

Prova 46
23-04-2017 - 11:30

Femin., 400m Livres

Absolutos
Resultados

Pontos: FINA 2016

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Beatriz Mendes, VIEGAS	00			Tavira Natacao	4:30.09	654
	50m: 31.30 31.30	150m: 1:39.74	34.28	250m: 2:48.90	34.65	350m: 3:57.84	34.22
	100m: 1:05.46 34.16	200m: 2:14.25	34.51	300m: 3:23.62	34.72	400m: 4:30.09	32.25
2.	Ana Filipa, COSTA	98			Beja	4:44.96	557
	50m: 32.82 32.82	150m: 1:43.91	35.40	250m: 2:56.26	36.00	350m: 4:08.97	36.50
	100m: 1:08.51 35.69	200m: 2:20.26	36.35	300m: 3:32.47	36.21	400m: 4:44.96	35.99
3.	Rita Guedes, MOREIRA	00			Louletano / Loule Concelho	4:52.14	517
	50m: 33.32 33.32	150m: 1:45.17	36.37	250m: 2:59.82	37.53	350m: 4:14.56	37.31
	100m: 1:08.80 35.48	200m: 2:22.29	37.12	300m: 3:37.25	37.43	400m: 4:52.14	37.58
4.	Ana Leonor, DIAS	02			Colegio Bernardette Romeira	4:52.25	516
	50m: 33.43 33.43	150m: 1:46.13	36.66	250m: 3:00.78	37.46	350m: 4:15.73	37.49
	100m: 1:09.47 36.04	200m: 2:23.32	37.19	300m: 3:38.24	37.46	400m: 4:52.25	36.52
5.	Matilde Aguas, MARQUES	00			Portinado	4:53.91	508
	50m: 30.98 30.98	150m: 1:41.79	36.56	250m: 2:58.49	38.85	350m: 4:16.92	39.74
	100m: 1:05.23 34.25	200m: 2:19.64	37.85	300m: 3:37.18	38.69	400m: 4:53.91	36.99
6.	Joana Viegas, BENTO	99			Natação de Faro	4:54.90	502
	50m: 32.90 32.90	150m: 1:45.93	36.85	250m: 3:01.36	37.71	350m: 4:17.84	38.78
	100m: 1:09.08 36.18	200m: 2:23.65	37.72	300m: 3:39.06	37.70	400m: 4:54.90	37.06
7.	Francisca Pugsley, FERREIF01				FC Ferreiras	5:17.00	404
	50m: 33.85 33.85	150m: 1:52.30	39.71	250m: 3:13.96	40.98	350m: 4:37.57	42.39
	100m: 1:12.59 38.74	200m: 2:32.98	40.68	300m: 3:55.18	41.22	400m: 5:17.00	39.43
8.	Catarina Neves, COLAÇO	05			Naval de Faro	6:00.83	274
	50m: 37.11 37.11	150m: 2:06.95	47.16	250m: 3:41.87	47.49	350m: 5:16.45	47.64
	100m: 1:19.79 42.68	200m: 2:54.38	47.43	300m: 4:28.81	46.94	400m: 6:00.83	44.38
EXH	Rita Sofia, MARTINS	03			Armacenenses	5:29.14	361 EXH
	50m: 35.27 35.27	150m: 1:56.94	41.68	250m: 3:22.36	42.58	350m: 4:47.95	43.06
	100m: 1:15.26 39.99	200m: 2:39.78	42.84	300m: 4:04.89	42.53	400m: 5:29.14	41.19