte, SANTOS	00	Natação de Faro	4:44.98	460	1:04.68	1:13.16	1:13.34	1:13.80
	50m:		150m:	250m:		350m:			
	100m:	1:04.68	200m:	300m:	3:31.18	400m:	4:44.98		
5.	Ricardo Jorge, CARMO	00	Natação de Faro	4:56.78	407	1:08.27	1:16.17	1:17.56	1:14.78
	50m:		150m:	250m:		350m:			
	100m:	1:08.27	200m:	300m:	3:42.00	400m:	4:56.78		

Juvenis A

1.	Gabriel Cruz, TOCHA	99	Natação de Faro	4:44.09	464	1:05.81	1:12.51	1:14.12	1:11.65
	50m:		150m:	250m:		350m:			
	100m:	1:05.81	200m:	300m:	3:32.44	400m:	4:44.09		
2.	Diogo Bandeira, CARRILH	99	Nautico do Guadiana	5:17.32	333	1:11.05	1:21.54	1:25.15	1:19.58
	50m:		150m:	250m:		350m:			
	100m:	1:11.05	200m:	300m:	3:57.74	400m:	5:17.32		

Absoluto

1.	Joao Eduardo, ILHA	98	Natação de Olhão	4:31.59	532	1:04.17	1:09.94	1:09.80	1:07.68
	50m:		150m:	250m:		350m:			
	100m:	1:04.17	200m:	300m:	3:23.91	400m:	4:31.59		
2.	Bernardo Gameiro, AGAP	98	FC Ferreiras	4:36.89	502	1:04.76	1:11.14	1:10.77	1:10.22
	50m:		150m:	250m:		350m:			
	100m:	1:04.76	200m:	300m:	3:26.67	400m:	4:36.89		
EXH	N., QUINTANILHA	87	Colégio Vasco da Gama	4:14.91	643	59.86	1:04.04	1:04.44	1:06.57
	50m:		150m:	250m:		350m:			
	100m:	59.86	200m:	300m:	3:08.34	400m:	4:14.91		
EXH	Duarte Nunes, SEQUEIRA	02	Natacao de Lagos	4:58.44	400	1:09.99	1:16.06	1:18.73	1:13.66
	50m:		150m:	250m:		350m:			
	100m:	1:09.99	200m:	300m:	3:44.78	400m:	4:58.44		
EXH	Hugo Miguel, VIEGAS	02	Natação de Olhão	5:03.00	383	1:11.42	1:17.25	1:18.05	1:16.28
	50m:		150m:	250m:		350m:			
	100m:	1:11.42	200m:	300m:	3:46.72	400m:	5:03.00		
EXH	Filipe Cavaco, GUERREIRO	02	Louletano / Loule Concelho	5:14.54	342	1:13.10	1:20.80	1:21.50	1:19.14
	50m:		150m:	250m:		350m:			
	100m:	1:13.10	200m:	300m:	3:55.40	400m:	5:14.54		
EXH	Ricardo Ponte, JOSÉ	02	Colegio Bernardette Romei	5:14.84	341	1:15.93	1:21.14	1:20.79	1:16.98
	50m:		150m:	250m:		350m:			
	100m:	1:15.93	200m:	300m:	3:57.86	400m:	5:14.84		