

Prova 17 Femin., 400m Livres 14 anos e mais velhos
15-10-2017 - 15:30 Resultados

Recorde Regional Absoluto	4:19.78	Sara Alexandra, MADEIRA	POR	Sines	20-12-2008
Recorde Regional Juv B	4:35.17	Catia Raquel, MARTINHEIRA	POR	Sines	21-12-2008
Recorde Regional Juv A	4:31.47	Catia Raquel, MARTINHEIRA	POR	Quarteira	21-11-2009
Recorde Regional Jun. 1	4:21.68	Catia Raquel, MARTINHEIRA	POR	Porto	04-12-2010
Recorde Regional JUn. 2	4:28.16	Catia Raquel, MARTINHEIRA	POR	Mealhada	17-12-2011
Recorde Regional Sen.	4:19.78	Sara Alexandra, MADEIRA	POR	Sines	20-12-2008

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
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Juvenis B

1. Matilde Fialho, CONCEICAO	04	Louletano / Loule Concelho	5:04.15
50m: 34.32 34.32	150m: 1:50.36 38.30	250m: 3:08.15 38.85	350m: 4:26.07 38.89
100m: 1:12.06 37.74	200m: 2:29.30 38.94	300m: 3:47.18 39.03	400m: 5:04.15 38.08
2. Gabriela, BOROZAN	04	Louletano / Loule Concelho	5:11.24
50m: 34.94 34.94	150m: 1:50.62 38.16	250m: 3:09.50 39.81	350m: 4:31.21 40.85
100m: 1:12.46 37.52	200m: 2:29.69 39.07	300m: 3:50.36 40.86	400m: 5:11.24 40.03
3. Mariana Pereira, MENDES	04	Louletano / Loule Concelho	5:14.81
50m: 34.82 34.82	150m: 1:51.17 38.67	250m: 3:12.07 40.96	350m: 4:34.31 41.09
100m: 1:12.50 37.68	200m: 2:31.11 39.94	300m: 3:53.22 41.15	400m: 5:14.81 40.50
4. Mariana Ponte, MARTINS	04	Louletano / Loule Concelho	5:28.17
50m: 38.35 38.35	150m: 2:00.51 41.53	250m: 3:23.43 41.70	350m: 4:46.55 41.63
100m: 1:18.98 40.63	200m: 2:41.73 41.22	300m: 4:04.92 41.49	400m: 5:28.17 41.62
5. Maria Beatriz, FERNANDES	04	Louletano / Loule Concelho	5:36.57
50m: 38.33 38.33	150m: 2:03.55 42.96	250m: 3:29.28 43.25	350m: 4:54.09 42.27
100m: 1:20.59 42.26	200m: 2:46.03 42.48	300m: 4:11.82 42.54	400m: 5:36.57 42.48

Juvenis A

1. Maria Crista, JESUS	03	Louletano / Loule Concelho	5:00.10
50m: 33.70 33.70	150m: 1:49.16 37.72	250m: 3:05.54 38.19	350m: 4:22.35 38.49
100m: 1:11.44 37.74	200m: 2:27.35 38.19	300m: 3:43.86 38.32	400m: 5:00.10 37.75
2. Patricia Abreu, SEONG	03	Louletano / Loule Concelho	5:26.10
50m: 36.19 36.19	150m: 1:58.19 41.57	250m: 3:21.35 41.54	350m: 4:45.22 42.52
100m: 1:16.62 40.43	200m: 2:39.81 41.62	300m: 4:02.70 41.35	400m: 5:26.10 40.88
3. Sara Sousa, CANDEIAS	03	Louletano / Loule Concelho	5:49.90
50m: 39.29 39.29	150m: 2:06.18 43.92	250m: 3:35.96 44.98	350m: 5:06.28 45.06
100m: 1:22.26 42.97	200m: 2:50.98 44.80	300m: 4:21.22 45.26	400m: 5:49.90 43.62

Juniores

1. Ana Leonor, DIAS	02	Colegio Bernardette Romeira	4:53.46
50m: 33.75 33.75	150m: 1:49.15 37.70	250m: 3:03.99 36.99	350m: 4:18.30 37.07
100m: 1:11.45 37.70	200m: 2:27.00 37.85	300m: 3:41.23 37.24	400m: 4:53.46 35.16
2. Isis Sousa, SEVERINO	02	Louletano / Loule Concelho	5:04.11
50m: 33.53 33.53	150m: 1:48.84 37.57	250m: 3:05.32 38.39	350m: 4:24.81 40.30
100m: 1:11.27 37.74	200m: 2:26.93 38.09	300m: 3:44.51 39.19	400m: 5:04.11 39.30
3. Sofia Cruz, MENDES	02	Louletano / Loule Concelho	6:22.56
50m: 40.24 40.24	150m: 2:15.78 48.66	250m: 3:54.45 49.86	350m: 5:34.21 49.52
100m: 1:27.12 46.88	200m: 3:04.59 48.81	300m: 4:44.69 50.24	400m: 6:22.56 48.35

Seniores

1. Rita Guedes, MOREIRA	00	Louletano / Loule Concelho	4:56.16
50m: 34.51 34.51	150m: 1:47.90 36.67	250m: 3:02.53 37.38	350m: 4:17.99 37.85
100m: 1:11.23 36.72	200m: 2:25.15 37.25	300m: 3:40.14 37.61	400m: 4:56.16 38.17