

Torneio de Abertura de Juv. Jun. e Sen.
Tavira , 15-10-2017

Prova 32 Masc., 400m Estilos 15 anos e mais velhos
15-10-2017 - 17:30 Resultados

Recorde Regional Absoluto	4:22.94	Nuno Goncalo, QUINTANILHA	POR	Sines	21-12-2008
Recorde Regional Juv. B	4:40.24	Tiago Miguel, VILHENA	POR	Setubal	04-12-2015
Recorde Regional Juv. A	4:40.70	Tiago Miguel, VILHENA	POR	Guarda	02-12-2016
Recorde Regional Jun. 1	4:40.33	Hugo Cascais, RODRIGUES	POR	Tomar	09-12-2005
Recorde Regional Jun. 2	4:33.99	Hugo Cascais, RODRIGUES	POR	Tavira	19-11-2006
Recorde Regional Sen	4:22.94	Nuno Goncalo, QUINTANILHA	POR	Sines	21-12-2008

Pontos: FINA 2016

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. Joao Martins, CRISTINA	03 Louletano / Loule Concelho	5:14.17	421
50m: 33.80 33.80	150m: 1:55.30 41.91	250m: 3:19.84 43.92	350m: 4:41.75 36.62
100m: 1:13.39 39.59	200m: 2:35.92 40.62	300m: 4:05.13 45.29	400m: 5:14.17 32.42
2. Alexandre Afonso, COSTA	03 Louletano / Loule Concelho	5:36.29	343
50m: 36.45 36.45	150m: 2:03.04 43.82	250m: 3:34.82 49.43	350m:
100m: 1:19.22 42.77	200m: 2:45.39 42.35	300m: 4:22.43 47.61	400m: 5:36.29
3. Dario, ENGELEN	03 Louletano / Loule Concelho	5:43.32	322
50m: 37.10 37.10	150m: 2:09.52 47.09	250m: 3:39.54 46.24	350m: 5:06.08 38.72
100m: 1:22.43 45.33	200m: 2:53.30 43.78	300m: 4:27.36 47.82	400m: 5:43.32 37.24
DSQ Volodymyr, LAPSHYN	03 Nautico do Guadiana		
<i>B10 - Efectuou batimento alternado de pernas durante o percurso (SW 7.4), de bruços</i>			

Juvenis A

1. Francisco Martins, CHAVEIRO	02 Portinado	5:35.03	347
50m: 37.07 37.07	150m: 2:03.66 41.86	250m: 3:30.14 45.92	350m: 4:58.02 41.33
100m: 1:21.80 44.73	200m: 2:44.22 40.56	300m: 4:16.69 46.55	400m: 5:35.03 37.01
2. Alexandre Joao, JURCA	02 Tavira Natacao	5:47.22	312
50m: 39.37 39.37	150m: 2:12.73 45.97	250m: 3:44.57 47.66	350m: 5:10.59 38.53
100m: 1:26.76 47.39	200m: 2:56.91 44.18	300m: 4:32.06 47.49	400m: 5:47.22 36.63
3. Filipe Cavaco, GUERREIRO	02 Louletano / Loule Concelho	6:08.77	260
50m: 38.69 38.69	150m: 2:13.23 47.47	250m: 3:55.20 54.77	350m: 5:29.84 38.62
100m: 1:25.76 47.07	200m: 3:00.43 47.20	300m: 4:51.22 56.02	400m: 6:08.77 38.93

Juniores

1. Claudio Alexandre, RODRIGUES	00 Louletano / Loule Concelho	5:00.98	479
50m: 31.07 31.07	150m: 1:45.67 38.27	250m: 3:07.43 44.38	350m: 4:27.79 35.19
100m: 1:07.40 36.33	200m: 2:23.05 37.38	300m: 3:52.60 45.17	400m: 5:00.98 33.19
2. Alexandre Teixeira, MARCOS	00 Louletano / Loule Concelho	5:13.76	422
50m: 31.60 31.60	150m: 1:51.46 42.04	250m: 3:16.06 44.60	350m: 4:40.48 37.31
100m: 1:09.42 37.82	200m: 2:31.46 40.00	300m: 4:03.17 47.11	400m: 5:13.76 33.28
3. Tiago Alexandre, BRANCO	00 Louletano / Loule Concelho	5:32.02	356
50m: 34.86 34.86	150m: 2:03.52 44.71	250m: 3:31.41 44.84	350m: 4:55.10 37.76
100m: 1:18.81 43.95	200m: 2:46.57 43.05	300m: 4:17.34 45.93	400m: 5:32.02 36.92
4. Diogo Miguel, VALADARES	01 Tavira Natacao	5:35.25	346
50m: 37.90 37.90	150m: 2:07.04 44.90	250m: 3:36.92 47.30	350m: 5:02.53 37.63
100m: 1:22.14 44.24	200m: 2:49.62 42.58	300m: 4:24.90 47.98	400m: 5:35.25 32.72
5. Pedro Miguel, SILVA	00 Louletano / Loule Concelho	5:58.26	284
50m: 36.80 36.80	150m: 2:12.11 48.16	250m: 3:47.87 48.23	350m: 5:18.46 39.58
100m: 1:23.95 47.15	200m: 2:59.64 47.53	300m: 4:38.88 51.01	400m: 5:58.26 39.80

Prova 32, Masc., 400m Estilos

Seniores

DSQ Bruno Coriel, FERNANDES 99 Tavira Natacao
C32 - Não fez movimento contínuo na viragem aos, 125m