

Torneio Olimpico
Lagos , 3- - 4-2-2018

Prova 1 Masc., 400m Livres 13 anos e mais velhos
03-02-2018 - 15:30 Resultados

Recorde Regional Absoluto	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002
Recorde Regional Inf. B	4:37.22	Jose Miguel, RODEIA	POR	Sines	08-04-2017
Recorde Regional Inf. A	4:19.82	Joao Duarte, SANTOS	POR	Pinhal Novo	07-03-2009
Recorde Regional Juv. B	4:09.85	Tiago Miguel, VILHENA	POR	Setubal	05-12-2015
Recorde Regional Juv. A	4:10.23	Tiago Miguel, VILHENA	POR	Abrantes	04-03-2017
Recorde Regional Jun. 1	4:05.34	Joao Duarte, SANTOS	POR	Silves	03-12-2011
Recorde Regional Jun. 2	4:01.65	Joao Duarte, SANTOS	POR	S. Antonio Cavaleiros	21-12-2012
Recorde Regional Sen	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
Infantis B					
1. Jose Pedro, PIRES	05	Louletano / Loule Concelho	5:07.56	328	
50m: 35.24 35.24	150m: 1:53.91 39.47	250m: 3:12.65 39.31	350m: 4:31.12 39.11		
100m: 1:14.44 39.20	200m: 2:33.34 39.43	300m: 3:52.01 39.36	400m: 5:07.56 36.44		
2. João Gonçalves, MADEIRA	05	Nautico do Guadiana	5:09.44	322	
50m: 36.88 36.88	150m: 1:54.91 38.73	250m: 3:13.52 39.80	350m: 4:32.05 39.00		
100m: 1:16.18 39.30	200m: 2:33.72 38.81	300m: 3:53.05 39.53	400m: 5:09.44 37.39		
3. João Daniel, RICARDO	05	Beja	5:16.04	302	
50m: 35.06 35.06	150m: 1:56.95 41.49	250m: 3:16.36 39.47	350m: 4:36.62 40.47		
100m: 1:15.46 40.40	200m: 2:36.89 39.94	300m: 3:56.15 39.79	400m: 5:16.04 39.42		
4. Artur, BONANCA	05	Natação de Faro	5:21.08	288	
50m: 35.87 35.87	150m: 1:57.18 41.19	250m: 3:20.82 41.86	350m: 4:42.43 40.55		
100m: 1:15.99 40.12	200m: 2:38.96 41.78	300m: 4:01.88 41.06	400m: 5:21.08 38.65		
5. Ruben Miguel, GONCALVES	05	Louletano / Loule Concelho	5:29.08	268	
50m: 36.72 36.72	150m: 2:02.18 43.04	250m: 3:26.12 41.76	350m: 4:49.11 40.87		
100m: 1:19.14 42.42	200m: 2:44.36 42.18	300m: 4:08.24 42.12	400m: 5:29.08 39.97		
6. Miguel Cano, CAEIRO	05	Beja	5:32.49	260	
50m: 36.70 36.70	150m: 2:00.50 42.19	250m: 3:26.16 42.74	350m: 4:50.96 41.94		
100m: 1:18.31 41.61	200m: 2:43.42 42.92	300m: 4:09.02 42.86	400m: 5:32.49 41.53		
7. André Marques, GONÇALVES	05	Beja	5:44.76	233	
50m: 37.75 37.75	150m: 2:03.53 43.97	250m: 3:32.62 44.68	350m: 5:02.32 44.24		
100m: 1:19.56 41.81	200m: 2:47.94 44.41	300m: 4:18.08 45.46	400m: 5:44.76 42.44		
8. Alexandre Rocha, ROSARIO	05	Louletano / Loule Concelho	5:47.12	228	
50m: 37.36 37.36	150m: 2:06.85 45.37	250m: 3:37.50 45.62	350m: 5:07.50 45.03		
100m: 1:21.48 44.12	200m: 2:51.88 45.03	300m: 4:22.47 44.97	400m: 5:47.12 39.62		
9. Bruno Gonçalves, HORTA	05	Nautico do Guadiana	5:47.61	227	
50m: 35.71 35.71	150m: 2:02.33 44.68	250m: 3:33.40 45.38	350m: 5:05.52 46.03		
100m: 1:17.65 41.94	200m: 2:48.02 45.69	300m: 4:19.49 46.09	400m: 5:47.61 42.09		
10. Pablo Sauval, GONCALVES	05	Natacao Olhao	5:48.15	226	
50m: 37.35 37.35	150m: 2:06.37 45.27	250m: 3:36.79 45.68	350m: 5:07.18 44.59		
100m: 1:21.10 43.75	200m: 2:51.11 44.74	300m: 4:22.59 45.80	400m: 5:48.15 40.97		
11. Goncalo Miguel, SOUSA	05	Natacao Olhao	5:48.62	225	
50m: 40.15 40.15	150m: 2:53.56	250m: 350m:	400m: 5:48.62		
100m: 1:24.46 44.31	200m: 2:53.56	300m: 400m:			
12. Hugo Miguel, INÁCIO	05	Beja	5:51.27	220	
50m: 40.65 40.65	150m: 2:11.93 46.35	250m: 3:42.66 45.38	350m: 5:11.27 42.85		
100m: 1:25.58 44.93	200m: 2:57.28 45.35	300m: 4:28.42 45.76	400m: 5:51.27 40.00		
13. Tiago Minghelli, MACHADO	05	Portinado	5:55.36	213	
50m: 41.51 41.51	150m: 2:13.44 45.56	250m: 3:45.40 45.89	350m: 5:12.78 43.28		
100m: 1:27.88 46.37	200m: 2:59.51 46.07	300m: 4:29.50 44.10	400m: 5:55.36 42.58		

