

CAMPEONATO REGIONAL DE CLUBES
OLHÃO, 14- - 15-4-2018

Prova 10	Masc., 400m Livres				Absolutos
14-04-2018 - 17:20					Resultados
Recorde Regional Absoluto	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002
Recorde Regional Abs	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002
Recorde Regional Jun. 2	4:01.65	Joao Duarte, SANTOS	POR	S. Antonio Cavaleiros	21-12-2012
Recorde Regional Jun. 1	4:05.34	Joao Duarte, SANTOS	POR	Silves	03-12-2011
Recorde Regional Juv. A	4:10.23	Tiago Miguel, VILHENA	POR	Abrantes	04-03-2017
Recorde Regional Juv. B	4:09.85	Tiago Miguel, VILHENA	POR	Setubal	05-12-2015
Recorde Regional Inf. A	4:19.82	Joao Duarte, SANTOS	POR	Pinhal Novo	07-03-2009
Recorde Regional Inf. B	4:37.22	Jose Miguel, RODEIA	POR	Sines	08-04-2017

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Infantis									
1.	Vasco Malia, SANTOS	04	153124	Natacao de Lagos	4:49.52		394		
	50m: 33.16 33.16			150m: 1:47.30 36.51	250m: 3:01.14 36.89	350m: 4:15.32 36.83			
	100m: 1:10.79 37.63			200m: 2:24.25 36.95	300m: 3:38.49 37.35	400m: 4:49.52 34.20			
2.	Alexandre Moreira, FARIAS	04	132174	Louletano / Loule Concelho	4:51.26		386		
	50m: 31.51 31.51			150m: 1:45.96 37.72	250m: 3:01.38 37.43	350m: 4:17.50 38.30			
	100m: 1:08.24 36.73			200m: 2:23.95 37.99	300m: 3:39.20 37.82	400m: 4:51.26 33.76			
3.	Daniel Alexandre, SILVA	04	204626	Natacao Olhao	4:56.70		366		
	50m: 32.64 32.64			150m: 1:48.82 38.63	250m: 3:06.46 38.57	350m: 4:20.88 36.86			
	100m: 1:10.19 37.55			200m: 2:27.89 39.07	300m: 3:44.02 37.56	400m: 4:56.70 35.82			
4.	Tiago Trigg, BARRADAS	04	201580	Portinado	5:27.01		273		
	50m: 35.57 35.57			150m: 1:58.45 42.24	250m: 3:23.51 42.24	350m: 4:47.45 41.71			
	100m: 1:16.21 40.64			200m: 2:41.27 42.82	300m: 4:05.74 42.23	400m: 5:27.01 39.56			
5.	Miguel Cano, CAEIRO	05	137853	Beja	5:28.94		268		
	50m: 35.02 35.02			150m: 1:57.65 42.44	250m: 3:22.73 43.20	350m: 4:48.50 42.48			
	100m: 1:15.21 40.19			200m: 2:39.53 41.88	300m: 4:06.02 43.29	400m: 5:28.94 40.44			
6.	Artur Marreiros, AZEVEDO	05	148480	Lagoa AC	6:05.12		196		
	50m: 39.50 39.50			150m: 2:12.02 47.78	250m: 3:47.47 47.18	350m: 5:21.05 46.27			
	100m: 1:24.24 44.74			200m: 3:00.29 48.27	300m: 4:34.78 47.31	400m: 6:05.12 44.07			
DSQ	Pedro Encarnação, SANTOS	04	205062	FC Ferreiras / AlgarExperience					
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>								

