

Prova 1

12-11-2016 - 9:30

Femin., 400m Livres

Absoluto

Resultados Elimin

Rec Nacionais - 25m Absoluto	4:10.22	Diana Margarida DURAES	FCP	Porto	12-12-2015
Rec Nacionais - 25m Inf B	4:38.40	Filipa Vilas RUIVO	DNMG	Alcobaça	13-06-2009
Rec Nacionais - 25m Inf A	4:25.30	Alexandra Maria SILVA	FCP	Porto	19-07-1980
Rec Nacionais - 25m Juv B	4:23.08	Susana Patricia MIGUEL	SFUAP	Alhandra	15-05-2004
Rec Nacionais - 25m Juv A	4:18.39	Ana Claudia SANTOS	SFUAP	Cantanhede	20-12-2004
Rec Nacionais - 25m Jun16	4:15.43	Tamila Hryhorivna HOLUB	SCB	Porto	20-12-2014
Rec Nacionais - 25m Jun17	4:10.52	Tamila Hryhorivna HOLUB	SCB	Porto	12-12-2015
Rec Nacionais - 25m Sen	4:10.22	Diana Margarida DURAES	FCP	Porto	12-12-2015

TAC : 5:03.50

Pontos: FINA 2016

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Paula RUIZ BRAVO	99			Mairena	4:11.51	810 A
	50m: 29.49 29.49	150m: 1:32.90 32.02	250m: 2:36.98 31.96	350m: 3:40.92 31.90			
	100m: 1:00.88 31.39	200m: 2:05.02 32.12	300m: 3:09.02 32.04	400m: 4:11.51 30.59			
2.	Diana Margarida DURAES	96			Benfica	4:11.64	809 A
	50m: 30.14 30.14	150m: 1:34.05 32.05	250m: 2:37.79 31.60	350m: 3:41.11 31.80			
	100m: 1:02.00 31.86	200m: 2:06.19 32.14	300m: 3:09.31 31.52	400m: 4:11.64 30.53			
3.	Marta GARZON SILES	00			Federacion Andaluza	4:15.75	771 A
	50m: 29.45 29.45	150m: 1:33.31 32.46	250m: 2:38.60 32.63	350m: 3:43.80 32.50			
	100m: 1:00.85 31.40	200m: 2:05.97 32.66	300m: 3:11.30 32.70	400m: 4:15.75 31.95			
4.	Palmira Chaparro CANELA	96			Mairena	4:17.74	753 A
	50m: 30.26 30.26	150m: 1:35.45 32.87	250m: 2:41.33 32.78	350m: 3:46.73 32.70			
	100m: 1:02.58 32.32	200m: 2:08.55 33.10	300m: 3:14.03 32.70	400m: 4:17.74 31.01			
5.	Tamila Hryhorivna HOLUB	99			Braga	4:17.76	753 A
	50m: 30.78 30.78	150m: 1:35.25 32.25	250m: 2:40.08 32.52	350m: 3:46.05 32.99			
	100m: 1:03.00 32.22	200m: 2:07.56 32.31	300m: 3:13.06 32.98	400m: 4:17.76 31.71			
6.	Francisca Gomes AZEVEDO97				Alges	4:22.84	710 A
	50m: 29.60 29.60	150m: 1:35.01 32.71	250m: 2:41.69 33.45	350m: 3:49.87 34.03			
	100m: 1:02.30 32.70	200m: 2:08.24 33.23	300m: 3:15.84 34.15	400m: 4:22.84 32.97			
7.	Andrea QUESADA LUJAN	01			Federacion Andaluza	4:24.16	699 A
	50m: 30.11 30.11	150m: 1:37.10 33.68	250m: 2:44.63 33.63	350m: 3:52.37 33.80			
	100m: 1:03.42 33.31	200m: 2:11.00 33.90	300m: 3:18.57 33.94	400m: 4:24.16 31.79			
8.	Beatriz Paulo RANITO	99			Sporting	4:25.37	690 A
	50m: 30.56 30.56	150m: 1:36.92 33.33	250m: 2:44.55 33.94	350m: 3:52.31 33.83			
	100m: 1:03.59 33.03	200m: 2:10.61 33.69	300m: 3:18.48 33.93	400m: 4:25.37 33.06			
9.	Reyes MILLAN DEL POZO	01			Federacion Andaluza	4:26.09	684 B
	50m: 30.23 30.23	150m: 1:36.53 33.19	250m: 2:43.39 33.56	350m: 3:51.92 34.45			
	100m: 1:03.34 33.11	200m: 2:09.83 33.30	300m: 3:17.47 34.08	400m: 4:26.09 34.17			
10.	Ines Jacinto HENRIQUES	00			Pimpoes/Cimai	4:26.25	683 B
	50m: 30.35 30.35	150m: 1:36.71 33.50	250m: 2:44.54 33.95	350m: 3:52.59 34.25			
	100m: 1:03.21 32.86	200m: 2:10.59 33.88	300m: 3:18.34 33.80	400m: 4:26.25 33.66			
11.	Madalena Gomes AZEVEDO99				Alges	4:26.43	682 B
	50m: 30.75 30.75	150m: 1:37.41 33.54	250m: 2:45.09 34.14	350m: 3:53.23 33.72			
	100m: 1:03.87 33.12	200m: 2:10.95 33.54	300m: 3:19.51 34.42	400m: 4:26.43 33.20			
12.	Miriam Filipe MARCOS	01			Natacao de Olhao	4:28.43	666 B
	50m: 30.79 30.79	150m: 1:37.91 33.80	250m: 2:46.50 34.27	350m: 3:54.75 34.15			
	100m: 1:04.11 33.32	200m: 2:12.23 34.32	300m: 3:20.60 34.10	400m: 4:28.43 33.68			