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Prova 1, Masc., 400m Livres, Infantis B

Lugar			Ano					Tempo final	Pts		
14.	Daniel, BRINZA		05	Portinado				5:56.10	211		
	50m:	39.63 39.63	150m:	2:10.93	46.42	250m:	3:44.44	46.83	350m:	5:13.07	41.81
	100m:	1:24.51 44.88	200m:	2:57.61	46.68	300m:	4:31.26	46.82	400m:	5:56.10	43.03
15.	Vicente Henrique, VAZ		05	Natacao Olhao				6:00.02	204		
	50m:	39.33 39.33	150m:	2:09.40	45.08	250m:	3:41.61	45.75	350m:	5:15.05	47.32
	100m:	1:24.32 44.99	200m:	2:55.86	46.46	300m:	4:27.73	46.12	400m:	6:00.02	44.97
16.	André Dias, ROLLA		05	Nautico do Guadiana				6:01.70	202		
	50m:	40.81 40.81	150m:	2:11.79	45.85	250m:	3:44.82	47.12	350m:	5:17.04	46.68
	100m:	1:25.94 45.13	200m:	2:57.70	45.91	300m:	4:30.36	45.54	400m:	6:01.70	44.66
17.	Artur Marreiros, AZEVEDO		05	Lagoa AC				6:02.18	201		
	50m:	38.15 38.15	150m:			250m:			350m:		
	100m:	1:22.62 44.47	200m:	2:56.59		300m:			400m:	6:02.18	
18.	João Pedro, BAIOA		05	Beja				6:03.48	199		
	50m:	40.04 40.04	150m:	2:12.66	46.59	250m:	3:46.11	47.00	350m:	5:20.95	46.77
	100m:	1:26.07 46.03	200m:	2:59.11	46.45	300m:	4:34.18	48.07	400m:	6:03.48	42.53
19.	Miguel Vaz, CAIXINHA		05	Beja				6:04.58	197		
	50m:	40.89 40.89	150m:	2:14.46	47.32	250m:	3:48.36	47.42	350m:	5:21.17	46.18
	100m:	1:27.14 46.25	200m:	3:00.94	46.48	300m:	4:34.99	46.63	400m:	6:04.58	43.41
20.	Pedro Marques, GONÇALVES		05	Beja				6:05.66	195		
	50m:	39.95 39.95	150m:	2:14.41	47.77	250m:	3:51.96	48.70	350m:	5:25.63	46.45
	100m:	1:26.64 46.69	200m:	3:03.26	48.85	300m:	4:39.18	47.22	400m:	6:05.66	40.03
21.	Salvador Vargas, VELOSA		05	Tavira Natacao				6:21.98	171		
	50m:	40.59 40.59	150m:	2:17.52	49.24	250m:	3:57.78	49.97	350m:	5:36.72	48.65
	100m:	1:28.28 47.69	200m:	3:07.81	50.29	300m:	4:48.07	50.29	400m:	6:21.98	45.26
22.	Gabriel Correia, SANTOS		05	Natacao de Lagos				6:58.38	130		
	50m:	40.30 40.30	150m:	2:26.60	56.09	250m:	4:17.54	56.19	350m:	6:06.52	53.51
	100m:	1:30.51 50.21	200m:	3:21.35	54.75	300m:	5:13.01	55.47	400m:	6:58.38	51.86
23.	Gabriel Guerreiro, AFONSO		05	Tavira Natacao				7:00.21	128		
	50m:	43.28 43.28	150m:	2:28.28	52.87	250m:	4:16.56	55.94	350m:	6:06.94	56.09
	100m:	1:35.41 52.13	200m:	3:20.62	52.34	300m:	5:10.85	54.29	400m:	7:00.21	53.27

Infantis A

1.	Jose Miguel, RODEIA		04	Natação de Faro				4:31.45	478		
	50m:	30.99 30.99	150m:	1:37.92	33.75	250m:	2:46.72	34.67	350m:	3:57.61	35.50
	100m:	1:04.17 33.18	200m:	2:12.05	34.13	300m:	3:22.11	35.39	400m:	4:31.45	33.84
2.	Angelo Miranda, NASCIMENTO		04	Natacao Olhao				4:34.99	459		
	50m:	31.14 31.14	150m:	1:39.46	34.53	250m:	2:50.33	35.51	350m:	4:01.01	34.84
	100m:	1:04.93 33.79	200m:	2:14.82	35.36	300m:	3:26.17	35.84	400m:	4:34.99	33.98
3.	Guilherme Sousa, GOMES		04	Aquatico Silves				4:51.25	387		
	50m:	30.65 30.65	150m:	1:43.13	37.23	250m:	2:58.09	37.77	350m:	4:14.21	37.87
	100m:	1:05.90 35.25	200m:	2:20.32	37.19	300m:	3:36.34	38.25	400m:	4:51.25	37.04
4.	Alexandre Moreira, FARIAS		04	Louletano / Loule Concelho				4:58.39	359		
	50m:	31.71 31.71	150m:	1:48.78	39.61	250m:	3:06.05	38.50	350m:	4:22.88	38.27
	100m:	1:09.17 37.46	200m:	2:27.55	38.77	300m:	3:44.61	38.56	400m:	4:58.39	35.51
5.	Daniel Alexandre, SILVA		04	Natacao Olhao				4:59.09	357		
	50m:	33.01 33.01	150m:	1:48.15	38.71	250m:	3:05.85	38.84	350m:	4:22.72	38.30
	100m:	1:09.44 36.43	200m:	2:27.01	38.86	300m:	3:44.42	38.57	400m:	4:59.09	36.37
6.	Ruben Filipe, FRANCISCO		04	Portinado				5:02.19	346		
	50m:	32.73 32.73	150m:	1:48.49	38.37	250m:	3:06.22	38.64	350m:	4:25.00	39.06
	100m:	1:10.12 37.39	200m:	2:27.58	39.09	300m:	3:45.94	39.72	400m:	5:02.19	37.19

