

Event 20 Men, 400m Freestyle Open Results Prelim
13-11-2016 - 9:30

Rec Nacionais - 25m Open	3:45.58	Fabio Manuel PEREIRA	POR	Istambul (TUR)	10-12-2009
Rec Nacionais - 25m Inf B	4:21.95	Pedro Fontoura OLIVEIRA	CFB	Santarém	04-04-2003
Rec Nacionais - 25m Inf A	4:12.35	Andre Vilas RUIVO	DNMG	Campo Maior	29-03-2014
Rec Nacionais - 25m Juv B	4:03.22	Joao Pedro GIL	ANAM	Algés	08-07-2012
Rec Nacionais - 25m Juv A	3:59.31	Joao Carlos SANTOS	ANAM	Algés	08-07-2012
Rec Nacionais - 25m Jun17	3:56.54	Rui Filipe COSTA	VSC	Feigueiras	24-11-2007
Rec Nacionais - 25m Jun18	3:50.52	Adriano Miguel NIZ	CFV	Fafe	26-06-2004
Rec Nacionais - 25m Sen	3:45.58	Fabio Manuel PEREIRA	POR	Istambul (TUR)	10-12-2009

TAC : 4:30.00

Points: FINA 2016

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	FINA	Pts
1.	Joao Alexandre VITAL	98			Sporting	3:59.39	696	A
	50m: 28.14 28.14	150m: 1:28.75	30.33	250m: 2:28.60	29.75	350m: 3:29.25	30.29	
	100m: 58.42 30.28	200m: 1:58.85	30.10	300m: 2:58.96	30.36	400m: 3:59.39	30.14	
2.	Gabriel Jose LOPES	97			Louzan Natacao	3:59.58	695	A
	50m: 27.83 27.83	150m: 1:29.32	30.89	250m: 2:29.72	29.68	350m: 3:29.97	30.06	
	100m: 58.43 30.60	200m: 2:00.04	30.72	300m: 2:59.91	30.19	400m: 3:59.58	29.61	
3.	Eusebio ALCANTARILLA ROMEI99				Federacion Andaluza	4:01.17	681	A
	50m: 28.08 28.08	150m: 1:29.64	30.87	250m: 2:31.51	30.83	350m: 3:32.36	29.99	
	100m: 58.77 30.69	200m: 2:00.68	31.04	300m: 3:02.37	30.86	400m: 4:01.17	28.81	
4.	Antonio CONTRERAS GONZALE96				Mairena	4:02.12	673	A
	50m: 27.52 27.52	150m: 1:29.54	31.21	250m: 2:31.56	30.79	350m: 3:33.28	30.71	
	100m: 58.33 30.81	200m: 2:00.77	31.23	300m: 3:02.57	31.01	400m: 4:02.12	28.84	
5.	Rafael Lourenco GIL	96			Benfica	4:02.29	672	A
	50m: 28.56 28.56	150m: 1:29.58	30.67	250m: 2:30.80	30.63	350m: 3:31.90	30.41	
	100m: 58.91 30.35	200m: 2:00.17	30.59	300m: 3:01.49	30.69	400m: 4:02.29	30.39	
6.	Igor Araujo MOGNE	96			Sporting	4:02.43	671	A
	50m: 27.68 27.68	150m: 1:28.18	30.53	250m: 2:30.42	31.33	350m: 3:32.48	31.42	
	100m: 57.65 29.97	200m: 1:59.09	30.91	300m: 3:01.06	30.64	400m: 4:02.43	29.95	
7.	Guilherme Filipe PINA	98			Sporting	4:03.03	666	A
	50m: 28.37 28.37	150m: 1:29.34	30.65	250m: 2:31.13	30.85	350m: 3:33.00	31.07	
	100m: 58.69 30.32	200m: 2:00.28	30.94	300m: 3:01.93	30.80	400m: 4:03.03	30.03	
8.	Miguel Duarte NASCIMENTO	95			Benfica	4:03.22	664	A
	50m: 28.30 28.30	150m: 1:29.23	30.78	250m: 2:31.26	30.92	350m: 3:33.12	30.75	
	100m: 58.45 30.15	200m: 2:00.34	31.11	300m: 3:02.37	31.11	400m: 4:03.22	30.10	
9.	Joao Duarte SANTOS	95			Benfica	4:03.23	664	B
	50m: 28.26 28.26	150m: 1:30.08	30.96	250m: 2:31.81	30.74	350m: 3:33.10	30.43	
	100m: 59.12 30.86	200m: 2:01.07	30.99	300m: 3:02.67	30.86	400m: 4:03.23	30.13	
10.	Pablo BENITEZ DOMINGUEZ	00			Federacion Andaluza	4:03.34	663	B
	50m: 28.26 28.26	150m: 1:29.67	30.85	250m: 2:31.66	30.89	350m: 3:33.44	30.91	
	100m: 58.82 30.56	200m: 2:00.77	31.10	300m: 3:02.53	30.87	400m: 4:03.34	29.90	
11.	Afonso Ribeiro BATE	98			Alges	4:04.17	656	B
	50m: 28.19 28.19	150m: 1:29.95	31.08	250m: 2:32.27	30.96	350m: 3:34.65	31.05	
	100m: 58.87 30.68	200m: 2:01.31	31.36	300m: 3:03.60	31.33	400m: 4:04.17	29.52	
12.	Roberto Donald GOMES	00			Alges	4:04.28	655	B
	50m: 28.18 28.18	150m: 1:29.55	30.93	250m: 2:31.84	31.21	350m: 3:33.99	31.08	
	100m: 58.62 30.44	200m: 2:00.63	31.08	300m: 3:02.91	31.07	400m: 4:04.28	30.29	

