



Torneio Zonal de Juvenis (Zona Sul)
Albufeira, 15-17 Dezembro 2017

Prova 1
15-12-2017 - 16:20

Femin., 400m Estilos

Juvenis
Resultados

Rec Nac 25m Absoluto	4:37.41	Victoria KAMINSKAYA	ESJB	Porto	11-12-2015
Rec Nac 25m Juv B	4:57.68	Susana Patricia MIGUEL	SFUAP	Penafiel	19-03-2004
Rec Nac 25m Juv A	4:51.85	Ana Claudia SANTOS	SFUAP	Setubal	21-11-2004

Tac-JUVAFem Juv A: 5:37.41 / Tac-JUVBFem Juv B: 5:47.14

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
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Juvenis A

1.	Sara Moura CRUZ	03	127488	Alges	5:06.91		604		
	50m: 32.33 32.33			200m: 2:37.32 1:27.74	400m: 5:06.91 1:11.28				
	100m: 1:09.58 37.25			300m: 3:55.63 1:18.31					
2.	Luana Pinto DOMINGUES	03	123893	Ba/Bomcar	5:17.12		547		
	50m: 32.65 32.65			200m: 2:31.92 1:22.36	400m: 5:17.12 1:15.47				
	100m: 1:09.56 36.91			300m: 4:01.65 1:29.73					
3.	Mafalda Sofia ROSA	03	127310	Rio Maior	5:17.42		546		
	50m: 35.65 35.65			200m: 2:34.82 1:17.56	400m: 5:17.42 1:08.62				
	100m: 1:17.26 41.61			300m: 4:08.80 1:33.98					
4.	Daniela Mascarenhas HENRIQ03ES128827			Gesloures	5:23.41		516		
	50m: 33.97 33.97			200m: 2:39.06 1:24.87	400m: 5:23.41 1:13.69				
	100m: 1:14.19 40.22			300m: 4:09.72 1:30.66					
5.	Ines Filipa JACINTO	03	126698	Ba/Bomcar	5:26.40		502		
	50m: 34.11 34.11			200m: 2:39.16 1:25.11	400m: 5:26.40 1:14.85				
	100m: 1:14.05 39.94			300m: 4:11.55 1:32.39					
6.	Ines Apolinario SOARES	03	128071	Pimpoes/Cimai	5:26.68		501		
	50m: 33.68 33.68			200m: 2:36.66 1:23.72	400m: 5:26.68 1:16.19				
	100m: 1:12.94 39.26			300m: 4:10.49 1:33.83					
7.	Marta Sousa CAXARIA	03	130756	Natacao do Montijo	5:27.43		497		
	50m: 34.12 34.12			200m: 2:37.24 1:23.59	400m: 5:27.43 1:17.22				
	100m: 1:13.65 39.53			300m: 4:10.21 1:32.97					
8.	Catarina Guimaraes MOREIRA03		131755	Alges	5:27.85		495		
	50m: 33.58 33.58			200m: 2:38.12 1:24.38	400m: 5:27.85 1:14.36				
	100m: 1:13.74 40.16			300m: 4:13.49 1:35.37					
9.	Beatriz Quintao AMANTES	03	132798	Uniao Piedense	5:28.98		490		
	50m: 33.52 33.52			200m: 2:35.20 1:22.24	400m: 5:28.98 1:15.00				
	100m: 1:12.96 39.44			300m: 4:13.98 1:38.78					
10.	Renata Simoes RATO	03	128483	Nautico Marinha Grande	5:30.15		485		
	50m: 35.20 35.20			200m: 2:40.58 1:24.67	400m: 5:30.15 1:18.47				
	100m: 1:15.91 40.71			300m: 4:11.68 1:31.10					

Juvenis B

1.	Maria Ferreira MOURA	04	131382	Sporting	5:03.54		624		
	50m: 31.67 31.67			200m: 2:25.91 1:18.38	400m: 5:03.54 1:07.69				
	100m: 1:07.53 35.86			300m: 3:55.85 1:29.94					
2.	Maria Gomes PEREIRA	04	129510	Alges	5:04.02		621		
	50m: 31.82 31.82			200m: 2:30.00 1:20.82	400m: 5:04.02 1:09.27				
	100m: 1:09.18 37.36			300m: 3:54.75 1:24.75					
3.	Leonor Alves MORGANHO	04	126315	Alges	5:22.44		521		
	50m: 33.82 33.82			200m: 2:37.89 1:25.26	400m: 5:22.44 1:13.63				
	100m: 1:12.63 38.81			300m: 4:08.81 1:30.92					
4.	Maria Leonor FERREIRA	04	130410	Desportivo Nacional	5:23.26		517		
	50m: 34.33 34.33			200m: 2:36.17 1:22.12	400m: 5:23.26 1:16.15				
	100m: 1:14.05 39.72			300m: 4:07.11 1:30.94					
5.	Marta Macedo INACIO	04	132536	Sporting	5:24.52		511		
	50m: 33.38 33.38			200m: 2:33.38 1:20.75	400m: 5:24.52 1:15.65				
	100m: 1:12.63 39.25			300m: 4:08.87 1:35.49					
6.	Maria Alexandra MARQUES	04	128375	Albicastrense	5:25.60		506		
	50m: 33.90 33.90			200m: 2:36.05 1:23.35	400m: 5:25.60 1:15.12				
	100m: 1:12.70 38.80			300m: 4:10.48 1:34.43					