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Prova 1, Masc., 400m Livres, Infantis A

Lugar			Ano					Tempo final	Pts		
7.	Tiago Miguel, VICENTE		04	Aquatico Silves				5:02.68	344		
	50m:	33.29 33.29	150m:	1:49.97	39.07	250m:	3:08.02	39.30	350m:	4:25.41	38.19
	100m:	1:10.90 37.61	200m:	2:28.72	38.75	300m:	3:47.22	39.20	400m:	5:02.68	37.27
8.	Miguel Salomao, TRISTAO		04	Portinado				5:03.71	341		
	50m:	32.18 32.18	150m:	1:47.68	38.53	250m:	3:05.37	39.22	350m:	4:24.65	40.00
	100m:	1:09.15 36.97	200m:	2:26.15	38.47	300m:	3:44.65	39.28	400m:	5:03.71	39.06
9.	Bruno Daniel, JESUS		04	Natacao Olhao				5:09.26	323		
	50m:	35.06 35.06	150m:	1:52.31	39.13	250m:	3:11.18	39.68	350m:	4:30.25	38.97
	100m:	1:13.18 38.12	200m:	2:31.50	39.19	300m:	3:51.28	40.10	400m:	5:09.26	39.01
10.	Martim Rodrigues, AFONSO		04	Aquatico Silves				5:09.32	323		
	50m:	33.86 33.86	150m:	1:52.86	40.05	250m:	3:13.29	40.52	350m:	4:32.89	39.75
	100m:	1:12.81 38.95	200m:	2:32.77	39.91	300m:	3:53.14	39.85	400m:	5:09.32	36.43
11.	Rui Lopes, GONCALVES		04	Natação de Faro				5:13.29	310		
	50m:	33.98 33.98	150m:	1:49.78	38.61	250m:	3:09.86	40.43	350m:	4:32.85	41.49
	100m:	1:11.17 37.19	200m:	2:29.43	39.65	300m:	3:51.36	41.50	400m:	5:13.29	40.44
12.	Afonso Marreiros, GLORIA		04	Lagoa AC				5:14.01	308		
	50m:	32.44 32.44	150m:	1:49.82	39.88	250m:	3:13.19	41.81	350m:	4:35.44	40.65
	100m:	1:09.94 37.50	200m:	2:31.38	41.56	300m:	3:54.79	41.60	400m:	5:14.01	38.57
13.	Guilherme Antonio, SILVA		04	Aquatico Silves				5:15.19	305		
	50m:	32.19 32.19	150m:	1:50.31	40.18	250m:	3:12.12	41.58	350m:	4:34.97	41.01
	100m:	1:10.13 37.94	200m:	2:30.54	40.23	300m:	3:53.96	41.84	400m:	5:15.19	40.22
14.	Vasco André, SANTOS		04	Natacao de Lagos				5:19.05	294		
	50m:	37.56 37.56	150m:	1:59.24	41.49	250m:	3:21.00	40.90	350m:	4:42.99	40.91
	100m:	1:17.75 40.19	200m:	2:40.10	40.86	300m:	4:02.08	41.08	400m:	5:19.05	36.06
15.	Henrique Silva, REBELO		04	Louletano / Loule Concelho				5:23.06	283		
	50m:	35.52 35.52	150m:	1:56.11	41.24	250m:	3:19.50	42.25	350m:	4:43.37	41.53
	100m:	1:14.87 39.35	200m:	2:37.25	41.14	300m:	4:01.84	42.34	400m:	5:23.06	39.69
16.	Tiago Trigg, BARRADAS		04	Portinado				5:28.26	270		
	50m:	35.16 35.16	150m:	1:58.00	41.72	250m:	3:22.06	42.27	350m:	4:46.98	42.38
	100m:	1:16.28 41.12	200m:	2:39.79	41.79	300m:	4:04.60	42.54	400m:	5:28.26	41.28
17.	Afonso Miguel, SILVA		04	Natação de Faro				5:35.40	253		
	50m:	35.20 35.20	150m:	1:57.46	42.69	250m:	3:26.12	45.19	350m:	4:53.65	44.13
	100m:	1:14.77 39.57	200m:	2:40.93	43.47	300m:	4:09.52	43.40	400m:	5:35.40	41.75
18.	Goncalo Romao, GUERREIRO		04	Louletano / Loule Concelho				5:37.56	248		
	50m:	37.92 37.92	150m:	2:02.88	42.69	250m:	3:28.18	42.93	350m:	4:53.73	43.03
	100m:	1:20.19 42.27	200m:	2:45.25	42.37	300m:	4:10.70	42.52	400m:	5:37.56	43.83
19.	Pedro Henrique, GUERREIRO		04	Beja				5:52.32	218		
	50m:	37.89 37.89	150m:	2:05.56	45.37	250m:	3:37.58	46.03	350m:	5:10.10	46.83
	100m:	1:20.19 42.30	200m:	2:51.55	45.99	300m:	4:23.27	45.69	400m:	5:52.32	42.22
20.	Goncalo Schneider, DIOGO		04	Natação de Faro				5:53.21	216		
	50m:	37.60 37.60	150m:	2:02.26	43.55	250m:	3:33.98	51.77	350m:	5:08.48	47.28
	100m:	1:18.71 41.11	200m:	2:42.21	39.95	300m:	4:21.20	47.22	400m:	5:53.21	44.73
21.	Diogo Xavier, SILVA		04	Natacao Olhao				5:59.20	206		
	50m:	38.23 38.23	150m:	2:08.58	45.97	250m:	3:42.58	47.22	350m:	5:16.05	
	100m:	1:22.61 44.38	200m:	2:55.36	46.78	300m:			400m:	5:59.20	43.15
22.	Ruben Luis, GUERREIRO		04	Portinado				6:06.16	194		
	50m:	40.08 40.08	150m:	2:13.50	47.75	250m:	3:49.41	48.17	350m:	5:24.35	47.63
	100m:	1:25.75 45.67	200m:	3:01.24	47.74	300m:	4:36.72	47.31	400m:	6:06.16	41.81
23.	Pedro Encarnação, SANTOS		04	FC Ferreiras				7:00.61	128		
	50m:	46.52 46.52	150m:	2:29.06	52.73	250m:	4:20.40	54.94	350m:	6:09.79	53.48
	100m:	1:36.33 49.81	200m:	3:25.46	56.40	300m:	5:16.31	55.91	400m:	7:00.61	50.82