Event 20, Men, 400m Freestyle, Prelim, Open

Rank	Nome do nadador	YB	Classes	Cod	Exc	Clube	Time	FINA	Pts
13.	Tomas Miguel VELOSO	96				Nautico de Coimbra	4:04.41	654	B
	50m: 28.88 28.88	150m: 1:31.20	31.29	250m: 2:33.00	30.55	350m: 3:34.17	30.59		
	100m: 59.91 31.03	200m: 2:02.45	31.25	300m: 3:03.58	30.58	400m: 4:04.41	30.24		
14.	Guilherme Pereira DIAS	97				Sporting	4:04.56	653	B
	50m: 28.42 28.42	150m: 1:30.12	31.07	250m: 2:32.03	30.88	350m: 3:34.28	31.03		
	100m: 59.05 30.63	200m: 2:01.15	31.03	300m: 3:03.25	31.22	400m: 4:04.56	30.28		
15.	Mario Andre BONANCA	90				Sporting	4:04.86	651	B
	50m: 28.74 28.74	150m: 1:30.09	30.73	250m: 2:31.83	30.68	350m: 3:34.52	31.42		
	100m: 59.36 30.62	200m: 2:01.15	31.06	300m: 3:03.10	31.27	400m: 4:04.86	30.34		
16.	Miguel BAUTISTA BORRAS	94				Mairena	4:06.80	636	B
	50m: 28.03 28.03	150m: 1:30.35	31.25	250m: 2:32.76	31.06	350m: 3:36.21	31.86		
	100m: 59.10 31.07	200m: 2:01.70	31.35	300m: 3:04.35	31.59	400m: 4:06.80	30.59		
17.	Andre Vilas RUIVO	00				Sporting	4:07.93	627	R
	50m: 28.83 28.83	150m: 1:31.32	31.34	250m: 2:33.85	31.21	350m: 3:36.95	31.57		
	100m: 59.98 31.15	200m: 2:02.64	31.32	300m: 3:05.38	31.53	400m: 4:07.93	30.98		
18.	Adrian CASTELLANOS MOLINA	94				Cmotril	4:08.29	624	R
	50m: 29.12 29.12	150m: 1:32.26	31.38	250m: 2:35.22	31.48	350m: 3:38.20	31.58		
	100m: 1:00.88 31.76	200m: 2:03.74	31.48	300m: 3:06.62	31.40	400m: 4:08.29	30.09		
19.	Miguel Ribeiro BATE	99				Alges	4:08.69	621	
	50m: 28.33 28.33	150m: 1:30.88	30.96	250m: 2:33.92	31.75	350m: 3:37.19	31.40		
	100m: 59.92 31.59	200m: 2:02.17	31.29	300m: 3:05.79	31.87	400m: 4:08.69	31.50		
20.	Juan Carlos BOBO GALVAN	01				Federacion Andaluza	4:10.85	605	
	50m: 28.10 28.10	150m: 1:30.24	31.46	250m: 2:34.31	32.07	350m: 3:39.04	32.48		
	100m: 58.78 30.68	200m: 2:02.24	32.00	300m: 3:06.56	32.25	400m: 4:10.85	31.81		
21.	Antonio Manuel MENDES	99				Sporting	4:11.88	598	
	50m: 29.39 29.39	150m: 1:32.51	31.73	250m: 2:36.36	32.03	350m: 3:40.68	32.09		
	100m: 1:00.78 31.39	200m: 2:04.33	31.82	300m: 3:08.59	32.23	400m: 4:11.88	31.20		
22.	Jose GARCIA DIAZ FRANCISCO	95				Mairena	4:12.50	593	
	50m: 28.93 28.93	150m: 1:32.03	31.81	250m: 2:36.43	32.14	350m: 3:41.18	32.24		
	100m: 1:00.22 31.29	200m: 2:04.29	32.26	300m: 3:08.94	32.51	400m: 4:12.50	31.32		
23.	Andre Antunes CARVALHO	96				Colegio Monte Maior	4:13.05	590	
	50m: 29.25 29.25	150m: 1:33.01	32.13	250m: 2:36.67	31.68	350m: 3:41.37	32.51		
	100m: 1:00.88 31.63	200m: 2:04.99	31.98	300m: 3:08.86	32.19	400m: 4:13.05	31.68		
24.	Juan Alfonso JUAREZ VILLARRE	01				Federacion Andaluza	4:14.17	582	
	50m: 28.72 28.72	150m: 1:32.15	31.97	250m: 2:36.56	32.22	350m: 3:41.98	32.78		
	100m: 1:00.18 31.46	200m: 2:04.34	32.19	300m: 3:09.20	32.64	400m: 4:14.17	32.19		
25.	Javier BRENES MOLINA CARLO	97				Mairena	4:15.42	573	
	50m: 29.72 29.72	150m: 1:34.76	32.81	250m: 2:39.41	31.66	350m: 3:44.25	32.33		
	100m: 1:01.95 32.23	200m: 2:07.75	32.99	300m: 3:11.92	32.51	400m: 4:15.42	31.17		
26.	Afonso Guilherme JESUS	00				Sporting	4:15.49	573	
	50m: 29.48 29.48	150m: 1:34.60	32.96	250m: 2:40.13	32.44	350m: 3:45.67	32.60		
	100m: 1:01.64 32.16	200m: 2:07.69	33.09	300m: 3:13.07	32.94	400m: 4:15.49	29.82		
27.	Tiago Miguel VILHENA	01				Natacao de Faro	4:19.95	544	
	50m: 28.89 28.89	150m: 1:32.26	32.04	250m: 2:36.69	32.75	350m: 3:46.15	34.88		
	100m: 1:00.22 31.33	200m: 2:03.94	31.68	300m: 3:11.27	34.58	400m: 4:19.95	33.80		
28.	Francisco Maldonado FREITAS	91				Pimpoes/Cimai	4:21.50	534	
	50m: 29.57 29.57	150m: 1:34.21	32.85	250m: 2:40.69	33.30	350m: 3:47.83	33.62		
	100m: 1:01.36 31.79	200m: 2:07.39	33.18	300m: 3:14.21	33.52	400m: 4:21.50	33.67		