Juvenis

1.	Pedro Miguel, BOAVIDA	03	126750	Natacao Olhao	4:35.20		458		
	50m: 31.10 31.10			150m: 1:40.97 35.15	250m: 2:50.30 34.25	350m: 4:00.31 35.05			
	100m: 1:05.82 34.72			200m: 2:16.05 35.08	300m: 3:25.26 34.96	400m: 4:35.20 34.89			
2.	Gabriel Carmo, CENTEIO	02	131727	Portinado	4:39.66		437		
	50m: 29.19 29.19			150m: 1:38.68 35.53	250m: 2:51.10 36.62	350m: 4:04.95 37.16			
	100m: 1:03.15 33.96			200m: 2:14.48 35.80	300m: 3:27.79 36.69	400m: 4:39.66 34.71			
3.	Ricardo Jorge, JOSE	02	125208	Colegio Bernardette Romeira	4:43.09		421		
	50m: 32.78 32.78			150m: 1:44.15 35.58	250m: 2:55.52 35.32	350m: 4:07.71 36.03			
	100m: 1:08.57 35.79			200m: 2:20.20 36.05	300m: 3:31.68 36.16	400m: 4:43.09 35.38			
4.	Dario, ENGELEN	03	126816	Louletano / Loule Concelho	4:49.76		393		
	50m: 32.15 32.15			150m: 1:44.14 36.23	250m: 2:58.39 37.38	350m: 4:14.39 38.27			
	100m: 1:07.91 35.76			200m: 2:21.01 36.87	300m: 3:36.12 37.73	400m: 4:49.76 35.37			
5.	Nuno Pascoa, RIBEIRO	02	126848	Tavira Natacao	5:06.86		330		
	50m: 33.03 33.03			150m: 1:48.11 38.09	250m: 3:05.54 39.07	350m: 4:26.56 40.70			
	100m: 1:10.02 36.99			200m: 2:26.47 38.36	300m: 3:45.86 40.32	400m: 5:06.86 40.30			
6.	Pedro santos, COSTA	02	129458	Lagoa AC	5:11.31		316		
	50m: 34.02 34.02			150m: 1:52.37 39.75	250m: 3:13.12 40.31	350m: 4:33.11 39.91			
	100m: 1:12.62 38.60			200m: 2:32.81 40.44	300m: 3:53.20 40.08	400m: 5:11.31 38.20			
7.	Jose Joao, ANTUNES	03	128673	FC Ferreiras / AlgarExperience	5:20.33		290		
	50m: 34.26 34.26			150m: 1:52.60 39.79	250m: 3:16.16 41.81	350m: 4:40.60 42.28			
	100m: 1:12.81 38.55			200m: 2:34.35 41.75	300m: 3:58.32 42.16	400m: 5:20.33 39.73			
8.	Luis Pedro, RAPOSO	03	201563	Beja	5:31.15		263		
	50m: 36.60 36.60			150m: 1:59.67 42.45	250m: 3:24.74 42.69	350m: 4:50.62 42.98			
	100m: 1:17.22 40.62			200m: 2:42.05 42.38	300m: 4:07.64 42.90	400m: 5:31.15 40.53			

CAMPEONATO REGIONAL DE CLUBES
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Prova 10, Masc., 400m Livres

Absoluto

1. Joao Duarte, SANTOS	95 26430 Natacao Olhao	4:04.44	654
50m: 27.83 27.83	150m: 1:28.67 30.67	250m: 2:31.22 31.34	350m: 3:33.95 31.46
100m: 58.00 30.17	200m: 1:59.88 31.21	300m: 3:02.49 31.27	400m: 4:04.44 30.49
2. Andre Serro, JOAQUIM	00 121096 Portinado	4:10.30	609
50m: 28.20 28.20	150m: 1:30.95 31.70	250m: 2:35.80 32.18	350m: 3:39.41 31.20
100m: 59.25 31.05	200m: 2:03.62 32.67	300m: 3:08.21 32.41	400m: 4:10.30 30.89
3. Rodrigo Martins, GOMES	98 121195 Louletano / Loule Concelho	4:42.68	423
50m: 31.58 31.58	150m: 1:41.91 35.14	250m: 2:53.16 35.24	350m: 4:06.36 37.13
100m: 1:06.77 35.19	200m: 2:17.92 36.01	300m: 3:29.23 36.07	400m: 4:42.68 36.32
4. Frederico Vieira, VEIGA	00 128099 Lagoa AC	5:25.85	276
50m: 32.65 32.65	150m: 1:50.58 39.67	250m: 3:14.00 42.10	350m: 4:42.54 45.24
100m: 1:10.91 38.26	200m: 2:31.90 41.32	300m: 3:57.30 43.30	400m: 5:25.85 43.31
5. Paulo Alexandre, SOUSA	72 106650 FC Ferreiras / AlgarExperience	5:26.39	274
50m: 36.07 36.07	150m: 1:54.97 40.35	250m: 3:18.66 41.94	350m: 4:44.54 42.98
100m: 1:14.62 38.55	200m: 2:36.72 41.75	300m: 4:01.56 42.90	400m: 5:26.39 41.85

