

Prova 18 Masc., 400m Livres Absoluto
09-11-2014 - 16:30 Resultados Final

Rec Nacionais - 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec Nacionais - 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santar�m	04-04-2003
Rec Nacionais - 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29-03-2014
Rec Nacionais - 25m Juv B	4:03.22	Joao Pedro Gil	ANAM	Alg�s	08-07-2012
Rec Nacionais - 25m Juv A	3:59.31	Joao Carlos Santos	ANAM	Alg�s	08-07-2012
Rec Nacionais - 25m Jun17	3:56.54	Rui Filipe Costa	VSC	Feigueiras	24-11-2007
Rec Nacionais - 25m Jun18	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec Nacionais - 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

TAC Absoluto: 4:30.00

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	PPts
Final A								
1.	Pedro Miguel Pinotes	89	26732	Sporting	3:57.70	+0,70	711	20
	50m: 27.81 27.81			150m: 1:28.82 30.33	250m: 2:29.80 30.42	350m: 3:30.15 29.90		
	100m: 58.49 30.68			200m: 1:59.38 30.56	300m: 3:00.25 30.45	400m: 3:57.70 27.55		
2.	Joao Alexandre Vital	98	110165	Colegio Monte Maior	3:59.24	+0,66	698	16
	50m: 28.04 28.04			150m: 1:28.81 30.56	250m: 2:29.83 30.43	350m: 3:30.44 30.08		
	100m: 58.25 30.21			200m: 1:59.40 30.59	300m: 3:00.36 30.53	400m: 3:59.24 28.80		
3.	Mario Andre Bonanca	90	12773	Sporting	4:00.63	+0,77	686	15
	50m: 27.69 27.69			150m: 1:28.56 30.55	250m: 2:29.99 30.53	350m: 3:30.93 30.48		
	100m: 58.01 30.32			200m: 1:59.46 30.90	300m: 3:00.45 30.46	400m: 4:00.63 29.70		
4.	Nathan Keith Theodoris	95	26389	Louletano / Loule Concelho	4:01.04	+0,70	682	14
	50m: 27.99 27.99			150m: 1:28.55 30.50	250m: 2:30.68 31.03	350m: 3:31.51 30.11		
	100m: 58.05 30.06			200m: 1:59.65 31.10	300m: 3:01.40 30.72	400m: 4:01.04 29.53		
5.	Guilherme Filipe Pina	98	107450	Benedita	4:03.66	+0,73	660	13
	50m: 28.24 28.24			150m: 1:29.14 30.55	250m: 2:31.40 31.06	350m: 3:33.57 31.09		
	100m: 58.59 30.35			200m: 2:00.34 31.20	300m: 3:02.48 31.08	400m: 4:03.66 30.09		
6.	Joao Duarte Santos	95	26430	Benfica	4:04.78	+0,74	651	12
	50m: 28.25 28.25			150m: 1:29.93 30.96	250m: 2:32.66 31.13	350m: 3:35.05 30.93		
	100m: 58.97 30.72			200m: 2:01.53 31.60	300m: 3:04.12 31.46	400m: 4:04.78 29.73		
7.	Miguel Bautista Borr�s	94		C.N.Mairena Aljarafe	4:08.73	+0,77	621	11
	50m: 27.35 27.35			150m: 1:28.82 31.13	250m: 2:32.45 31.93	350m: 3:37.20 32.44		
	100m: 57.69 30.34			200m: 2:00.52 31.70	300m: 3:04.76 32.31	400m: 4:08.73 31.53		
8.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	4:14.03	+0,66	583	10
	50m: 27.76 27.76			150m: 1:28.26 30.63	250m: 2:31.50 32.00	350m: 3:40.03 34.56		
	100m: 57.63 29.87			200m: 1:59.50 31.24	300m: 3:05.47 33.97	400m: 4:14.03 34.00		
Final B								
9.	Jose Paula Carvalho	98	111450	Uniao Piedense	4:04.79	+0,79	651	9
	50m: 28.27 28.27			150m: 1:30.02 31.05	250m: 2:31.71 30.70	350m: 3:34.03 30.80		
	100m: 58.97 30.70			200m: 2:01.01 30.99	300m: 3:03.23 31.52	400m: 4:04.79 30.76		
10.	Joao Pedro Belo	97	110444	Sporting	4:06.46	+0,69	638	8
	50m: 28.99 28.99			150m: 1:31.80 31.48	250m: 2:35.22 31.64	350m: 3:37.38 30.48		
	100m: 1:00.32 31.33			200m: 2:03.58 31.78	300m: 3:06.90 31.68	400m: 4:06.46 29.08		
11.	Adrian Castellanos Molina	94		C.N.Mairena Aljarafe	4:06.91	+0,85	635	7
	50m: 28.90 28.90			150m: 1:30.92 30.99	250m: 2:33.70 31.24	350m: 3:37.25 31.66		
	100m: 59.93 31.03			200m: 2:02.46 31.54	300m: 3:05.59 31.89	400m: 4:06.91 29.66		
12.	Bruno Miguel Ramos	97	109110	Belenenses	4:08.27	+0,68	624	6
	50m: 28.55 28.55			150m: 1:31.58 31.62	250m: 2:34.68 31.30	350m: 3:38.05 31.29		
	100m: 59.96 31.41			200m: 2:03.38 31.80	300m: 3:06.76 32.08	400m: 4:08.27 30.22		
13.	Leonardo Peralta Reis	96	25450	Benedita	4:08.80	+0,76	620	5
	50m: 28.57 28.57			150m: 1:30.89 31.52	250m: 2:34.14 31.66	350m: 3:37.73 31.65		
	100m: 59.37 30.80			200m: 2:02.48 31.59	300m: 3:06.08 31.94	400m: 4:08.80 31.07		

Prova 18, Masc., 400m Livres, Final, Absoluto

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	PPTs
14.	Afonso Calais Queiroga	98	112311	Uniao Piedense	4:11.38	+0,66	601	4
	50m: 29.01 29.01	150m: 1:32.28	31.66	250m: 2:35.94	31.84	350m: 3:40.01	31.98	
	100m: 1:00.62 31.61	200m: 2:04.10	31.82	300m: 3:08.03	32.09	400m: 4:11.38	31.37	
15.	Jose Garcia Diaz Francisco	95		C.N.Mairena Aljarafe	4:12.10	+0,74	596	3
	50m: 28.34 28.34	150m: 1:30.65	31.46	250m: 2:34.56	31.74	350m: 3:39.70	32.77	
	100m: 59.19 30.85	200m: 2:02.82	32.17	300m: 3:06.93	32.37	400m: 4:12.10	32.40	
16.	Isidro Carrara Bittini	97	127257	Alges	4:12.31	+0,75	595	2
	50m: 29.16 29.16	150m: 1:32.84	31.70	250m: 2:36.80	31.97	350m: 3:41.00	32.13	
	100m: 1:01.14 31.98	200m: 2:04.83	31.99	300m: 3:08.87	32.07	400m: 4:12.31	31.31	