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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
13.	Alba GOMEZ GARCIA	01			Federacion Andaluza	4:29.11	661 B
	50m: 30.73 30.73	150m: 1:37.58	33.71	250m: 2:46.11	34.21	350m: 3:55.80	34.85
	100m: 1:03.87 33.14	200m: 2:11.90	34.32	300m: 3:20.95	34.84	400m: 4:29.11	33.31
14.	Beatriz Barros CARMO	99			Alges	4:29.69	657 B
	50m: 30.82 30.82	150m: 1:38.19	33.75	250m: 2:46.35	34.03	350m: 3:55.50	34.47
	100m: 1:04.44 33.62	200m: 2:12.32	34.13	300m: 3:21.03	34.68	400m: 4:29.69	34.19
15.	Carolina Mantua GUEDES	98			Sporting	4:30.60	650 B
	50m: 30.84 30.84	150m: 1:38.43	34.13	250m: 2:46.82	34.16	350m: 3:56.08	34.71
	100m: 1:04.30 33.46	200m: 2:12.66	34.23	300m: 3:21.37	34.55	400m: 4:30.60	34.52
16.	Carolina Rosa MARCELINO	01			Alges	4:32.02	640 B
	50m: 31.19 31.19	150m: 1:39.24	34.28	250m: 2:48.25	34.56	350m: 3:57.76	34.80
	100m: 1:04.96 33.77	200m: 2:13.69	34.45	300m: 3:22.96	34.71	400m: 4:32.02	34.26
17.	Andrea NAVAS RUIZ	03			Federacion Andaluza	4:33.42	631 R
	50m: 30.14 30.14	150m: 1:38.03	34.66	250m: 2:48.34	35.27	350m: 3:59.17	35.58
	100m: 1:03.37 33.23	200m: 2:13.07	35.04	300m: 3:23.59	35.25	400m: 4:33.42	34.25
18.	Esperanza SEGURA JOSE F01YES				Mairena	4:33.74	628 R
	50m: 30.99 30.99	150m: 1:39.80	34.75	250m: 2:49.79	35.12	350m: 3:59.81	34.75
	100m: 1:05.05 34.06	200m: 2:14.67	34.87	300m: 3:25.06	35.27	400m: 4:33.74	33.93
19.	Celia CARO JAENES	02			Federacion Andaluza	4:34.06	626
	50m: 31.02 31.02	150m: 1:39.72	34.75	250m: 2:49.33	34.74	350m: 4:00.13	35.52
	100m: 1:04.97 33.95	200m: 2:14.59	34.87	300m: 3:24.61	35.28	400m: 4:34.06	33.93
20.	Alexandra Couto FRAZAO	02			Olivais e Moscavide	4:34.81	621
	50m: 30.91 30.91	150m: 1:39.34	34.70	250m: 2:49.52	35.28	350m: 4:00.22	35.49
	100m: 1:04.64 33.73	200m: 2:14.24	34.90	300m: 3:24.73	35.21	400m: 4:34.81	34.59
21.	Rita Teixeira COSTA	97			Belenenses	4:36.77	608
