

Prova 4

21-11-2015 - 9:50

Masc., 400m Estilos

15 anos e mais velhos
Resultados

Pontos: FINA 2015

Lugar	Ano	Tempo final	Pts
Juvenis A			
1. Andre Serro, JOAQUIM	00	Portinado	5:11.07 433
50m: 30.42 30.42 150m: 250m:		350m:	
100m: 200m: 2:26.00 300m:		400m: 5:11.07	
2. Goncalo Gualberto, BARBARA	00	Portinado	5:26.60 374
50m: 33.06 33.06 150m: 250m:		350m:	
100m: 1:13.18 40.12 200m: 300m:		400m: 5:26.60	
Absolutos			
1. Ricardo Basilio, MARREIROS	97	Individual ANALG	4:57.80 494
50m: 29.97 29.97 150m: 250m:		350m:	
100m: 1:05.50 35.53 200m: 2:21.40 300m:		400m: 4:57.80	
2. Hugo Alexandre, AMARAL	87	Portinado	4:59.66 485
50m: 29.68 29.68 150m: 250m:		350m:	
100m: 1:05.36 35.68 200m: 2:28.13 300m:		400m: 4:59.66	
3. Renato Filipe Abreu, NASCIMENTO	94	Beja	5:17.92 406
50m: 32.07 32.07 150m: 250m:		350m:	
100m: 1:10.92 38.85 200m: 2:32.60 300m:		400m: 5:17.92	