

Prova 1  
10-06-2017 - 16:00

Femin., 400m Livres

Recordes Regionais - ANALGARVE Abso4:29.83	Miriam Filipe, MARCOS	POR	Coimbra	01-04-2017
Recordes Regionais - ANALGARVE Inf. B4:58.44	Carolina Maeiro, AUGUSTO	POR	Loule	07-07-2012
Recordes Regionais - ANALGARVE Inf. A4:44.97	Miriam Filipe, MARCOS	POR	Loule	15-06-2014
Recordes Regionais - ANALGARVE Juv E4:38.01	Catia Raquel, MARTINHEIRA	POR	Loule	04-07-2009
Recordes Regionais - ANALGARVE Juv A4:35.72	Catia Raquel, MARTINHEIRA	POR	Coimbra	10-04-2010
Recordes Regionais - ANALGARVE Jun. 4:29.83	Miriam Filipe, MARCOS	POR	Coimbra	01-04-2017
Recordes Regionais - ANALGARVE JUn. 4:32.76	Catia Raquel, MARTINHEIRA	POR	Coimbra	06-04-2012
Recordes Regionais - ANALGARVE Sen 4:42.54	Paula Cristina, MELO	POR	Faro	09-07-2011

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
<b>Infantis B</b>							
1. Fabiana Cruz, GOMES	05	Louletano / Loule Concelhc	<b>5:08.53</b> 450	1:11.41	2:29.70	3:47.65	5:08.53
50m:		150m:	250m:	350m:			
100m:	1:11.41	200m:	300m:	400m:	5:08.53		
2. Laura Fabiana, ESTEVEN	05	Natacao de Olhao	<b>5:25.26</b> 384	1:14.24	2:36.34	4:01.43	5:25.26
50m:		150m:	250m:	350m:			
100m:	1:14.24	200m:	300m:	400m:	5:25.26		
3. Ana Sofia, FILIPE	05	Portinado	<b>5:49.13</b> 310	1:17.68	2:49.59	4:21.52	5:49.13
50m:		150m:	250m:	350m:			
100m:	1:17.68	200m:	300m:	400m:	5:49.13		
4. S., CONCEIÇÃO	05	Nautico do Guadiana	<b>6:05.11</b> 271	1:23.20	2:59.35	4:36.80	6:05.11
50m:		150m:	250m:	350m:			
100m:	1:23.20	200m:	300m:	400m:	6:05.11		
5. Sofia Filipe, MARTINS O	05	Nautico do Guadiana	<b>6:24.07</b> 233	1:26.41	3:03.89	4:44.44	6:24.07
50m:		150m:	250m:	350m:			
100m:	1:26.41	200m:	300m:	400m:	6:24.07		
6. Margarida Jesus, PASSO	05	Portinado	<b>6:26.59</b> 228	1:29.32	3:10.18	4:50.81	6:26.59
50m:		150m:	250m:	350m:			
100m:	1:29.32	200m:	300m:	400m:	6:26.59		
7. Carmen Helena, CALVINH	05	Nautico do Guadiana	<b>6:34.92</b> 214	1:27.35	3:08.09	4:51.35	6:34.92
50m:		150m:	250m:	350m:			
100m:	1:27.35	200m:	300m:	400m:	6:34.92		
8. Marta Teixeira, RODRIGUI	05	Portinado	<b>6:38.36</b> 209	1:30.27	3:11.52	4:56.34	6:38.36
50m:		150m:	250m:	350m:			
100m:	1:30.27	200m:	300m:	400m:	6:38.36		
9. Adriana Martins, VALENTIN	05	Nautico do Guadiana	<b>6:47.73</b> 195	1:33.25	3:16.80	5:03.56	6:47.73
50m:		150m:	250m:	350m:			
100m:	1:33.25	200m:	300m:	400m:	6:47.73		
10. I., PONCEANO	05	Portinado	<b>7:09.88</b> 166	1:35.96	3:26.80	5:19.46	7:09.88
50m:		150m:	250m:	350m:			
100m:	1:35.96	200m:	300m:	400m:	7:09.88		
11. Beatriz Vale, LOURENCO	05	Portinado	<b>7:12.13</b> 163	1:38.27	3:29.76	5:23.25	7:12.13
50m:		150m:	250m:	350m:			
100m:	1:38.27	200m:	300m:	400m:	7:12.13		

Infantis A

1. Ines Sofia, ALVES	04	Portinado	<b>5:09.92</b> 444	1:11.17	2:30.30	3:51.18	5:09.92
50m:		150m:	250m:	350m:			
100m:	1:11.17	200m:	300m:	400m:	5:09.92		
2. Matilde Fialho, CONCEIC	04	Louletano / Loule Concelhc	<b>5:15.62</b> 420	1:12.98	2:33.11	3:55.40	5:15.62
50m:		150m:	250m:	350m:			
100m:	1:12.98	200m:	300m:	400m:	5:15.62		
3. Ana Sebastiao, MENDES	04	Portinado	<b>5:25.13</b> 384	1:13.51	2:37.25	4:02.49	5:25.13
50m:		150m:	250m:	350m:			
100m:	1:13.51	200m:	300m:	400m:	5:25.13		
4. Mariana Ponte, MARTINS	04	Louletano / Loule Concelhc	<b>5:38.91</b> 339	1:20.22	2:48.02	4:16.12	5:38.91
50m:		150m:	250m:	350m:			
100m:	1:20.22	200m:	300m:	400m:	5:38.91		