Event 20, Men, 400m Freestyle, Prelim, Open

Rank	Nome do nadador	YB	Classes	Cod	Exc	Clube	Time	FINA	Pts
29.	Goncalo Duarte SANTOS	00				Natacao de Faro	4:23.42	523	
	50m: 29.32 29.32	150m: 1:35.12	33.30	250m: 2:42.76	33.67	350m: 3:50.80	34.03		
	100m: 1:01.82 32.50	200m: 2:09.09	33.97	300m: 3:16.77	34.01	400m: 4:23.42	32.62		
30.	Bernardo Gameiro AGAPITO	98				FC Ferreiras	4:23.50	522	
	50m: 29.39 29.39	150m: 1:34.33	32.97	250m: 2:42.33	34.00	350m: 3:50.54	33.68		
	100m: 1:01.36 31.97	200m: 2:08.33	34.00	300m: 3:16.86	34.53	400m: 4:23.50	32.96		
31.	Tomas Alves COSTA	00				Armacenenses	4:23.70	521	
	50m: 28.94 28.94	150m: 1:34.76	33.62	250m: 2:41.39	33.48	350m: 3:50.59	34.73		
	100m: 1:01.14 32.20	200m: 2:07.91	33.15	300m: 3:15.86	34.47	400m: 4:23.70	33.11		
32.	Pedro Alexandre CORREIA	00				Pimpoes/Cimai	4:23.93	520	
	50m: 29.81 29.81	150m: 1:35.95	33.21	250m: 2:43.55	33.46	350m: 3:51.18	33.51		
	100m: 1:02.74 32.93	200m: 2:10.09	34.14	300m: 3:17.67	34.12	400m: 4:23.93	32.75		
33.	Joao Eduardo ILHA	98				Natacao de Olhao	4:24.53	516	
	50m: 29.16 29.16	150m: 1:35.89	34.03	250m: 2:43.95	33.90	350m: 3:53.26	34.81		
	100m: 1:01.86 32.70	200m: 2:10.05	34.16	300m: 3:18.45	34.50	400m: 4:24.53	31.27		
34.	Tomas Miguel VALENTE	01				Natacao de Olhao	4:29.95	486	
	50m: 30.02 30.02	150m: 1:37.29	33.64	250m: 2:46.28	34.64	350m: 3:55.65	35.01		
	100m: 1:03.65 33.63	200m: 2:11.64	34.35	300m: 3:20.64	34.36	400m: 4:29.95	34.30		
35.	Tomas Galvao LOURENCO	02				Natacao de Olhao	4:30.30	484	
	<i>FTL</i>								
	50m: 30.08 30.08	150m: 1:36.96	34.12	250m: 2:46.33	34.47	350m: 3:56.38	35.28		
	100m: 1:02.84 32.76	200m: 2:11.86	34.90	300m: 3:21.10	34.77	400m: 4:30.30	33.92		
DNS	Alexandre Teixeira MARCOS	00				Louletano / Loule Concelho			
DNS	Tiago Cunha COSTA	99				Sporting			