

Prova 11  
27-02-2016 - 15:30

Masc., 400m Livres

Absolutos  
Resultados

Pontos:

Lugar	Ano	Tempo final	Pts
<b>Juvenis B</b>			
1. Joao Pedro, CHAGAS	01	<b>4:29.73</b>	
50m: 30.25 30.25 150m: 250m: 350m:		300m: 400m:	
100m: 1:04.21 33.96 200m: 2:13.28		4:29.73	
2. Tomas Miguel, VALENTE	01	<b>4:29.89</b>	
50m: 30.42 30.42 150m: 250m: 350m:		300m: 400m:	
100m: 1:04.22 33.80 200m: 2:12.99		4:29.89	
3. Alexandre Pires, SPAGNOL	01	<b>4:36.50</b>	
50m: 30.84 30.84 150m: 250m: 350m:		300m: 400m:	
100m: 1:05.25 34.41 200m: 2:15.62		4:36.50	
4. Ricardo Cristovao, MARTINS	01	<b>4:36.88</b>	
50m: 30.82 30.82 150m: 250m: 350m:		300m: 400m:	
100m: 1:05.44 34.62 200m: 2:16.11		4:36.88	
5. Diogo Osorio, BONANCA	01	<b>4:50.74</b>	
50m: 33.57 33.57 150m: 250m: 350m:		300m: 400m:	
100m: 1:10.02 36.45 200m: 3:36.35		4:50.74	
6. Filipe Pires, SOARES	01	<b>5:18.94</b>	
50m: 35.03 35.03 150m: 250m: 350m:		300m: 400m:	
100m: 1:14.53 39.50 200m: 2:35.42		5:18.94	
7. Rafael Silva, CONDE	01	<b>5:26.37</b>	
50m: 35.11 35.11 150m: 250m: 350m:		300m: 400m:	
100m: 1:15.01 39.90 200m: 2:37.71		5:26.37	
<b>Juvenis A</b>			
1. Miguel Duarte, PEREIRA	00	<b>4:18.78</b>	
50m: 30.64 30.64 150m: 250m: 350m:		300m: 400m:	
100m: 1:03.47 32.83 200m: 2:09.16		4:18.78	
2. Goncalo Duarte, SANTOS	00	<b>4:24.54</b>	
50m: 30.01 30.01 150m: 250m: 350m:		300m: 400m:	
100m: 1:03.00 32.99 200m: 2:10.12		4:24.54	
3. Tomas Alves, COSTA	00	<b>4:27.86</b>	
50m: 30.78 30.78 150m: 250m: 350m:		300m: 400m:	
100m: 1:03.67 32.89 200m: 2:10.89		4:27.86	
4. Alexandre Teixeira, MARCOS	00	<b>4:45.71</b>	
50m: 31.24 31.24 150m: 250m: 350m:		300m: 400m:	
100m: 1:05.87 34.63 200m: 2:17.62		4:45.71	
5. Tiago Lucas, GONCALVES	00	<b>4:49.99</b>	
50m: 32.14 32.14 150m: 250m: 350m:		300m: 400m:	
100m: 1:07.66 35.52 200m: 2:21.14		4:49.99	
<b>Juniores</b>			
1. Rodrigo Martins, GOMES	98	<b>4:20.69</b>	
50m: 29.98 29.98 150m: 250m: 350m:		300m: 400m:	
100m: 1:02.89 32.91 200m: 2:09.99		4:20.69	
2. Bernardo Gameiro, AGAPITO	98	<b>4:28.81</b>	
50m: 30.95 30.95 150m: 250m: 350m:		300m: 400m:	
100m: 1:04.22 33.27 200m: 2:12.65		4:28.81	
3. Gonçalo Santos, FERRAMACHO	98	<b>4:46.76</b>	
50m: 31.58 31.58 150m: 250m: 350m:		300m: 400m:	
100m: 1:06.37 34.79 200m: 2:20.18		4:46.76	

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Lugar	Ano	Tempo final	Pts
4. Hugo Filipe, GORDINHO	98 Natacao de Faro	<b>4:54.11</b>	
50m: 31.66 31.66	150m: 250m:	350m:	
100m: 1:07.10 35.44	200m: 2:20.95 300m:	400m: 4:54.11	

Absoluto

1. Ricardo Basilio, MARREIROS	97 Individual do Algarve	<b>4:20.38</b>	
50m: 29.91 29.91	150m: 250m:	350m:	
100m: 1:03.14 33.23	200m: 2:10.47 300m:	400m: 4:20.38	
2. Paulo Alexandre, SOUSA	72 FC Ferreiras	<b>5:22.44</b>	
50m: 35.71 35.71	150m: 250m:	350m:	
100m: 1:14.28 38.57	200m: 2:34.08 300m:	400m: 5:22.44	
EXH Duarte Nunes, SEQUEIRA	02 Natacao de Lagos	<b>4:48.12</b>	
50m: 31.25 31.25	150m: 250m:	350m:	
100m: 1:06.25 35.00	200m: 2:19.42 300m:	400m: 4:48.12	