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Prova 1, Masc., 400m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
DSQ Eduardo Figueira, FERNANDES <i>G1 - Efectuou falsa partida (SW 4.4)</i>	04 Beja		

Juvenis B

1. Pedro Miguel, BOAVIDA	03	Natacao Olhao	4:39.13	439	
50m: 31.21 31.21	150m: 1:41.84	35.57 250m: 2:52.74	35.28	350m: 4:03.78	35.84
100m: 1:06.27 35.06	200m: 2:17.46	35.62 300m: 3:27.94	35.20	400m: 4:39.13	35.35
2. Pedro Pereira, CRUZ	03	Natacao Olhao	4:39.29	438	
50m: 32.12 32.12	150m: 1:41.11	34.79 250m: 2:52.14	35.68	350m: 4:04.14	35.94
100m: 1:06.32 34.20	200m: 2:16.46	35.35 300m: 3:28.20	36.06	400m: 4:39.29	35.15
3. Martinus Almeida, BOOM	03	Natação de Faro	4:42.76	422	
50m: 32.31 32.31	150m: 1:43.19	35.71 250m: 2:55.35	36.05	350m: 4:07.91	36.33
100m: 1:07.48 35.17	200m: 2:19.30	36.11 300m: 3:31.58	36.23	400m: 4:42.76	34.85
4. Joao Pedro, CARRASCO	03	Portinado	4:42.86	422	
50m: 29.99 29.99	150m: 1:40.14	36.06 250m: 2:52.91	36.64	350m: 4:06.45	36.61
100m: 1:04.08 34.09	200m: 2:16.27	36.13 300m: 3:29.84	36.93	400m: 4:42.86	36.41
5. Joao Martins, CRISTINA	03	Louletano / Loule Concelho	4:45.40	411	
50m: 32.18 32.18	150m: 1:43.15	35.81 250m: 2:56.00	36.41	350m: 4:10.18	37.18
100m: 1:07.34 35.16	200m: 2:19.59	36.44 300m: 3:33.00	37.00	400m: 4:45.40	35.22
6. Alexandre Afonso, COSTA	03	Louletano / Loule Concelho	4:50.85	388	
50m: 31.53 31.53	150m: 1:43.03	36.28 250m: 2:57.16	37.31	350m: 4:13.06	38.06
100m: 1:06.75 35.22	200m: 2:19.85	36.82 300m: 3:35.00	37.84	400m: 4:50.85	37.79
7. Dario, ENGELEN	03	Louletano / Loule Concelho	4:55.96	368	
50m: 31.85 31.85	150m: 1:44.94	37.31 250m: 3:01.35	38.38	350m: 4:17.66	38.10
100m: 1:07.63 35.78	200m: 2:22.97	38.03 300m: 3:39.56	38.21	400m: 4:55.96	38.30
8. Goncalo Quelhas, GUIOMAR	03	Tavira Natacao	4:57.50	363	
50m: 30.46 30.46	150m: 1:43.16	36.58 250m: 3:00.24	38.46	350m: 4:18.68	39.19
100m: 1:06.58 36.12	200m: 2:21.78	38.62 300m: 3:39.49	39.25	400m: 4:57.50	38.82
9. Miguel Alexandre, SANTOS	03	Naval de Faro	5:04.01	340	
50m: 33.74 33.74	150m: 1:47.98	37.65 250m: 3:06.38	39.65	350m: 4:25.37	40.01
100m: 1:10.33 36.59	200m: 2:26.73	38.75 300m: 3:45.36	38.98	400m: 5:04.01	38.64
10. Volodymyr, LAPSHYN	03	Nautico do Guadiana	5:17.92	297	
50m: 35.89 35.89	150m: 1:53.91	39.74 250m: 3:14.64	40.31	350m: 4:36.50	40.86
100m: 1:14.17 38.28	200m: 2:34.33	40.42 300m: 3:55.64	41.00	400m: 5:17.92	41.42
11. Henrique Saraiva, PEREIRA	03	Portinado	5:18.01	297	
50m: 32.20 32.20	150m: 1:53.18	41.28 250m: 3:17.00	42.04	350m: 4:40.80	41.70
100m: 1:11.90 39.70	200m: 2:34.96	41.78 300m: 3:59.10	42.10	400m: 5:18.01	37.21
12. Jose Joao, ANTUNES	03	FC Ferreiras	5:22.62	284	
50m: 34.00 34.00	150m: 1:54.62	41.48 250m: 3:18.07	41.84	350m: 4:42.20	42.14
100m: 1:13.14 39.14	200m: 2:36.23	41.61 300m: 4:00.06	41.99	400m: 5:22.62	40.42
13. Gustavo Calapez, GANHAO	03	Portinado	5:24.90	278	
50m: 32.31 32.31	150m: 1:51.26	41.09 250m: 3:17.62	43.32	350m: 4:44.75	43.08
100m: 1:10.17 37.86	200m: 2:34.30	43.04 300m: 4:01.67	44.05	400m: 5:24.90	40.15
14. Rafael Candeias, MATIAS	03	Natacao de Lagos	5:25.12	278	
50m: 35.00 35.00	150m: 1:57.53	41.97 250m: 3:21.84	42.28	350m: 4:46.06	41.97
100m: 1:15.56 40.56	200m: 2:39.56	42.03 300m: 4:04.09	42.25	400m: 5:25.12	39.06
15. Vasco Nunes, DIOGO	03	Natação de Faro	5:35.49	253	
50m: 35.56 35.56	150m: 1:58.72	42.58 250m: 3:25.89	43.55	350m: 4:54.11	44.15
100m: 1:16.14 40.58	200m: 2:42.34	43.62 300m: 4:09.96	44.07	400m: 5:35.49	41.38

