

Prova 33
03-07-2016 - 15:30

Femin., 400m Livres

12 anos e mais velhos
Resultados

Pontos: FINA 2016

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Infantis B

DSQ Matilde Fialho, CONCEICA04 Louletano / Loule Concelho
G1 - Efectuou falsa partida (SW 4.4)

Juvenis B

1. Elisa Sauval, GONCALVES02	Natacao de Olhão	5:05.71	474	1:11.87	1:18.03	1:19.75	1:16.06
50m:	150m:	250m:		350m:			
100m: 1:11.87	200m: 2:29.90	300m: 3:49.65		400m: 5:05.71			

Juvenis A

1. Catarina Miguel, SILVA 01	Natação de Faro	5:01.17	495	1:11.73	1:15.07	1:17.80	1:16.57
50m:	150m:	250m:		350m:			
100m: 1:11.73	200m: 2:26.80	300m: 3:44.60		400m: 5:01.17			

Juniores

1. Carolina Costa, FERNANDES99S	Colegio Bernardette Romei	5:05.38	475	1:13.25	1:19.30	1:17.39	1:15.44
50m:	150m:	250m:		350m:			
100m: 1:13.25	200m: 2:32.55	300m: 3:49.94		400m: 5:05.38			

Absolutos

1. Catarina Miguel, SILVA 01	Natação de Faro	5:01.17	495	1:11.73	1:15.07	1:17.80	1:16.57
50m:	150m:	250m:		350m:			
100m: 1:11.73	200m: 2:26.80	300m: 3:44.60		400m: 5:01.17			
2. Carolina Costa, FERNANDES99S	Colegio Bernardette Romei	5:05.38	475	1:13.25	1:19.30	1:17.39	1:15.44
50m:	150m:	250m:		350m:			
100m: 1:13.25	200m: 2:32.55	300m: 3:49.94		400m: 5:05.38			
3. Elisa Sauval, GONCALVES02	Natacao de Olhão	5:05.71	474	1:11.87	1:18.03	1:19.75	1:16.06
50m:	150m:	250m:		350m:			
100m: 1:11.87	200m: 2:29.90	300m: 3:49.65		400m: 5:05.71			
4. Ines Filipa, DUARTE 98	Lagoa AC	5:40.91	341	1:18.09	2:26.53	28.76	1:27.53
50m:	150m:	250m:		350m:			
100m: 1:18.09	200m: 3:44.62	300m: 4:13.38		400m: 5:40.91			

EXH Filipa Paulino, SOUSA 03	Natação de Faro	5:37.12	353	1:18.58	1:26.34	1:27.20	1:25.00
50m:	150m:	250m:		350m:			
100m: 1:18.58	200m: 2:44.92	300m: 4:12.12		400m: 5:37.12			

EXH Leonor Santos, JESUS 04	Natacao de Olhão	5:30.03	376	1:17.68	1:26.41	1:24.39	1:21.55
50m:	150m:	250m:		350m:			
100m: 1:17.68	200m: 2:44.09	300m: 4:08.48		400m: 5:30.03			

EXH Ines Sofia, ALVES 04	Portinado	5:23.91	398	1:17.84	1:22.28	1:22.75	1:21.04
50m:	150m:	250m:		350m:			
100m: 1:17.84	200m: 2:40.12	300m: 4:02.87		400m: 5:23.91			

EXH Ines Santos, COSTA 03	Portinado	5:09.46	457	1:12.72	1:19.21	1:19.72	1:17.81
50m:	150m:	250m:		350m:			
100m: 1:12.72	200m: 2:31.93	300m: 3:51.65		400m: 5:09.46			

EXH Joana Lopes, SALGUEIRO04	Naval de Faro	5:57.81	295	1:19.16	1:31.59	1:34.31	1:32.75
50m:	150m:	250m:		350m:			
100m: 1:19.16	200m: 2:50.75	300m: 4:25.06		400m: 5:57.81			

EXH Patricia Abreu, SEONG 03	FC Ferreiras	5:23.47	400	1:16.48	1:21.21	1:22.73	1:23.05
50m:	150m:	250m:		350m:			
100m: 1:16.48	200m: 2:37.69	300m: 4:00.42		400m: 5:23.47			

EXH C., MACHADO 03	Beja	5:30.91	373	1:17.80	1:26.46	1:25.17	1:21.48
50m:	150m:	250m:		350m:			
100m: 1:17.80	200m: 2:44.26	300m: 4:09.43		400m: 5:30.91			