

Prova 34  
20-11-2016 - 15:55

Femin., 400m Livres

14 anos e mais velhos  
Resultados

Pontos: FINA 2016

Lugar	Ano	Tempo final	Pts
<b>Juvenis B</b>			
1. Beatriz Sousa, VALENTE	03 Natacao de Olhao	<b>5:09.82</b>	433
50m: 35.54 35.54	150m: 250m:	350m:	
100m: 1:13.94 38.40	200m: 2:32.36	400m: 5:09.82	
2. Ines Santos, COSTA	03 Portinado	<b>5:18.20</b>	400
50m: 35.15 35.15	150m: 250m:	350m:	
100m: 1:14.54 39.39	200m: 2:35.31	400m: 5:18.20	
3. Elisa Rose, KERMORVANT	03 Lagoa AC	<b>5:25.51</b>	373
50m: 36.15 36.15	150m: 250m:	350m:	
100m: 1:15.73 39.58	200m: 2:37.69	400m: 5:25.51	
4. Beatriz Bastos, PINTO	03 Nataçao de Faro	<b>5:35.41</b>	341
50m: 38.82 38.82	150m: 250m:	350m:	
100m: 1:21.38 42.56	200m: 2:46.81	400m: 5:35.41	
5. Carolina Alexandra, MACHADO	03 Beja	<b>5:38.52</b>	332
50m: 37.62 37.62	150m: 250m:	350m:	
100m: 1:20.17 42.55	200m: 2:48.74	400m: 5:38.52	
6. Maria Catarina, TAVARES	03 Nataçao de Faro	<b>5:44.52</b>	315
50m: 38.18 38.18	150m: 250m:	350m:	
100m: 1:21.23 43.05	200m: 2:49.78	400m: 5:44.52	
7. Filipa Paulino, SOUSA	03 Nataçao de Faro	<b>5:44.92</b>	314
50m: 37.20 37.20	150m: 250m:	350m:	
100m: 1:20.20 43.00	200m: 2:49.02	400m: 5:44.92	
8. Catarina Silva, PINHEIRO	03 Nataçao de Faro	<b>5:48.54</b>	304
50m: 40.22 40.22	150m: 250m:	350m:	
100m: 1:24.45 44.23	200m: 2:53.46	400m: 5:48.54	

**Juvenis A**

1. Ana Leonor, DIAS	02 Colegio Bernardette Romeira	<b>4:56.92</b>	492
50m: 33.55 33.55	150m: 250m:	350m:	
100m: 1:10.10 36.55	200m: 2:25.61	400m: 4:56.92	

**Absolutos**

1. Beatriz Mendes, VIEGAS	00 Tavira Natacao	<b>4:38.71</b>	595
50m: 31.46 31.46	150m: 250m:	350m:	
100m: 1:06.12 34.66	200m: 2:16.59	400m: 4:38.71	
2. Rita Guedes, MOREIRA	00 Louletano / Loule Concelho	<b>4:54.14</b>	506
50m: 34.05 34.05	150m: 250m:	350m:	
100m: 1:11.41 37.36	200m: 2:24.85	400m: 4:54.14	
3. Joana Viegas, BENTO	99 Nataçao de Faro	<b>5:05.21</b>	453
50m: 34.62 34.62	150m: 250m:	350m:	
100m: 1:12.40 37.78	200m: 2:29.66	400m: 5:05.21	
4. Sara Cardoso, GAMA	01 Tavira Natacao	<b>5:13.61</b>	418
50m: 34.77 34.77	150m: 250m:	350m:	
100m: 1:13.33 38.56	200m: 2:32.99	400m: 5:13.61	