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Prova 1, Masc., 400m Livres, Juvenis B

Lugar	Ano	Tempo final	Pts
16. Luis Pedro, RAPOSO	03 Beja	5:37.18	249
50m: 36.93 36.93 150m: 250m:		350m:	
100m: 1:17.81 40.88 200m: 2:43.81		400m: 5:37.18	
17. Guilherme Dias, CARDOSO	03 FC Ferreiras	6:00.93	203
50m: 40.36 40.36 150m: 2:10.99 45.77 250m: 3:44.92 47.20 350m: 5:19.64 1:47.55		400m: 6:00.93 41.29	
100m: 1:25.22 44.86 200m: 2:57.72 46.73 300m: 3:32.09			
18. Alexandre Miguel, TEIXEIRA	03 Beja	6:41.78	147
50m: 38.42 38.42 150m: 250m:		350m:	
100m: 1:24.26 45.84 200m: 3:02.19		400m: 6:41.78	
DSQ Afonso Gomes, MESTRE	03 Tavira Natacao		
<i>G28 - Desistiu</i>			

Juvenis A

1. Hugo Miguel, VIEGAS	02 Natacao Olhao	4:21.83	532
50m: 30.20 30.20 150m: 1:37.29 33.89 250m: 2:44.68 33.34 350m: 3:50.49 32.25		400m: 4:21.83 31.34	
100m: 1:03.40 33.20 200m: 2:11.34 34.05 300m: 3:18.24 33.56			
2. Diogo Martins, SANTOS	02 Portinado	4:28.57	493
50m: 29.45 29.45 150m: 1:36.54 34.25 250m: 2:45.14 34.32 350m: 3:54.11 34.84		400m: 4:28.57 34.46	
100m: 1:02.29 32.84 200m: 2:10.82 34.28 300m: 3:19.27 34.13			
3. Tomas Galvao, LOURENCO	02 Natacao Olhao	4:30.15	484
50m: 29.76 29.76 150m: 1:37.48 34.25 250m: 2:46.34 34.62 350m: 3:56.02 34.60		400m: 4:30.15 34.13	
100m: 1:03.23 33.47 200m: 2:11.72 34.24 300m: 3:21.42 35.08			
4. Ricardo Jorge, JOSE	02 Colegio Bernardette Romeira	4:36.26	453
50m: 31.01 31.01 150m: 1:41.39 35.53 250m: 2:51.64 34.95 350m: 4:02.79 35.62		400m: 4:36.26 33.47	
100m: 1:05.86 34.85 200m: 2:16.69 35.30 300m: 3:27.17 35.53			
5. Diogo Sousa, GOMES	02 Portinado	4:39.55	437
50m: 30.89 30.89 150m: 1:41.27 35.39 250m: 2:53.08 36.06 350m: 4:05.81 36.32		400m: 4:39.55 33.74	
100m: 1:05.88 34.99 200m: 2:17.02 35.75 300m: 3:29.49 36.41			
6. Gabriel Carmo, CENTEIO	02 Portinado	4:43.75	418
50m: 30.03 30.03 150m: 1:41.31 36.43 250m: 2:53.65 36.18 350m: 4:07.77 37.36		400m: 4:43.75 35.98	
100m: 1:04.88 34.85 200m: 2:17.47 36.16 300m: 3:30.41 36.76			
7. Francisco Martins, CHAVEIRO	02 Portinado	4:52.67	381
50m: 32.84 32.84 150m: 1:47.30 37.90 250m: 3:01.51 36.77 350m: 4:15.58 37.59		400m: 4:52.67 37.09	
100m: 1:09.40 36.56 200m: 2:24.74 37.44 300m: 3:37.99 36.48			
8. Duarte Nunes, SEQUEIRA	02 Natacao de Lagos	4:55.59	370
50m: 30.91 30.91 150m: 1:43.40 37.26 250m: 2:59.52 38.38 350m: 4:17.30 38.68		400m: 4:55.59 38.29	
100m: 1:06.14 35.23 200m: 2:21.14 37.74 300m: 3:38.62 39.10			
9. Joao Fernandes, FARINHA	02 Lagoa AC	4:58.41	359
50m: 31.84 31.84 150m: 1:45.52 38.07 250m: 3:02.98 38.88 350m: 4:20.80 39.19		400m: 4:58.41 37.61	
100m: 1:07.45 35.61 200m: 2:24.10 38.58 300m: 3:41.61 38.63			
10. Alexandre Joao, JURCA	02 Tavira Natacao	4:58.80	358
50m: 32.19 32.19 150m: 1:46.60 37.92 250m: 3:03.39 38.33 350m: 4:20.23 38.93		400m: 4:58.80 38.57	
100m: 1:08.68 36.49 200m: 2:25.06 38.46 300m: 3:41.30 37.91			
11. Rafael Matias, ALMEIDA	02 Portinado	5:00.96	350
50m: 31.81 31.81 150m: 1:45.34 37.41 250m: 3:03.25 38.91 350m: 4:22.46 39.37		400m: 5:00.96 38.50	
100m: 1:07.93 36.12 200m: 2:24.34 39.00 300m: 3:43.09 39.84			
12. Leandro Dinis, FONSECA	02 Portinado	5:06.15	333
50m: 31.96 31.96 150m: 250m:		350m:	
100m: 1:09.03 37.07 200m: 2:27.15		400m: 5:06.15	