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Prova 1, Femin., 400m Estilos, Juvenis B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
7.	Lidiana Correia RODRIGUES	04	130399	Belenenses	5:27.67		496		
	50m: 34.74 34.74		200m: 2:39.05 1:25.16	400m: 5:27.67 1:17.57					
	100m: 1:13.89 39.15		300m: 4:10.10 1:31.05						
8.	Maria Jardim FIDALGO	04	131429	Colegio Vasco da Gama	5:29.71		487		
	50m: 34.51 34.51		200m: 2:40.53 1:27.29	400m: 5:29.71 1:16.20					
	100m: 1:13.24 38.73		300m: 4:13.51 1:32.98						
9.	Madalena Graca GERALDES	04	131511	Sporting	5:30.00		486		
	50m: 33.47 33.47		200m: 2:40.86 1:25.66	400m: 5:30.00 1:14.81					
	100m: 1:15.20 41.73		300m: 4:15.19 1:34.33						
10.	Leonor Esteves SANTOS	04	130603	Avancado EULx	5:30.80		482		
	50m: 37.77 37.77		100m: 1:21.89 44.12	300m: 4:18.11 2:56.22	400m: 5:30.80 1:12.69				
11.	Margarida Borges SILVA	04	123105	Bombeiros Ponta Delgada	5:30.94		481		
	50m: 33.24 33.24		200m: 2:37.27 1:24.87	400m: 5:30.94 1:16.84					
	100m: 1:12.40 39.16		300m: 4:14.10 1:36.83						
12.	Ines Maria MONTEIRO	04	126588	Naval Praia da Vitoria	5:31.53		479		
	50m: 35.06 35.06		200m: 2:43.24 1:26.49	400m: 5:31.53 1:16.09					
	100m: 1:16.75 41.69		300m: 4:15.44 1:32.20						
13.	Bruna Silva MOITEIRO	04	130921	Nautico Marinha Grande	5:32.32		475		
	50m: 35.45 35.45		200m: 2:42.59 1:23.87	400m: 5:32.32 1:12.87					
	100m: 1:18.72 43.27		300m: 4:19.45 1:36.86						
14.	Alexandra Cordeiro SILVA	04	128723	Alcobaca	5:34.59		466		
	50m: 34.85 34.85		200m: 2:43.18 1:25.54	400m: 5:34.59 1:16.17					
	100m: 1:17.64 42.79		300m: 4:18.42 1:35.24						
15.	Catarina Nunes COSTA	04	131376	Gesloures	5:36.68		457		
	50m: 36.58 36.58		200m: 2:48.70 1:27.96	400m: 5:36.68 1:15.75					
	100m: 1:20.74 44.16		300m: 4:20.93 1:32.23						
16.	Carolina Porem HENRIQUES	04	129802	Sporting	5:37.88		452		
	50m: 34.44 34.44		200m: 2:45.27 1:29.97	400m: 5:37.88 1:15.64					
	100m: 1:15.30 40.86		300m: 4:22.24 1:36.97						
17.	Maria Ines SILVA	04	132952	Alcobaca	5:38.61		449		
	50m: 34.98 34.98		200m: 2:42.44 1:27.25	400m: 5:38.61 1:15.97					
	100m: 1:15.19 40.21		300m: 4:22.64 1:40.20						
18.	Rita Mendes SIMOES	04	128073	Ba/Bomcar	5:39.75		445		
	50m: 34.65 34.65		200m: 2:41.78 1:26.08	400m: 5:39.75 1:18.16					
	100m: 1:15.70 41.05		300m: 4:21.59 1:39.81						
19.	Mafalda Sardinha MONTEIRO	04	128883	Benfica	5:39.85		444		
	50m: 36.68 36.68		200m: 2:44.26 1:24.26	400m: 5:39.85 1:18.48					
	100m: 1:20.00 43.32		300m: 4:21.37 1:37.11						
20.	Alice Jesus MORGADO	04	131016	Swim Turtles	5:39.91		444		
	50m: 34.83 34.83		200m: 2:42.51 1:27.29	400m: 5:39.91 1:19.79					
	100m: 1:15.22 40.39		300m: 4:20.12 1:37.61						
21.	Sofia Morais FARIA	04	127371	Ba/Bomcar	5:40.22		443		
	50m: 35.23 35.23		200m: 2:43.92 1:25.56	400m: 5:40.22 1:17.39					
	100m: 1:18.36 43.13		300m: 4:22.83 1:38.91						
22.	Ana Correia SOUSA	04	130376	Pimpoes/Cimai	5:43.14		432		
	50m: 34.78 34.78		200m: 2:13.70 55.00	400m: 5:43.14 1:21.22					
	100m: 1:18.70 43.92		300m: 4:21.92 2:08.22						
23.	Mariana Pereira MENDES	04	129298	Louletano / Loule Concelho	5:47.07		417		
	50m: 36.96 36.96		200m: 2:50.92 1:29.96	400m: 5:47.07 1:20.05					
	100m: 1:20.96 44.00		300m: 4:27.02 1:36.10						
24.	Beatriz Staiger BENTO	04	125204	Viver Santarem	5:50.54		405		
	50m: 35.95 35.95		200m: 2:49.81 1:30.42	400m: 5:50.54 1:12.94					
	100m: 1:19.39 43.44		300m: 4:37.60 1:47.79						