



Torneio Zonal de Juvenis (Zona Sul)
Albufeira, 15-17 Dezembro 2017

Prova 20
17-12-2017 - 10:20

Femin., 400m Livres

Juvenis
Resultados

Rec Nac 25m Absoluto	4:05.38	Diana Margarida DURAES	POR	Moscow (RUS)	02-08-2017
Rec Nac 25m Juv B	4:23.08	Susana Patricia MIGUEL	SFUAP	Alhandra	15-05-2004
Rec Nac 25m Juv A	4:18.39	Ana Claudia SANTOS	SFUAP	Cantanhede	20-12-2004

Tac-JUVAFem Juv A: 4:57.35 / Tac-JUVBFem Juv B: 5:05.93

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Juvenis B									
1.	Maria Ferreira MOURA	04	131382	Sporting	4:29.38		659		
	50m: 30.20 30.20		100m: 1:03.02 32.82		200m: 2:11.17 1:08.15	400m: 4:29.38 2:18.21			
2.	Leonor Esteves SANTOS	04	130603	Avancado EULx	4:46.57		548		
	50m: 33.78 33.78		100m: 1:10.15 36.37		200m: 2:22.72 1:12.57	400m: 4:46.57 2:23.85			
3.	Barbara Almeida RIBEIRO	04	130249	Colegio Vasco da Gama	4:46.92		546		
	50m: 31.31 31.31		100m: 1:06.56 35.25		200m: 2:19.09 1:12.53	400m: 4:46.92 2:27.83			
4.	Bruna Silva MOITEIRO	04	130921	Nautico Marinha Grande	4:47.79		541		
	50m: 31.75 31.75		100m: 1:06.94 35.19		200m: 2:20.45 1:13.51	400m: 4:47.79 2:27.34			
5.	Marta Macedo INACIO	04	132536	Sporting	4:49.71		530		
	50m: 33.88 33.88		100m: 1:08.72 34.84		200m: 2:22.30 1:13.58	400m: 4:49.71 2:27.41			
6.	Leonor Alves MORGANHO	04	126315	Alges	4:50.73		524		
	50m: 33.27 33.27		100m: 1:09.40 36.13		200m: 2:23.97 1:14.57	400m: 4:50.73 2:26.76			
7.	Ines Maria MONTEIRO	04	126588	Naval Praia da Vitoria	4:50.77		524		
	50m: 31.66 31.66		100m: 1:06.89 35.23		200m: 2:20.80 1:13.91	400m: 4:50.77 2:29.97			
8.	Maria Alexandra MARQUES	04	128375	Albicastrense	4:50.89		524		
	50m: 33.84 33.84		100m: 1:10.58 36.74		200m: 2:24.99 1:14.41	400m: 4:50.89 2:25.90			
9.	Lidiana Correia RODRIGUES	04	130399	Belenenses	4:51.41		521		
	50m: 33.38 33.38		100m: 1:09.50 36.12		200m: 2:23.37 1:13.87	400m: 4:51.41 2:28.04			
10.	Madalena Graca GERALDES	04	131511	Sporting	4:54.28		506		
	50m: 32.16 32.16		100m: 1:07.99 35.83		200m: 2:22.79 1:14.80	400m: 4:54.28 2:31.49			
11.	Maria Francisca ALVES	04	132906	Ba/Bomcar	4:54.76		503		
	50m: 33.56 33.56		100m: 1:10.08 36.52		200m: 2:25.02 1:14.94	400m: 4:54.76 2:29.74			
12.	Vera Figueiredo NARRA	04	131121	Amadora	4:54.89		502		
	50m: 33.02 33.02		100m: 1:09.07 36.05		200m: 2:22.68 1:13.61	400m: 4:54.89 2:32.21			
13.	Matilde Fialho CONCEICAO	04	129299	Louletano / Loule Concelho	4:55.33		500		
	50m: 33.36 33.36		100m: 1:09.57 36.21		200m: 2:24.23 1:14.66	400m: 4:55.33 2:31.10			
14.	Alexandra Cordeiro SILVA	04	128723	Alcobaca	4:59.29		481		
	50m: 33.33 33.33		100m: 1:10.09 36.76		200m: 2:26.30 1:16.21	400m: 4:59.29 2:32.99			
15.	Daniela Alexandra PEDRO	04	130864	Colegio Vasco da Gama	5:00.93		473		
	50m: 33.60 33.60		100m: 1:11.55 37.95		200m: 2:30.09 1:18.54	400m: 5:00.93 2:30.84			
16.	Raquel Raposo LOPES	04	153469	Cova Da Piedade	5:01.41		471		
	50m: 33.75 33.75		100m: 1:10.91 37.16		200m: 2:27.76 1:16.85	400m: 5:01.41 2:33.65			
17.	Margarida Violante VIANA	04	132662	Ba/Bomcar	5:01.53		470		
	50m: 35.12 35.12		100m: 1:12.68 37.56		200m: 2:29.81 1:17.13	400m: 5:01.53 2:31.72			
18.	Gabriela BOROZAN	04	131882	Louletano / Loule Concelho	5:02.32		466		
	50m: 33.15 33.15		100m: 1:10.18 37.03		200m: 2:28.01 1:17.83	400m: 5:02.32 2:34.31			
19.	Mafalda Sardinha MONTEIRO	04	128883	Benfica	5:03.37		461		
	50m: 33.19 33.19		100m: 1:09.84 36.65		200m: 2:27.31 1:17.47	400m: 5:03.37 2:36.06			
20.	Beatriz Staiger BENTO	04	125204	Viver Santarem	5:03.65		460		
	50m: 32.70 32.70		100m: 1:09.42 36.72		200m: 2:26.82 1:17.40	400m: 5:03.65 2:36.83			
21.	Ana Beatriz PEREIRA	04	124073	Rio Maior	5:04.99		454		
	50m: 33.72 33.72		100m: 1:10.74 37.02		200m: 2:27.38 1:16.64	400m: 5:04.99 2:37.61			
22.	Carolina Porem HENRIQUES	04	129802	Sporting	5:05.48		452		
	50m: 33.98 33.98		100m: 1:11.97 37.99		200m: 2:29.49 1:17.52	400m: 5:05.48 2:35.99			
	Leonor Santos JESUS	04	126749	Natacao de Olhao	5:05.48		452		
	50m: 33.45 33.45		100m: 1:10.89 37.44		200m: 2:30.11 1:19.22	400m: 5:05.48 2:35.37			