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Prova 1, Masc., 400m Livres, Juvenis A

Lugar	Nome		Ano	Clube		Tempo final				Pts		
13.	Diogo Marreiros, AZEVEDO		02	Lagoa AC		5:06.87				330		
	50m:	32.66	32.66	150m:	1:48.15	38.74	250m:	3:06.91	39.59	350m:	4:27.42	40.14
	100m:	1:09.41	36.75	200m:	2:27.32	39.17	300m:	3:47.28	40.37	400m:	5:06.87	39.45
14.	Nuno Pascoa, RIBEIRO		02	Tavira Natacao		5:07.61				328		
	50m:	34.07	34.07	150m:	1:50.56	38.47	250m:	3:08.32	39.12	350m:	4:28.76	40.61
	100m:	1:12.09	38.02	200m:	2:29.20	38.64	300m:	3:48.15	39.83	400m:	5:07.61	38.85
15.	Joao Pereira, HERMINIO		02	Colegio Bernardette Romeira		5:19.46				293		
	50m:	34.34	34.34	150m:	1:52.46	40.28	250m:	3:15.41	42.13	350m:	4:37.75	41.41
	100m:	1:12.18	37.84	200m:	2:33.28	40.82	300m:	3:56.34	40.93	400m:	5:19.46	41.71
16.	Ricardo Jorge, BORGES		02	Colegio Bernardette Romeira		5:24.73				279		
	50m:	32.20	32.20	150m:	1:52.48	41.65	250m:	3:17.16	41.74	350m:	4:43.45	36.85
	100m:	1:10.83	38.63	200m:	2:35.42	42.94	300m:	4:06.60	49.44	400m:	5:24.73	41.28
17.	Ricardo Daniel, JOSE		02	Colegio Bernardette Romeira		5:26.12				275		
	50m:	35.31	35.31	150m:	1:56.21	41.69	250m:	3:19.94	41.57	350m:	4:45.28	42.53
	100m:	1:14.52	39.21	200m:	2:38.37	42.16	300m:	4:02.75	42.81	400m:	5:26.12	40.84
18.	João Francisco, CORREIA		02	FC Ferreiras		5:49.31				224		
	50m:	38.40	38.40	150m:			250m:			350m:		
	100m:	1:22.25	43.85	200m:	2:52.59		300m:			400m:	5:49.31	

Juniores

1.	Goncalo Duarte, SANTOS		00	Natação de Faro		4:13.25				588		
	50m:	29.17	29.17	150m:	1:32.24	31.78	250m:	2:35.85	31.73	350m:	3:40.80	32.56
	100m:	1:00.46	31.29	200m:	2:04.12	31.88	300m:	3:08.24	32.39	400m:	4:13.25	32.45
2.	Tiago Vila, NOVA		00	Portinado		4:21.86				532		
	50m:	28.65	28.65	150m:	1:33.81	33.13	250m:	2:41.59	33.94	350m:	3:50.68	34.72
	100m:	1:00.68	32.03	200m:	2:07.65	33.84	300m:	3:15.96	34.37	400m:	4:21.86	31.18
3.	Miguel Duarte, PEREIRA		00	Natacao Olhao		4:22.44				528		
	50m:	30.80	30.80	150m:	1:37.75	33.86	250m:	2:44.81	33.39	350m:	3:51.38	32.50
	100m:	1:03.89	33.09	200m:	2:11.42	33.67	300m:	3:18.88	34.07	400m:	4:22.44	31.06
4.	Alexandre Teixeira, MARCOS		00	Louletano / Loule Concelho		4:25.96				508		
	50m:	29.90	29.90	150m:	1:37.62	34.81	250m:	2:44.78	33.66	350m:	3:50.62	32.47
	100m:	1:02.81	32.91	200m:	2:11.12	33.50	300m:	3:18.15	33.37	400m:	4:25.96	35.34
5.	Tomas Santos, BARATA		01	Natacao de Lagos		4:27.83				497		
	50m:	28.09	28.09	150m:	1:33.49	33.38	250m:	2:42.18	34.45	350m:	3:53.05	35.63
	100m:	1:00.11	32.02	200m:	2:07.73	34.24	300m:	3:17.42	35.24	400m:	4:27.83	34.78
6.	Joao Pedro, CHAGAS		01	Individual ANALG		4:29.68				487		
	50m:	32.79	32.79	150m:	1:41.91	34.30	250m:	2:49.79	34.11	350m:	3:57.16	33.75
	100m:	1:07.61	34.82	200m:	2:15.68	33.77	300m:	3:23.41	33.62	400m:	4:29.68	32.52
7.	Pedro Pereira, ANDRE		01	Aquatico Silves		4:43.16				421		
	50m:	29.51	29.51	150m:	1:38.65	35.55	250m:	2:51.85	36.66	350m:	4:06.38	37.08
	100m:	1:03.10	33.59	200m:	2:15.19	36.54	300m:	3:29.30	37.45	400m:	4:43.16	36.78
8.	Jaime Aguas, RAIMUNDO		01	Portinado		4:44.57				414		
	50m:	30.68	30.68	150m:	1:41.65	36.46	250m:	2:54.86	36.53	350m:	4:09.50	37.55
	100m:	1:05.19	34.51	200m:	2:18.33	36.68	300m:	3:31.95	37.09	400m:	4:44.57	35.07
9.	Joao Bacalhau, POMBEIRO		00	Natação de Faro		4:47.12				403		
	50m:	30.36	30.36	150m:	1:40.70	35.69	250m:	2:54.98	37.28	350m:	4:10.76	38.08
	100m:	1:05.01	34.65	200m:	2:17.70	37.00	300m:	3:32.68	37.70	400m:	4:47.12	36.36
10.	Artem, VOS MIRKA		00	Aquatico Silves		4:52.97				380		
	50m:	29.72	29.72	150m:	1:40.38	36.34	250m:	2:56.30	38.39	350m:	4:14.62	39.09
	100m:	1:04.04	34.32	200m:	2:17.91	37.53	300m:	3:35.53	39.23	400m:	4:52.97	38.35

