

Prova 36

13-11-2016 - 16:00

Femin., 400m Estilos

Absoluto

Resultados

Rec Nacionais - 25m Absoluto	4:37.41	Victoria KAMINSKAYA	ESJB	Porto	11-12-2015
Rec Nacionais - 25m Inf B	5:15.68	Susana Patricia MIGUEL	SFUAP	Rio Maior	06-07-2002
Rec Nacionais - 25m Inf A	5:05.68	Filiipa Vilas RUIVO	DNMG	Leiria	12-06-2010
Rec Nacionais - 25m Juv B	4:57.68	Susana Patricia MIGUEL	SFUAP	Penafiel	19-03-2004
Rec Nacionais - 25m Juv A	4:51.85	Ana Claudia SANTOS	SFUAP	Setubal	21-11-2004
Rec Nacionais - 25m Jun16	4:50.85	Diana Margarida DURAES	FOCA	Silves	02-12-2011
Rec Nacionais - 25m Jun17	4:48.80	Victoria KAMINSKAYA	PIMP	Silves	02-12-2011
Rec Nacionais - 25m Sen	4:37.41	Victoria KAMINSKAYA	ESJB	Porto	11-12-2015

TAC : 5:22.00

Pontos: FINA 2016

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
1.	Victoria KAMINSKAYA	95			Estrelas S. Joao de Brito	4:40.57	790	20,00
	50m: 29.78 29.78	150m: 1:39.06	35.86	250m: 2:53.82	39.22	350m: 4:07.09	33.65	
	100m: 1:03.20 33.42	200m: 2:14.60	35.54	300m: 3:33.44	39.62	400m: 4:40.57	33.48	
2.	Diana Margarida DURAES	96			Benfica	4:44.48	758	16,00
	50m: 30.59 30.59	150m: 1:42.57	37.25	250m: 2:59.38	40.50	350m: 4:12.87	32.78	
	100m: 1:05.32 34.73	200m: 2:18.88	36.31	300m: 3:40.09	40.71	400m: 4:44.48	31.61	
3.	Ilaria MONTEVECCHI	94			Mairena	4:49.39	720	15,00
	50m: 31.22 31.22	150m: 1:44.33	37.76	250m: 3:01.41	40.24	350m: 4:16.12	33.66	
	100m: 1:06.57 35.35	200m: 2:21.17	36.84	300m: 3:42.46	41.05	400m: 4:49.39	33.27	
4.	Sofia SALAMANCA DIAZ	00			Federacion Andaluza	4:54.00	687	14,00
	50m: 32.17 32.17	150m: 1:45.50	36.51	250m: 3:03.88	42.43	350m: 4:20.40	33.91	
	100m: 1:08.99 36.82	200m: 2:21.45	35.95	300m: 3:46.49	42.61	400m: 4:54.00	33.60	
5.	Madalena Gomes AZEVEDO	99			Alges	4:58.44	657	13,00
	50m: 31.93 31.93	150m: 1:47.34	38.19	250m: 3:07.74	42.95	350m: 4:26.02	34.06	
	100m: 1:09.15 37.22	200m: 2:24.79	37.45	300m: 3:51.96	44.22	400m: 4:58.44	32.42	
6.	Rita Teixeira COSTA	97			Belenenses	5:01.51	637	12,00
	50m: 31.93 31.93	150m: 1:48.85	39.25	250m: 3:09.84	43.23	350m: 4:27.79	34.25	
	100m: 1:09.60 37.67	200m: 2:26.61	37.76	300m: 3:53.54	43.70	400m: 5:01.51	33.72	
7.	Celia TARIFA BLANCAS	02			Federacion Andaluza	5:05.35	613	11,00
	50m: 31.97 31.97	150m: 1:48.88	40.19	250m: 3:11.57	43.77	350m: 4:32.57	35.74	
	100m: 1:08.69 36.72	200m: 2:27.80	38.92	300m: 3:56.83	45.26	400m: 5:05.35	32.78	
8.	Carolina Rosa MARCELINO	01			Alges	5:05.37	613	10,00
	50m: 32.47 32.47	150m: 1:50.02	39.43	250m: 3:12.62	43.16	350m: 4:31.63	35.25	
	100m: 1:10.59 38.12	200m: 2:29.46	39.44	300m: 3:56.38	43.76	400m: 5:05.37	33.74	