



Campeonato Regional de Inverno
Quarteira, 11- - 12-3-2017

Prova 4
11-03-2017 - 10:05

Masc., 400m Estilos

13 anos e mais velhos
Resultados

Pontos:

Lugar	Ano	Tempo final	Pts
Infantis B			
DSQ Jose Figueira, RODEIA	04 Nata�o de Faro		
<i>B31 - Tocou com uma s� m�o na parede na viragem aos (SW 7.6), 25m</i>			
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
Juvenis B			
1. Tomas Galvao, LOURENCO	02 Natacao de Olhao	5:00.42	
50m: 30.80 30.80	150m:	250m:	350m:
100m: 1:06.94 36.14	200m: 2:23.66	300m:	400m: 5:00.42
2. Duarte Nunes, SEQUEIRA	02 Natacao de Lagos	5:07.81	
50m: 30.17 30.17	150m:	250m:	350m:
100m: 1:06.21 36.04	200m: 2:25.17	300m:	400m: 5:07.81
3. Leandro Dinis, FONSECA	02 Portinado	5:48.41	
50m: 33.18 33.18	150m:	250m:	350m:
100m: 1:20.06 46.88	200m: 2:05.72	300m:	400m: 5:48.41
DSQ Alexandre Joao, JURCA	02 Tavira Natacao		
<i>C32 - N�o fez movimento cont�nuo na viragem aos, 75m</i>			
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:
Juvenis A			
1. Jaime Aguas, RAIMUNDO	01 Portinado	5:12.06	
50m: 33.11 33.11	150m:	250m:	350m:
100m: 1:12.70 39.59	200m: 2:34.19	300m:	400m: 5:12.06
Juniiores			
1. Goncalo Gualberto, BARBARA	00 Portinado	4:52.25	
50m: 30.91 30.91	150m:	250m:	350m:
100m: 1:07.06 36.15	200m: 2:25.06	300m:	400m: 4:52.25
2. Rodrigo Jose, GUERREIRO	99 Louletano / Loule Concelho	4:57.88	
50m: 30.55 30.55	150m:	250m:	350m:
100m: 1:05.70 35.15	200m: 3:19.23	300m:	400m: 4:57.88
3. Tiago Alexandre, BRANCO	00 Louletano / Loule Concelho	5:23.12	
50m: 33.58 33.58	150m:	250m:	350m:
100m: 1:15.25 41.67	200m: 1:59.41	300m:	400m: 5:23.12
EXH Afonso Gomes, MESTRE	03 Tavira Natacao	5:30.80	
50m: 32.92 32.92	150m:	250m:	350m:
100m: 1:12.61 39.69	200m: 2:39.80	300m:	400m: 5:30.80
EXH Filipe Bjorcke, SANTOS	88 FC Ferreira	7:07.22	
50m: 38.19 38.19	150m:	250m:	350m:
100m: 1:27.19 49.00	200m: 3:20.57	300m:	400m: 7:07.22