

Prova 36

Femin., 400m Estilos

Absoluto

08-11-2015 - 16:00

Resultados

Rec Nacionais - 25m Absoluto	4:39.03	Victoria Kaminskaya	PIMP	Porto	19-12-2014
Rec Nacionais - 25m Inf B	5:15.68	Susana Patricia Miguel	SFUAP	Rio Maior	06-07-2002
Rec Nacionais - 25m Inf A	5:05.68	Filiipa Vilas Ruivo	DNMG	Leiria	12-06-2010
Rec Nacionais - 25m Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	19-03-2004
Rec Nacionais - 25m Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	21-11-2004
Rec Nacionais - 25m Jun16	4:50.85	Diana Margarida Duraes	FOCA	Silves	02-12-2011
Rec Nacionais - 25m Jun17	4:48.80	Victoria Kaminskaya	PIMP	Silves	02-12-2011
Rec Nacionais - 25m Sen	4:39.03	Victoria Kaminskaya	PIMP	Porto	19-12-2014

TAC : 5:22.00

Pontos: FINA 2015

Lugar	Ano	Tempo final	FINA Pts	Pts
1. Madalena Gomes Azevedo	99 Alges	4:55.97	676	20,00
50m: 33.01 33.01	150m: 1:46.21 37.97	250m: 3:06.44 43.07	350m: 4:23.39 33.34	
100m: 1:08.24 35.23	200m: 2:23.37 37.16	300m: 3:50.05 43.61	400m: 4:55.97 32.58	
2. Rute Margarida Marques	94 Amadora	5:16.90	551	16,00
50m: 33.94 33.94	150m: 1:53.92 40.85	250m: 3:18.20 44.53	350m: 4:40.81 37.49	
100m: 1:13.07 39.13	200m: 2:33.67 39.75	300m: 4:03.32 45.12	400m: 5:16.90 36.09	
3. Tatiana Alexandre Cardoso	01 Amadora	5:28.24	496	15,00
<i>FTL</i>				
50m: 34.86 34.86	150m: 1:57.99 43.08	250m: 3:25.88 46.73	350m: 4:51.23 38.41	
100m: 1:14.91 40.05	200m: 2:39.15 41.16	300m: 4:12.82 46.94	400m: 5:28.24 37.01	
DNS Carolina Mantua Guedes	98 Sporting			-