	50m: 31.46 31.46	150m: 1:42.02	35.36	250m: 2:52.58	35.13	350m: 4:02.84	35.07
	100m: 1:06.66 35.20	200m: 2:17.45	35.43	300m: 3:27.77	35.19	400m: 4:36.77	33.93
22.	Patricia FUENTES ESTRAD/99				Mairena	4:36.83	607
	50m: 30.60 30.60	150m: 1:38.96	34.89	250m: 2:50.01	35.76	350m: 4:02.10	36.16
	100m: 1:04.07 33.47	200m: 2:14.25	35.29	300m: 3:25.94	35.93	400m: 4:36.83	34.73
23.	Ana Luisa SANTO	95			Benfica	4:39.13	593
	50m: 31.39 31.39	150m: 1:40.13	34.70	250m: 2:51.21	35.69	350m: 4:03.58	36.11
	100m: 1:05.43 34.04	200m: 2:15.52	35.39	300m: 3:27.47	36.26	400m: 4:39.13	35.55
24.	Alejandra ADAM MIJARES	01			Mairena	4:52.00	518
	50m: 32.37 32.37	150m: 1:44.80	36.78	250m: 2:59.89	37.54	350m: 4:15.24	37.65
	100m: 1:08.02 35.65	200m: 2:22.35	37.55	300m: 3:37.59	37.70	400m: 4:52.00	36.76
25.	Rita Guedes MOREIRA	00			Louletano / Loule Concelho	4:52.90	513
	50m: 33.74 33.74	150m: 1:47.27	37.10	250m: 3:00.85	37.11	350m: 4:15.25	37.28
	100m: 1:10.17 36.43	200m: 2:23.74	36.47	300m: 3:37.97	37.12	400m: 4:52.90	37.65
26.	Maria Crista JESUS	03			Louletano / Loule Concelho	4:55.28	500
	50m: 33.54 33.54	150m: 1:46.77	37.07	250m: 3:02.14	37.58	350m: 4:18.31	38.19
	100m: 1:09.70 36.16	200m: 2:24.56	37.79	300m: 3:40.12	37.98	400m: 4:55.28	36.97
27.	Beatriz Sousa VALENTE FTL	03			Natacao de Olhao	5:04.15	458
	50m: 34.52 34.52	150m: 1:49.78	38.12	250m: 3:07.91	39.60	350m: 4:26.49	39.33
	100m: 1:11.66 37.14	200m: 2:28.31	38.53	300m: 3:47.16	39.25	400m: 5:04.15	37.66

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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
28.	Ana Leonor DIAS <i>FTL</i>	02			Colegio Bernardette Romeira	5:04.50	456
	50m: 34.12 34.12	150m: 1:50.17 38.68	250m: 3:08.54 39.00	350m: 4:26.36 38.76			
	100m: 1:11.49 37.37	200m: 2:29.54 39.37	300m: 3:47.60 39.06	400m: 5:04.50 38.14			
DNS	Elisa Sauval GONCALVES	02			Natacao de Olhao		