Prova 1, Femin., 400m Livres, Infantis A

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
5. Catarina Rufino, MADEIRA04	Colegio Bernardette Romei	<b>5:40.21</b>	335	1:20.65	2:47.39	4:13.90	5:40.21
50m:	150m:	250m:			350m:		
100m: 1:20.65	200m: 2:47.39	300m: 4:13.90			400m: 5:40.21		
6. Angelina Bermejo, JONES04	Portinado	<b>5:43.06</b>	327	1:19.07	2:47.31	4:17.16	5:43.06
50m:	150m:	250m:			350m:		
100m: 1:19.07	200m: 2:47.31	300m: 4:17.16			400m: 5:43.06		
7. Joana Lopes, SALGUEIRO04	Naval de Faro	<b>6:03.24</b>	275	1:15.33	2:47.80	4:25.65	6:03.24
50m:	150m:	250m:			350m:		
100m: 1:15.33	200m: 2:47.80	300m: 4:25.65			400m: 6:03.24		
8. Beatriz, COJOCARU 04	Portinado	<b>7:33.83</b>	141	1:40.91	3:37.61	5:38.51	7:33.83
50m:	150m:	250m:			350m:		
100m: 1:40.91	200m: 3:37.61	300m: 5:38.51			400m: 7:33.83		

Juvenis B

1. Maria Crista, JESUS 03	Louletano / Loule Concelho	<b>5:07.25</b>	455	1:08.51	2:26.70	3:46.88	5:07.25
50m:	150m:	250m:			350m:		
100m: 1:08.51	200m: 2:26.70	300m: 3:46.88			400m: 5:07.25		
2. Beatriz Sousa, VALENTE 03	Natacao de Olhao	<b>5:07.38</b>	455	1:14.12	2:32.32	3:49.87	5:07.38
50m:	150m:	250m:			350m:		
100m: 1:14.12	200m: 2:32.32	300m: 3:49.87			400m: 5:07.38		
3. Matilde Vieira, PEREIRA 03	Lagoa AC	<b>5:29.40</b>	369	1:15.00	2:38.47	4:04.11	5:29.40
50m:	150m:	250m:			350m:		
100m: 1:15.00	200m: 2:38.47	300m: 4:04.11			400m: 5:29.40		
4. Sara Sousa, CANDEIAS 03	Louletano / Loule Concelho	<b>6:10.14</b>	260	1:28.44	3:02.35	4:37.29	6:10.14
50m:	150m:	250m:			350m:		
100m: 1:28.44	200m: 3:02.35	300m: 4:37.29			400m: 6:10.14		

Juvenis A

1. Isis Sousa, SEVERINO 02	Louletano / Loule Concelho	<b>4:54.99</b>	515	1:09.13	2:23.93	3:39.39	4:54.99
50m:	150m:	250m:			350m:		
100m: 1:09.13	200m: 2:23.93	300m: 3:39.39			400m: 4:54.99		
2. Catarina Vitorino, SANTOS02	Louletano / Loule Concelho	<b>5:00.01</b>	489	1:08.69	2:23.90	3:42.07	5:00.01
50m:	150m:	250m:			350m:		
100m: 1:08.69	200m: 2:23.90	300m: 3:42.07			400m: 5:00.01		
3. Ana Leonor, DIAS 02	Colegio Bernardette Romei	<b>5:01.06</b>	484	1:12.36	2:29.91	3:46.18	5:01.06
50m:	150m:	250m:			350m:		
100m: 1:12.36	200m: 2:29.91	300m: 3:46.18			400m: 5:01.06		
4. Raquel Ferreira, AFONSO02	Individual do Algarve	<b>5:52.19</b>	302	1:21.03	2:51.41	4:22.54	5:52.19
50m:	150m:	250m:			350m:		
100m: 1:21.03	200m: 2:51.41	300m: 4:22.54			400m: 5:52.19		

Juniores

1. Rita Guedes, MOREIRA 00	Louletano / Loule Concelho	<b>5:08.46</b>	450	1:10.90	2:28.63	3:47.80	5:08.46
50m:	150m:	250m:			350m:		
100m: 1:10.90	200m: 2:28.63	300m: 3:47.80			400m: 5:08.46		
2. Sara Cardoso, GAMA 01	Tavira Natacao	<b>5:31.92</b>	361	1:15.28	2:40.28	4:06.87	5:31.92
50m:	150m:	250m:			350m:		
100m: 1:15.28	200m: 2:40.28	300m: 4:06.87			400m: 5:31.92		

Seniores

1. Ana Bernardo, BARBARA 70	Portinado	<b>7:46.72</b>	130	1:45.31	3:43.65	5:47.68	7:46.72
50m:	150m:	250m:			350m:		
100m: 1:45.31	200m: 3:43.65	300m: 5:47.68			400m: 7:46.72		