

Event 17
07-11-2015

Men, 400m Medley

Open
Results

Rec Nacionais - 25m Open	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Inf B	4:49.65	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	15-03-2013
Rec Nacionais - 25m Inf A	4:40.32	Tomas Miguel Freitas	CDN	Funchal	09-07-2004
Rec Nacionais - 25m Juv B	4:35.02	Diogo Filipe Carvalho	CGA	Braga	21-03-2003
Rec Nacionais - 25m Juv A	4:25.04	Joao Alexandre Vital	ADRCIMM	Tomar	13-12-2013
Rec Nacionais - 25m Jun17	4:21.93	Joao Alexandre Vital	ADRCIMM	Porto	19-12-2014
Rec Nacionais - 25m Jun18	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003
Rec Nacionais - 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009

TAC : 4:38.00

Points: FINA 2015

Rank	YB								Time	FINA Pts		Pts
1.	Pedro Miguel Pinotes				89	Sporting			4:27.08	685		20,00
	50m:	27.96	27.96	150m:	1:34.72	34.62	250m:	2:45.13	36.80	350m:	3:56.66	34.02
	100m:	1:00.10	32.14	200m:	2:08.33	33.61	300m:	3:22.64	37.51	400m:	4:27.08	30.42
2.	Bruno Miguel Ramos				97	Belenenses			4:27.71	680		16,00
	50m:	28.38	28.38	150m:	1:35.71	34.69	250m:	2:49.11	39.19	350m:	3:58.65	31.27
	100m:	1:01.02	32.64	200m:	2:09.92	34.21	300m:	3:27.38	38.27	400m:	4:27.71	29.06
3.	Hugo Pon				98	Alges			4:32.54	645		15,00
	50m:	28.61	28.61	150m:	1:38.22	36.72	250m:	2:51.80	37.95	350m:	4:02.44	31.92
	100m:	1:01.50	32.89	200m:	2:13.85	35.63	300m:	3:30.52	38.72	400m:	4:32.54	30.10
4.	Miguel Monteiro Cruchinho				97	Sporting			4:45.85	559		14,00
	FTL											
	50m:	29.25	29.25	150m:	1:41.19	38.19	250m:	2:58.26	39.34	350m:	4:12.29	34.34
	100m:	1:03.00	33.75	200m:	2:18.92	37.73	300m:	3:37.95	39.69	400m:	4:45.85	33.56