Absolutos

1. Joao Duarte, SANTOS	95 26430 Natacao Olhao	4:04.44	654
50m: 27.83 27.83	150m: 1:28.67 30.67	250m: 2:31.22 31.34	350m: 3:33.95 31.46
100m: 58.00 30.17	200m: 1:59.88 31.21	300m: 3:02.49 31.27	400m: 4:04.44 30.49
2. Andre Serro, JOAQUIM	00 121096 Portinado	4:10.30	609
50m: 28.20 28.20	150m: 1:30.95 31.70	250m: 2:35.80 32.18	350m: 3:39.41 31.20
100m: 59.25 31.05	200m: 2:03.62 32.67	300m: 3:08.21 32.41	400m: 4:10.30 30.89
3. Pedro Miguel, BOAVIDA	03 126750 Natacao Olhao	4:35.20	458
50m: 31.10 31.10	150m: 1:40.97 35.15	250m: 2:50.30 34.25	350m: 4:00.31 35.05
100m: 1:05.82 34.72	200m: 2:16.05 35.08	300m: 3:25.26 34.96	400m: 4:35.20 34.89
4. Gabriel Carmo, CENTEIO	02 131727 Portinado	4:39.66	437
50m: 29.19 29.19	150m: 1:38.68 35.53	250m: 2:51.10 36.62	350m: 4:04.95 37.16
100m: 1:03.15 33.96	200m: 2:14.48 35.80	300m: 3:27.79 36.69	400m: 4:39.66 34.71
5. Rodrigo Martins, GOMES	98 121195 Louletano / Loule Concelho	4:42.68	423
50m: 31.58 31.58	150m: 1:41.91 35.14	250m: 2:53.16 35.24	350m: 4:06.36 37.13
100m: 1:06.77 35.19	200m: 2:17.92 36.01	300m: 3:29.23 36.07	400m: 4:42.68 36.32
6. Ricardo Jorge, JOSE	02 125208 Colegio Bernardette Romeira	4:43.09	421
50m: 32.78 32.78	150m: 1:44.15 35.58	250m: 2:55.52 35.32	350m: 4:07.71 36.03
100m: 1:08.57 35.79	200m: 2:20.20 36.05	300m: 3:31.68 36.16	400m: 4:43.09 35.38
7. Vasco Malia, SANTOS	04 153124 Natacao de Lagos	4:49.52	394
50m: 33.16 33.16	150m: 1:47.30 36.51	250m: 3:01.14 36.89	350m: 4:15.32 36.83
100m: 1:10.79 37.63	200m: 2:24.25 36.95	300m: 3:38.49 37.35	400m: 4:49.52 34.20
8. Dario, ENGELEN	03 126816 Louletano / Loule Concelho	4:49.76	393
50m: 32.15 32.15	150m: 1:44.14 36.23	250m: 2:58.39 37.38	350m: 4:14.39 38.27
100m: 1:07.91 35.76	200m: 2:21.01 36.87	300m: 3:36.12 37.73	400m: 4:49.76 35.37
9. Alexandre Moreira, FARIAS	04 132174 Louletano / Loule Concelho	4:51.26	386
50m: 31.51 31.51	150m: 1:45.96 37.72	250m: 3:01.38 37.43	350m: 4:17.50 38.30
100m: 1:08.24 36.73	200m: 2:23.95 37.99	300m: 3:39.20 37.82	400m: 4:51.26 33.76
10. Daniel Alexandre, SILVA	04 204626 Natacao Olhao	4:56.70	366
50m: 32.64 32.64	150m: 1:48.82 38.63	250m: 3:06.46 38.57	350m: 4:20.88 36.86
100m: 1:10.19 37.55	200m: 2:27.89 39.07	300m: 3:44.02 37.56	400m: 4:56.70 35.82
11. Nuno Pascoa, RIBEIRO	02 126848 Tavira Natacao	5:06.86	330
50m: 33.03 33.03	150m: 1:48.11 38.09	250m: 3:05.54 39.07	350m: 4:26.56 40.70
100m: 1:10.02 36.99	200m: 2:26.47 38.36	300m: 3:45.86 40.32	400m: 5:06.86 40.30
12. Pedro santos, COSTA	02 129458 Lagoa AC	5:11.31	316
50m: 34.02 34.02	150m: 1:52.37 39.75	250m: 3:13.12 40.31	350m: 4:33.11 39.91
100m: 1:12.62 38.60	200m: 2:32.81 40.44	300m: 3:53.20 40.08	400m: 5:11.31 38.20
13. Jose Joao, ANTUNES	03 128673 FC Ferreiras / AlgarExperience	5:20.33	290
50m: 34.26 34.26	150m: 1:52.60 39.79	250m: 3:16.16 41.81	350m: 4:40.60 42.28
100m: 1:12.81 38.55	200m: 2:34.35 41.75	300m: 3:58.32 42.16	400m: 5:20.33 39.73
14. Frederico Vieira, VEIGA	00 128099 Lagoa AC	5:25.85	276
50m: 32.65 32.65	150m: 1:50.58 39.67	250m: 3:14.00 42.10	350m: 4:42.54 45.24
100m: 1:10.91 38.26	200m: 2:31.90 41.32	300m: 3:57.30 43.30	400m: 5:25.85 43.31

