

Prova 1 Femin., 400m Livres Absoluto
12-11-2016 - 16:05 Resultados Final

| | | | | | |
|------------------------------|---------|-------------------------|-------|------------|------------|
| Rec Nacionais - 25m Absoluto | 4:10.22 | Diana Margarida DURAES | FCP | Porto | 12-12-2015 |
| Rec Nacionais - 25m Inf B | 4:38.40 | Filipa Vilas RUIVO | DNMG | Alcobaça | 13-06-2009 |
| Rec Nacionais - 25m Inf A | 4:25.30 | Alexandra Maria SILVA | FCP | Porto | 19-07-1980 |
| Rec Nacionais - 25m Juv B | 4:23.08 | Susana Patricia MIGUEL | SFUAP | Alhandra | 15-05-2004 |
| Rec Nacionais - 25m Juv A | 4:18.39 | Ana Claudia SANTOS | SFUAP | Cantanhede | 20-12-2004 |
| Rec Nacionais - 25m Jun16 | 4:15.43 | Tamila Hryhorivna HOLUB | SCB | Porto | 20-12-2014 |
| Rec Nacionais - 25m Jun17 | 4:10.52 | Tamila Hryhorivna HOLUB | SCB | Porto | 12-12-2015 |
| Rec Nacionais - 25m Sen | 4:10.22 | Diana Margarida DURAES | FCP | Porto | 12-12-2015 |

TAC : 5:03.50

Pontos: FINA 2016

| Lugar | Nome do nadador | Ano | Classes | Cod Exc | Clube | Tempo final | FINA | Pts |
|----------------|---|---------------|---------|---------------|---------------------|----------------|-------|-------|
| Final A | | | | | | | | |
| 1. | Diana Margarida DURAES <i>Rec Nacional</i> | 96 | | | Benfica | 4:05.39 | 872 | 20,00 |
| | 50m: 29.21 29.21 | 150m: 1:31.11 | 30.93 | 250m: 2:32.92 | 30.77 | 350m: 3:34.80 | 30.91 | |
| | 100m: 1:00.18 30.97 | 200m: 2:02.15 | 31.04 | 300m: 3:03.89 | 30.97 | 400m: 4:05.39 | 30.59 | |
| 2. | Paula RUIZ BRAVO | 99 | | | Mairena | 4:12.41 | 802 | 16,00 |
| | 50m: 29.51 29.51 | 150m: 1:31.99 | 31.47 | 250m: 2:35.70 | 31.84 | 350m: 3:40.22 | 32.46 | |
| | 100m: 1:00.52 31.01 | 200m: 2:03.86 | 31.87 | 300m: 3:07.76 | 32.06 | 400m: 4:12.41 | 32.19 | |
| 3. | Marta GARZON SILES | 00 | | | Federacion Andaluza | 4:13.63 | 790 | 15,00 |
| | 50m: 29.82 29.82 | 150m: 1:32.71 | 31.77 | 250m: 2:36.80 | 32.11 | 350m: 3:41.79 | 32.52 | |
| | 100m: 1:00.94 31.12 | 200m: 2:04.69 | 31.98 | 300m: 3:09.27 | 32.47 | 400m: 4:13.63 | 31.84 | |
| 4. | Tamila Hryhorivna HOLUB | 99 | | | Braga | 4:16.84 | 761 | 14,00 |
| | 50m: 30.31 30.31 | 150m: 1:34.89 | 32.39 | 250m: 2:39.59 | 32.36 | 350m: 3:45.00 | 32.50 | |
| | 100m: 1:02.50 32.19 | 200m: 2:07.23 | 32.34 | 300m: 3:12.50 | 32.91 | 400m: 4:16.84 | 31.84 | |
| 5. | Palmira Chaparro CANELA | 96 | | | Mairena | 4:17.92 | 751 | 13,00 |
| | 50m: 30.02 30.02 | 150m: 1:35.12 | 32.80 | 250m: 2:40.84 | 32.44 | 350m: 3:45.90 | 32.86 | |
| | 100m: 1:02.32 32.30 | 200m: 2:08.40 | 33.28 | 300m: 3:13.04 | 32.20 | 400m: 4:17.92 | 32.02 | |
| 6. | Francisca Gomes AZEVEDO | 97 | | | Alges | 4:19.90 | 734 | 12,00 |
| | 50m: 29.97 29.97 | 150m: 1:35.79 | 33.08 | 250m: 2:42.23 | 33.17 | 350m: 3:47.68 | 32.57 | |
| | 100m: 1:02.71 32.74 | 200m: 2:09.06 | 33.27 | 300m: 3:15.11 | 32.88 | 400m: 4:19.90 | 32.22 | |
| 7. | Beatriz Paulo RANITO | 99 | | | Sporting | 4:20.86 | 726 | 11,00 |
| | 50m: 30.33 30.33 | 150m: 1:35.54 | 32.76 | 250m: 2:42.03 | 33.32 | 350m: 3:48.63 | 33.32 | |
| | 100m: 1:02.78 32.45 | 200m: 2:08.71 | 33.17 | 300m: 3:15.31 | 33.28 | 400m: 4:20.86 | 32.23 | |
| 8. | Andrea QUESADA LUJAN | 01 | | | Federacion Andaluza | 4:30.17 | 654 | 10,00 |
| | 50m: 30.47 30.47 | 150m: 1:36.83 | 33.71 | 250m: 2:46.26 | 35.16 | 350m: 3:56.25 | 35.19 | |
| | 100m: 1:03.12 32.65 | 200m: 2:11.10 | 34.27 | 300m: 3:21.06 | 34.80 | 400m: 4:30.17 | 33.92 | |
| Final B | | | | | | | | |
| 9. | Madalena Gomes AZEVEDO | 99 | | | Alges | 4:20.60 | 728 | 9,00 |
| | 50m: 30.64 30.64 | 150m: 1:36.94 | 33.13 | 250m: 2:43.78 | 33.26 | 350m: 3:49.91 | 32.47 | |
| | 100m: 1:03.81 33.17 | 200m: 2:10.52 | 33.58 | 300m: 3:17.44 | 33.66 | 400m: 4:20.60 | 30.69 | |
| 10. | Ines Jacinto HENRIQUES | 00 | | | Pimpoes/Cimai | 4:20.99 | 725 | 8,00 |
| | 50m: 30.67 30.67 | 150m: 1:37.43 | 33.53 | 250m: 2:43.78 | 33.04 | 350m: 3:49.36 | 32.54 | |
| | 100m: 1:03.90 33.23 | 200m: 2:10.74 | 33.31 | 300m: 3:16.82 | 33.04 | 400m: 4:20.99 | 31.63 | |
| 11. | Reyes MILLAN DEL POZO | 01 | | | Federacion Andaluza | 4:24.76 | 694 | 7,00 |
| | 50m: 30.34 30.34 | 150m: 1:37.30 | 33.52 | 250m: 2:44.18 | 33.40 | 350m: 3:51.45 | 33.95 | |
| | 100m: 1:03.78 33.44 | 200m: 2:10.78 | 33.48 | 300m: 3:17.50 | 33.32 | 400m: 4:24.76 | 33.31 | |