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Prova 1, Masc., 400m Livres, Juniores

Lugar	Ano				Tempo final				Pts
11. Antonio, KONDRATENKO	01	Portinado			4:54.63	373			
50m: 28.79 28.79	150m: 1:39.59	36.28	250m: 2:57.47	38.91	350m: 4:15.04	39.51			
100m: 1:03.31 34.52	200m: 2:18.56	38.97	300m: 3:35.53	38.06	400m: 4:54.63	39.59			
12. Jorge Assuncao, OLIVEIRA	01	Portinado			5:02.92	344			
50m: 31.28 31.28	150m: 1:44.62	37.51	250m: 3:02.55	38.72	350m: 4:23.87	41.19			
100m: 1:07.11 35.83	200m: 2:23.83	39.21	300m: 3:42.68	40.13	400m: 5:02.92	39.05			
13. Rodrigo Duarte, PACHECO	00	Natacao de Lagos			5:17.16	299			
50m: 32.84 32.84	150m: 1:50.75	40.10	250m: 3:12.18	41.23	350m: 4:35.97	42.19			
100m: 1:10.65 37.81	200m: 2:30.95	40.20	300m: 3:53.78	41.60	400m: 5:17.16	41.19			
14. João Tiago, RAPOSO	01	Naval de Faro			5:26.10	275			
50m: 31.74 31.74	150m: 1:50.39	40.04	250m: 3:15.42	43.24	350m: 4:42.89	44.16			
100m: 1:10.35 38.61	200m: 2:32.18	41.79	300m: 3:58.73	43.31	400m: 5:26.10	43.21			

Seniores

1. João Rafael, VIANA	99	Natacao de Lagos			4:16.00	569			
50m: 30.24 30.24	150m: 1:33.37	31.46	250m: 2:38.08	32.46	350m: 3:43.87	33.19			
100m: 1:01.91 31.67	200m: 2:05.62	32.25	300m: 3:10.68	32.60	400m: 4:16.00	32.13			
2. David Rodrigues, TRINDADE	99	Natacao Olhao			4:41.32	429			
50m: 31.22 31.22	150m: 1:41.04	35.49	250m: 2:53.51	36.37	350m: 4:05.82	36.16			
100m: 1:05.55 34.33	200m: 2:17.14	36.10	300m: 3:29.66	36.15	400m: 4:41.32	35.50			
3. Guilherme Raposo, REGO	99	Portinado			4:56.50	366			
50m: 31.97 31.97	150m: 1:46.26	37.98	250m: 3:03.62	39.18	350m: 4:19.46	36.56			
100m: 1:08.28 36.31	200m: 2:24.44	38.18	300m: 3:42.90	39.28	400m: 4:56.50	37.04			
4. Hugo Filipe, GORDINHO	98	Natação de Faro			5:02.74	344			
50m: 32.28 32.28	150m: 1:47.60	38.35	250m: 3:05.63	39.31	350m: 4:24.04	39.22			
100m: 1:09.25 36.97	200m: 2:26.32	38.72	300m: 3:44.82	39.19	400m: 5:02.74	38.70			