CAMPEONATO REGIONAL DE CLUBES
OLHÃO, 14- - 15-4-2018

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
15.	Paulo Alexandre, SOUSA	72	106650	FC Ferreiras / AlgarExperience	5:26.39		274		
	50m: 36.07 36.07		150m: 1:54.97 40.35	250m: 3:18.66 41.94	350m: 4:44.54 42.98				
	100m: 1:14.62 38.55		200m: 2:36.72 41.75	300m: 4:01.56 42.90	400m: 5:26.39 41.85				
16.	Tiago Trigg, BARRADAS	04	201580	Portinado	5:27.01		273		
	50m: 35.57 35.57		150m: 1:58.45 42.24	250m: 3:23.51 42.24	350m: 4:47.45 41.71				
	100m: 1:16.21 40.64		200m: 2:41.27 42.82	300m: 4:05.74 42.23	400m: 5:27.01 39.56				
17.	Miguel Cano, CAEIRO	05	137853	Beja	5:28.94		268		
	50m: 35.02 35.02		150m: 1:57.65 42.44	250m: 3:22.73 43.20	350m: 4:48.50 42.48				
	100m: 1:15.21 40.19		200m: 2:39.53 41.88	300m: 4:06.02 43.29	400m: 5:28.94 40.44				
18.	Luis Pedro, RAPOSO	03	201563	Beja	5:31.15		263		
	50m: 36.60 36.60		150m: 1:59.67 42.45	250m: 3:24.74 42.69	350m: 4:50.62 42.98				
	100m: 1:17.22 40.62		200m: 2:42.05 42.38	300m: 4:07.64 42.90	400m: 5:31.15 40.53				
19.	Artur Marreiros, AZEVEDO	05	148480	Lagoa AC	6:05.12		196		
	50m: 39.50 39.50		150m: 2:12.02 47.78	250m: 3:47.47 47.18	350m: 5:21.05 46.27				
	100m: 1:24.24 44.74		200m: 3:00.29 48.27	300m: 4:34.78 47.31	400m: 6:05.12 44.07				
DSQ	Pedro Encarnação, SANTOS	04	205062	FC Ferreiras / AlgarExperience					
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>								
EXH	Joao Pedro, CHAGAS	01	117261	Individual ANALG	4:27.56		499		
	50m: 31.01 31.01		150m: 1:40.67 34.34	250m: 2:47.59 33.49	350m: 3:55.03 33.75				
	100m: 1:06.33 35.32		200m: 2:14.10 33.43	300m: 3:21.28 33.69	400m: 4:27.56 32.53				