

Prova 7
18-03-2017 - 15:30

Masc., 400m Livres

Absolute Resultados

REC. REG. Absolutos	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22-11-2002
REC. REG. Inf. B	4:31.01	Joao Duarte, SANTOS	CNOL	Tavira	22-11-2008
REC. REG. Inf. A	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05-12-2015
REC. REG. Juv. B	4:12.46	Joao Duarte, SANTOS	SANALG	Abrantes	10-04-2010
REC. REG. Juv. A	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03-12-2011
REC. REG. Jun. 1	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21-12-2012
REC. REG. Jun. 2	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22-11-2002
REC. REG. Sen	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12-12-2015

Pontos:

Lugar	Ano								Tempo final		Pts	
Infantis B												
1.	Angelo Miranda, NASCIMENTO				04	Natacao de Olhao				4:52.16		
	50m:	32.80	32.80	150m:	1:46.43	37.04	250m:	2:59.98	36.67	350m:	4:16.19	38.52
	100m:	1:09.39	36.59	200m:	2:23.31	36.88	300m:	3:37.67	37.69	400m:	4:52.16	35.97
2.	Alexandre Moreira, FARIAS				04	Louletano / Loule Concelho				5:00.14		
	50m:	33.46	33.46	150m:	1:49.26	38.28	250m:	3:08.45	39.64	350m:	4:25.89	38.37
	100m:	1:10.98	37.52	200m:	2:28.81	39.55	300m:	3:47.52	39.07	400m:	5:00.14	34.25
3.	Vladislav, GROSHEV				04	FC Ferreiras				5:44.66		
	50m:	37.72	37.72	150m:	2:07.02	45.20	250m:	3:37.99	45.83	350m:	5:06.14	43.48
	100m:	1:21.82	44.10	200m:	2:52.16	45.14	300m:	4:22.66	44.67	400m:	5:44.66	38.52
4.	Afonso Miguel, SILVA				04	Natação de Faro				5:50.51		
	50m:	38.65	38.65	150m:	2:07.96	45.02	250m:	3:37.99	44.23	350m:	5:08.15	45.43
	100m:	1:22.94	44.29	200m:	2:53.76	45.80	300m:	4:22.72	44.73	400m:	5:50.51	42.36
5.	Goncalo Schneider, DIOGO				04	Natação de Faro				6:04.44		
	50m:	38.75	38.75	150m:	2:09.01	45.60	250m:	3:42.27	46.69	350m:	5:18.75	48.24
	100m:	1:23.41	44.66	200m:	2:55.58	46.57	300m:	4:30.51	48.24	400m:	6:04.44	45.69
6.	Pedro Matias, FERNANDES				04	Beja				6:16.74		
	50m:	42.88	42.88	150m:	2:19.73	48.61	250m:	3:55.74	47.74	350m:	5:31.23	47.36
	100m:	1:31.12	48.24	200m:	3:08.00	48.27	300m:	4:43.87	48.13	400m:	6:16.74	45.51

Infantis A

1.	Pedro Miguel, BOAVIDA	03	Natacao de Olhao							4:41.80
	50m: 31.56 31.56	150m: 1:43.43	36.22	250m: 2:55.53	36.32	350m: 4:08.02	36.36			
	100m: 1:07.21 35.65	200m: 2:19.21	35.78	300m: 3:31.66	36.13	400m: 4:41.80	33.78			
2.	Pedro Pereira, CRUZ	03	Natacao de Olhao							4:41.81
	50m: 32.48 32.48	150m: 1:43.51	35.90	250m: 2:55.29	35.99	350m: 4:07.90	36.40			
	100m: 1:07.61 35.13	200m: 2:19.30	35.79	300m: 3:31.50	36.21	400m: 4:41.81	33.91			
3.	Joao Martins, CRISTINA	03	Louletano / Loule Concelho							4:46.21
	50m: 31.76 31.76	150m: 1:44.07	36.88	250m: 2:58.02	36.91	350m: 4:11.87	36.72			
	100m: 1:07.19 35.43	200m: 2:21.11	37.04	300m: 3:35.15	37.13	400m: 4:46.21	34.34			
4.	Joao Pedro, CARRASCO	03	Portinado							4:53.03
	50m: 31.95 31.95	150m: 1:46.10	37.89	250m: 3:02.82	38.32	350m: 4:19.00	38.01			
	100m: 1:08.21 36.26	200m: 2:24.50	38.40	300m: 3:40.99	38.17	400m: 4:53.03	34.03			
5.	Dario, ENGELEN	03	Louletano / Loule Concelho							4:54.07
	50m: 32.24 32.24	150m: 1:46.28	37.97	250m: 3:02.55	38.36	350m: 4:18.52	38.12			
	100m: 1:08.31 36.07	200m: 2:24.19	37.91	300m: 3:40.40	37.85	400m: 4:54.07	35.55			
6.	Rafael Bravo, FRANCISCO	03	Portinado							5:03.98
	50m: 32.78 32.78	150m: 1:48.70	38.81	250m: 3:06.62	38.29	350m: 4:26.14	39.41			
	100m: 1:09.89 37.11	200m: 2:28.33	39.63	300m: 3:46.73	40.11	400m: 5:03.98	37.84			
7.	Henrique Saraiva, PEREIRA	03	Portinado							5:32.30
	50m: 35.58 35.58	150m: 2:00.66	43.28	250m: 3:27.95	43.96	350m: 4:53.74	41.51			
	100m: 1:17.38 41.80	200m: 2:43.99	43.33	300m: 4:12.23	44.28	400m: 5:32.30	38.56			

Prova 7, Masc., 400m Livres, Infantis A

Lugar			Ano					Tempo final	Pts
8.	Gustavo Calapez, GANH�O		03	Portinado				5:39.52	
	50m:	34.42	34.42	150m:	1:56.22	41.90	250m:	3:22.51	43.76
	100m:	1:14.32	39.90	200m:	2:38.75	42.53	300m:	4:05.47	42.96
							350m:	4:46.35	40.88
							400m:	5:39.52	53.17
9.	Volodymyr, LAPSHYN		03	Nautico do Guadiana				5:47.77	
	50m:	36.29	36.29	150m:	2:02.56	44.48	250m:	3:34.48	45.03
	100m:	1:18.08	41.79	200m:	2:49.45	46.89	300m:	4:20.56	46.08
							350m:	5:05.56	45.00
							400m:	5:47.77	42.21
EXH	Joao Eduardo, ILHA		98	Natacao de Olhao				4:25.35	
	50m:	28.59	28.59	150m:	1:34.93	33.80	250m:	2:43.31	34.33
	100m:	1:01.13	32.54	200m:	2:08.98	34.05	300m:	3:17.55	34.24
							350m:	3:52.02	34.47
							400m:	4:25.35	33.33
EXH	Ricardo Ponte, JOS�		02	Colegio Bernardette Romeira				4:43.03	
	50m:	31.92	31.92	150m:	1:44.29	36.65	250m:	2:56.76	36.07
	100m:	1:07.64	35.72	200m:	2:20.69	36.40	300m:	3:33.06	36.30
							350m:	4:09.00	35.94
							400m:	4:43.03	34.03
EXH	Miguel Pessanha, ROSA		02	Nautico do Guadiana				5:22.91	
	50m:	34.80	34.80	150m:	1:55.62	41.57	250m:	3:19.39	42.10
	100m:	1:14.05	39.25	200m:	2:37.29	41.67	300m:		
							350m:	4:42.62	
							400m:	5:22.91	40.29