Absoluto

1. Goncalo Duarte, SANTOS	00	Natação de Faro			4:13.25	588			
50m: 29.17 29.17	150m: 1:32.24	31.78	250m: 2:35.85	31.73	350m: 3:40.80	32.56			
100m: 1:00.46 31.29	200m: 2:04.12	31.88	300m: 3:08.24	32.39	400m: 4:13.25	32.45			
2. João Rafael, VIANA	99	Natacao de Lagos			4:16.00	569			
50m: 30.24 30.24	150m: 1:33.37	31.46	250m: 2:38.08	32.46	350m: 3:43.87	33.19			
100m: 1:01.91 31.67	200m: 2:05.62	32.25	300m: 3:10.68	32.60	400m: 4:16.00	32.13			
3. Tiago Vila, NOVA	00	Portinado			4:21.86	532			
50m: 28.65 28.65	150m: 1:33.81	33.13	250m: 2:41.59	33.94	350m: 3:50.68	34.72			
100m: 1:00.68 32.03	200m: 2:07.65	33.84	300m: 3:15.96	34.37	400m: 4:21.86	31.18			
4. Miguel Duarte, PEREIRA	00	Natacao Olhao			4:22.44	528			
50m: 30.80 30.80	150m: 1:37.75	33.86	250m: 2:44.81	33.39	350m: 3:51.38	32.50			
100m: 1:03.89 33.09	200m: 2:11.42	33.67	300m: 3:18.88	34.07	400m: 4:22.44	31.06			
5. Alexandre Teixeira, MARCOS	00	Louletano / Loule Concelho			4:25.96	508			
50m: 29.90 29.90	150m: 1:37.62	34.81	250m: 2:44.78	33.66	350m: 3:50.62	32.47			
100m: 1:02.81 32.91	200m: 2:11.12	33.50	300m: 3:18.15	33.37	400m: 4:25.96	35.34			
6. Tomas Santos, BARATA	01	Natacao de Lagos			4:27.83	497			
50m: 28.09 28.09	150m: 1:33.49	33.38	250m: 2:42.18	34.45	350m: 3:53.05	35.63			
100m: 1:00.11 32.02	200m: 2:07.73	34.24	300m: 3:17.42	35.24	400m: 4:27.83	34.78			
7. Joao Pedro, CHAGAS	01	Individual ANALG			4:29.68	487			
50m: 32.79 32.79	150m: 1:41.91	34.30	250m: 2:49.79	34.11	350m: 3:57.16	33.75			
100m: 1:07.61 34.82	200m: 2:15.68	33.77	300m: 3:23.41	33.62	400m: 4:29.68	32.52			

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Prova 1, Masc., 400m Livres, Absoluto

Lugar					Ano					Tempo final	Pts	
8.	David Rodrigues, TRINDADE				99	Natacao Olhao				4:41.32	429	
	50m:	31.22	31.22	150m:	1:41.04	35.49	250m:	2:53.51	36.37	350m:	4:05.82	36.16
	100m:	1:05.55	34.33	200m:	2:17.14	36.10	300m:	3:29.66	36.15	400m:	4:41.32	35.50
9.	Pedro Pereira, ANDRE				01	Aquatico Silves				4:43.16	421	
	50m:	29.51	29.51	150m:	1:38.65	35.55	250m:	2:51.85	36.66	350m:	4:06.38	37.08
	100m:	1:03.10	33.59	200m:	2:15.19	36.54	300m:	3:29.30	37.45	400m:	4:43.16	36.78
10.	Jaime Aguas, RAIMUNDO				01	Portinado				4:44.57	414	
	50m:	30.68	30.68	150m:	1:41.65	36.46	250m:	2:54.86	36.53	350m:	4:09.50	37.55
	100m:	1:05.19	34.51	200m:	2:18.33	36.68	300m:	3:31.95	37.09	400m:	4:44.57	35.07
11.	Joao Bacalhau, POMBEIRO				00	Natação de Faro				4:47.12	403	
	50m:	30.36	30.36	150m:	1:40.70	35.69	250m:	2:54.98	37.28	350m:	4:10.76	38.08
	100m:	1:05.01	34.65	200m:	2:17.70	37.00	300m:	3:32.68	37.70	400m:	4:47.12	36.36
12.	Artem, VOS MIRKA				00	Aquatico Silves				4:52.97	380	
	50m:	29.72	29.72	150m:	1:40.38	36.34	250m:	2:56.30	38.39	350m:	4:14.62	39.09
	100m:	1:04.04	34.32	200m:	2:17.91	37.53	300m:	3:35.53	39.23	400m:	4:52.97	38.35
13.	Antonio, KONDRATENKO				01	Portinado				4:54.63	373	
	50m:	28.79	28.79	150m:	1:39.59	36.28	250m:	2:57.47	38.91	350m:	4:15.04	39.51
	100m:	1:03.31	34.52	200m:	2:18.56	38.97	300m:	3:35.53	38.06	400m:	4:54.63	39.59
14.	Guilherme Raposo, REGO				99	Portinado				4:56.50	366	
	50m:	31.97	31.97	150m:	1:46.26	37.98	250m:	3:03.62	39.18	350m:	4:19.46	36.56
	100m:	1:08.28	36.31	200m:	2:24.44	38.18	300m:	3:42.90	39.28	400m:	4:56.50	37.04
15.	Hugo Filipe, GORDINHO				98	Natação de Faro				5:02.74	344	
	50m:	32.28	32.28	150m:	1:47.60	38.35	250m:	3:05.63	39.31	350m:	4:24.04	39.22
	100m:	1:09.25	36.97	200m:	2:26.32	38.72	300m:	3:44.82	39.19	400m:	5:02.74	38.70
16.	Jorge Assuncao, OLIVEIRA				01	Portinado				5:02.92	344	
	50m:	31.28	31.28	150m:	1:44.62	37.51	250m:	3:02.55	38.72	350m:	4:23.87	41.19
	100m:	1:07.11	35.83	200m:	2:23.83	39.21	300m:	3:42.68	40.13	400m:	5:02.92	39.05
17.	Rodrigo Duarte, PACHECO				00	Natacao de Lagos				5:17.16	299	
	50m:	32.84	32.84	150m:	1:50.75	40.10	250m:	3:12.18	41.23	350m:	4:35.97	42.19
	100m:	1:10.65	37.81	200m:	2:30.95	40.20	300m:	3:53.78	41.60	400m:	5:17.16	41.19
18.	João Tiago, RAPOSO				01	Naval de Faro				5:26.10	275	
	50m:	31.74	31.74	150m:	1:50.39	40.04	250m:	3:15.42	43.24	350m:	4:42.89	44.16
	100m:	1:10.35	38.61	200m:	2:32.18	41.79	300m:	3:58.73	43.31	400m:	5:26.10	43.21