

Prova 9 Femin., 400m Livres Absoluto
11-11-2017 - 18:00 Resultados Final

Rec Nacionais - 25m Absoluto	4:05.38	DURAES Diana Margarida	POR	Moscow (RUS)	02-08-2017
Rec Nacionais - 25m Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13-06-2009
Rec Nacionais - 25m Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19-07-1980
Rec Nacionais - 25m Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15-05-2004
Rec Nacionais - 25m Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20-12-2004
Rec Nacionais - 25m Jun16	4:15.43	HOLUB Tamila Hryhorivna	SCB	Porto	20-12-2014
Rec Nacionais - 25m Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12-12-2015
Rec Nacionais - 25m Sen	4:05.38	DURAES Diana Margarida	POR	Moscow (RUS)	02-08-2017
Rec Meeting	4:05.39	DURAES Diana Margarida	POR	Vila Real Stº Antonio	12-11-2016

TAC : 5:03.50

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
Final A								
1.	DURAES Diana Margarida	96			Benfica	4:10.12	824	20,00
	50m: 29.00 29.00	150m: 1:30.98	31.25	250m: 2:34.43	31.71	350m: 3:38.52	32.14	
	100m: 59.73 30.73	200m: 2:02.72	31.74	300m: 3:06.38	31.95	400m: 4:10.12	31.60	
2.	RUIZ BRAVO Paula	99			C.N.Mairena Aljarafe	4:14.40	783	16,00
	50m: 29.65 29.65	150m: 1:32.57	31.62	250m: 2:36.90	32.45	350m: 3:41.95	32.78	
	100m: 1:00.95 31.30	200m: 2:04.45	31.88	300m: 3:09.17	32.27	400m: 4:14.40	32.45	
3.	SOUSA Ana Reis	02			Litoral Alentejano	4:20.06	733	15,00
	50m: 29.80 29.80	150m: 1:35.59	33.51	250m: 2:42.90	33.66	350m: 3:49.08	32.81	
	100m: 1:02.08 32.28	200m: 2:09.24	33.65	300m: 3:16.27	33.37	400m: 4:20.06	30.98	
4.	GARZON SILES Marta	00			C.N. Churriana	4:20.36	730	14,00
	50m: 30.10 30.10	150m: 1:34.13	32.32	250m: 2:40.26	33.16	350m: 3:47.88	33.77	
	100m: 1:01.81 31.71	200m: 2:07.10	32.97	300m: 3:14.11	33.85	400m: 4:20.36	32.48	
5.	ANDRE Leticia Maia	02			Benfica	4:23.00	709	13,00
	50m: 31.14 31.14	150m: 1:37.19	33.19	250m: 2:43.78	33.29	350m: 3:50.30	33.39	
	100m: 1:04.00 32.86	200m: 2:10.49	33.30	300m: 3:16.91	33.13	400m: 4:23.00	32.70	
6.	RODRIGUES Filipa Serrano	01			Benfica	4:23.63	703	12,00
	50m: 30.26 30.26	150m: 1:36.45	33.43	250m: 2:43.05	33.39	350m: 3:50.50	33.69	
	100m: 1:03.02 32.76	200m: 2:09.66	33.21	300m: 3:16.81	33.76	400m: 4:23.63	33.13	
7.	GOMEZ GARCIA Alba	01			Federacion Andaluza	4:27.57	673	11,00
	50m: 30.53 30.53	150m: 1:36.40	33.55	250m: 2:44.33	34.05	350m: 3:53.13	34.96	
	100m: 1:02.85 32.32	200m: 2:10.28	33.88	300m: 3:18.17	33.84	400m: 4:27.57	34.44	
8.	NAVAS RUIZ Andrea	03			Federacion Andaluza	4:28.20	668	10,00
	50m: 30.07 30.07	150m: 1:36.89	33.82	250m: 2:45.61	34.43	350m: 3:54.72	34.66	
	100m: 1:03.07 33.00	200m: 2:11.18	34.29	300m: 3:20.06	34.45	400m: 4:28.20	33.48	
Final B								
9.	MARCELINO Carolina Rosa	01			Alges	4:27.33	675	9,00
	50m: 30.42 30.42	150m: 1:37.44	34.14	250m: 2:45.93	34.23	350m: 3:53.95	34.14	
	100m: 1:03.30 32.88	200m: 2:11.70	34.26	300m: 3:19.81	33.88	400m: 4:27.33	33.38	
10.	QUESADA LUJAN Andrea	01			Federacion Andaluza	4:28.57	665	8,00
	50m: 29.71 29.71	150m: 1:35.86	33.57	250m: 2:44.58	34.34	350m: 3:54.25	34.92	
	100m: 1:02.29 32.58	200m: 2:10.24	34.38	300m: 3:19.33	34.75	400m: 4:28.57	34.32	
11.	TARIFA BLANCAS Celia	02			Federacion Andaluza	4:29.89	656	7,00
	50m: 30.56 30.56	150m: 1:37.47	33.81	250m: 2:45.99	34.23	350m: 3:55.49	35.10	
	100m: 1:03.66 33.10	200m: 2:11.76	34.29	300m: 3:20.39	34.40	400m: 4:29.89	34.40	

Prova 9, Femin., 400m Livres, Final, Absoluto

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
12.	QUEIROZ Ana Rita	02			Fundacao Beatriz Santos	4:33.83	628	6,00
	50m: 31.11 31.11	150m: 1:39.31	34.37	250m: 2:49.37	35.17	350m: 4:00.01	35.12	
	100m: 1:04.94 33.83	200m: 2:14.20	34.89	300m: 3:24.89	35.52	400m: 4:33.83	33.82	
13.	TORRES ARROYO Laura	04			Federacion Andaluza	4:33.95	627	5,00
	50m: 31.14 31.14	150m: 1:40.26	34.66	250m: 2:50.83	35.68	350m: 4:01.00	34.95	
	100m: 1:05.60 34.46	200m: 2:15.15	34.89	300m: 3:26.05	35.22	400m: 4:33.95	32.95	
14.	CORREIA Mariana Delicado	01			Sporting	4:36.69	608	4,00
	50m: 31.53 31.53	150m: 1:40.70	34.86	250m: 2:51.32	35.33	350m: 4:01.78	34.93	
	100m: 1:05.84 34.31	200m: 2:15.99	35.29	300m: 3:26.85	35.53	400m: 4:36.69	34.91	
15.	GASPAR Beatriz Ferreira	04			Portugal	4:36.97	607	3,00
	50m: 31.09 31.09	150m: 1:40.70	35.12	250m: 2:51.34	35.35	350m: 4:03.09	35.74	
	100m: 1:05.58 34.49	200m: 2:15.99	35.29	300m: 3:27.35	36.01	400m: 4:36.97	33.88	
16.	CARO JAENES Celia	02			C.N.Mairena Aljarafe	4:39.78	588	2,00
	50m: 31.28 31.28	150m: 1:40.40	34.66	250m: 2:50.79	35.60	350m: 4:00.60	34.20	
	100m: 1:05.74 34.46	200m: 2:15.19	34.79	300m: 3:26.40	35.61	400m: 4:39.78	39.18	