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|-------|-------------------------|---------------|---------|---------------|---------------------|----------------|-------|------|
| 12. | Beatriz Barros CARMO | 99 | | | Alges | 4:26.91 | 678 | 6,00 |
| | 50m: 30.69 30.69 | 150m: 1:38.15 | 33.93 | 250m: 2:45.74 | 33.82 | 350m: 3:54.01 | 34.01 | |
| | 100m: 1:04.22 33.53 | 200m: 2:11.92 | 33.77 | 300m: 3:20.00 | 34.26 | 400m: 4:26.91 | 32.90 | |
| 13. | Carolina Rosa MARCELINO | 01 | | | Alges | 4:26.93 | 678 | 5,00 |
| | 50m: 30.89 30.89 | 150m: 1:38.31 | 33.75 | 250m: 2:45.82 | 33.60 | 350m: 3:53.91 | 33.85 | |
| | 100m: 1:04.56 33.67 | 200m: 2:12.22 | 33.91 | 300m: 3:20.06 | 34.24 | 400m: 4:26.93 | 33.02 | |
| 14. | Miriam Filipe MARCOS | 01 | | | Natacao de Olhao | 4:27.17 | 676 | 4,00 |
| | 50m: 30.85 30.85 | 150m: 1:38.21 | 33.96 | 250m: 2:46.19 | 34.02 | 350m: 3:54.08 | 34.00 | |
| | 100m: 1:04.25 33.40 | 200m: 2:12.17 | 33.96 | 300m: 3:20.08 | 33.89 | 400m: 4:27.17 | 33.09 | |
| 15. | Alba GOMEZ GARCIA | 01 | | | Federacion Andaluza | 4:28.13 | 669 | 3,00 |
| | 50m: 31.16 31.16 | 150m: 1:38.39 | 33.76 | 250m: 2:46.51 | 34.31 | 350m: 3:55.93 | 34.83 | |
| | 100m: 1:04.63 33.47 | 200m: 2:12.20 | 33.81 | 300m: 3:21.10 | 34.59 | 400m: 4:28.13 | 32.20 | |
| 16. | Carolina Mantua GUEDES | 98 | | | Sporting | 4:28.29 | 667 | 2,00 |
| | 50m: 31.29 31.29 | 150m: 1:38.64 | 33.77 | 250m: 2:46.64 | 33.96 | 350m: 3:55.53 | 34.39 | |
| | 100m: 1:04.87 33.58 | 200m: 2:12.68 | 34.04 | 300m: 3:21.14 | 34.50 | 400m: 4:28.29 | 32.76 | |