

Prova 20

08-11-2015 - 16:05

Masc., 400m Livres

Absoluto

Resultados Final

Rec Nacionais - 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec Nacionais - 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Rec Nacionais - 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29-03-2014
Rec Nacionais - 25m Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	08-07-2012
Rec Nacionais - 25m Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	08-07-2012
Rec Nacionais - 25m Jun17	3:56.54	Rui Filipe Costa	VSC	Feigueiras	24-11-2007
Rec Nacionais - 25m Jun18	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec Nacionais - 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

TAC : 4:30.00

Pontos: FINA 2015

Lugar	Ano	Tempo final	FINA Pts	Pts
Final A				
1. Joao Alexandre Vital	98 Sporting	3:54.25	743	20,00
50m: 27.23 27.23	150m: 1:26.56 29.87	250m: 2:26.31 29.93	350m: 3:25.04 28.95	
100m: 56.69 29.46	200m: 1:56.38 29.82	300m: 2:56.09 29.78	400m: 3:54.25 29.21	
2. Guilherme Filipe Pina	98 Benedita	3:55.48	732	16,00
50m: 27.47 27.47	150m: 1:26.96 29.83	250m: 2:26.73 29.75	350m: 3:26.44 29.90	
100m: 57.13 29.66	200m: 1:56.98 30.02	300m: 2:56.54 29.81	400m: 3:55.48 29.04	
3. Guilherme Pereira Dias	97 Sporting	3:57.24	716	15,00
50m: 27.69 27.69	150m: 1:27.13 29.66	250m: 2:27.40 30.11	350m: 3:27.61 29.94	
100m: 57.47 29.78	200m: 1:57.29 30.16	300m: 2:57.67 30.27	400m: 3:57.24 29.63	
4. Joao Pedro Gil	97 Alges	3:57.95	709	14,00
50m: 27.42 27.42	150m: 1:27.52 30.17	250m: 2:28.68 29.98	350m: 3:28.85 30.04	
100m: 57.35 29.93	200m: 1:58.70 31.18	300m: 2:58.81 30.13	400m: 3:57.95 29.10	
5. Igor Araujo Mogne	96 Sporting	3:58.38	705	13,00
50m: 27.76 27.76	150m: 1:27.68 30.17	250m: 2:27.69 29.85	350m: 3:28.30 29.83	
100m: 57.51 29.75	200m: 1:57.84 30.16	300m: 2:58.47 30.78	400m: 3:58.38 30.08	
6. Nathan Keith Theodoris	95 Louletano / Loule Concelho	4:00.57	686	12,00
50m: 27.43 27.43	150m: 1:26.55 29.77	250m: 2:27.26 30.45	350m: 3:29.72 31.30	
100m: 56.78 29.35	200m: 1:56.81 30.26	300m: 2:58.42 31.16	400m: 4:00.57 30.85	
7. Daniel Esmeralda Rivas	94 C.N.Mairena Aljarafe	4:03.56	661	11,00
50m: 27.83 27.83	150m: 1:28.30 30.27	250m: 2:29.95 30.85	350m: 3:33.07 31.73	
100m: 58.03 30.20	200m: 1:59.10 30.80	300m: 3:01.34 31.39	400m: 4:03.56 30.49	
8. Miguel Bautista Borrás	94 C.N.Mairena Aljarafe	4:07.32	632	10,00
50m: 27.44 27.44	150m: 1:28.53 30.81	250m: 2:31.33 31.51	350m: 3:36.01 32.45	
100m: 57.72 30.28	200m: 1:59.82 31.29	300m: 3:03.56 32.23	400m: 4:07.32 31.31	
Final B				
9. Bruno Miguel Ramos	97 Belenenses	4:04.94	650	9,00
50m: 27.79 27.79	150m: 1:29.61 31.13	250m: 2:32.86 31.32	350m: 3:35.43 31.16	
100m: 58.48 30.69	200m: 2:01.54 31.93	300m: 3:04.27 31.41	400m: 4:04.94 29.51	
10. Diogo Leal Dantas	00 Sporting	4:05.62	645	8,00
50m: 28.24 28.24	150m: 1:29.78 31.15	250m: 2:32.63 31.42	350m: 3:35.55 31.56	
100m: 58.63 30.39	200m: 2:01.21 31.43	300m: 3:03.99 31.36	400m: 4:05.62 30.07	
11. Andre Vilas Ruivo	00 Ba/Bomcar	4:06.99	634	7,00
50m: 27.95 27.95	150m: 1:29.87 31.24	250m: 2:33.44 31.74	350m: 3:36.29 31.39	
100m: 58.63 30.68	200m: 2:01.70 31.83	300m: 3:04.90 31.46	400m: 4:06.99 30.70	
12. Goncalo Cardoso Carmo	96 Alges	4:07.11	633	6,00
50m: 27.99 27.99	150m: 1:29.80 31.22	250m: 2:33.53 31.92	350m: 3:37.01 31.55	
100m: 58.58 30.59	200m: 2:01.61 31.81	300m: 3:05.46 31.93	400m: 4:07.11 30.10	

Prova 20, Masc., 400m Livres, Final, Absoluto

Lugar	Ano	Tempo final	FINA Pts	Pts
13. Miguel Ribeiro Bate	99 Alges	4:09.23	617	5,00
50m: 28.83 28.83	150m: 1:31.11 31.20	250m: 2:34.26 31.62	350m: 3:38.41 32.25	
100m: 59.91 31.08	200m: 2:02.64 31.53	300m: 3:06.16 31.90	400m: 4:09.23 30.82	
14. Antonio Manuel Mendes	99 Sporting	4:14.08	582	4,00
50m: 29.86 29.86	150m: 1:33.24 31.87	250m: 2:37.20 32.10	350m: 3:42.24 32.58	
100m: 1:01.37 31.51	200m: 2:05.10 31.86	300m: 3:09.66 32.46	400m: 4:14.08 31.84	
15. Tiago Miguel Vilhena	01 Natacao de Faro	4:15.28	574	3,00
50m: 30.30 30.30	150m: 1:35.41 32.56	250m: 2:39.59 31.96	350m: 34:32.89 31:21.26	
100m: 1:02.85 32.55	200m: 2:07.63 32.22	300m: 3:11.63 32.04	400m: 4:15.28	
16. Jose Henriques Luz	99 Nucleo Sportinguista Golega	4:16.51	566	2,00
50m: 29.20 29.20	150m: 1:32.64 31.96	250m: 2:37.27 32.43	350m: 3:43.78 33.61	
100m: 1:00.68 31.48	200m: 2:04.84 32.20	300m: 3:10.17 32.90	400m: 4:16.51 32.73	