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Prova 20, Femin., 400m Livres, Juvenis B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
24.	Mariana Fragoso GUTERRES	04	200475	Benfica	5:06.89		446		
	50m: 33.82 33.82		100m: 1:11.69 37.87		200m: 2:29.83 1:18.14	400m: 5:06.89 2:37.06			
25.	Laura Macedo LAGOA	04	130137	Ba/Bomcar	5:07.71		442		
	50m: 34.06 34.06		100m: 1:10.78 36.72		200m: 2:29.12 1:18.34	400m: 5:07.71 2:38.59			
26.	Beatriz Maria FREIXIEIRO	04	201459	Rio Maior	5:08.28		440		
	50m: 32.48 32.48		100m: 1:10.60 38.12		200m: 2:30.94 1:20.34	400m: 5:08.28 2:37.34			
27.	Maria Joao REIS	04	129248	Nautico Marinha Grande	5:09.12		436		
	50m: 33.44 33.44		100m: 1:12.14 38.70		200m: 2:33.12 1:20.98	400m: 5:09.12 2:36.00			
28.	Carolina Osório BRASAO	04	200900	Gesloures	5:09.70		434		
	50m: 33.67 33.67		100m: 1:11.16 37.49		200m: 2:30.23 1:19.07	400m: 5:09.70 2:39.47			
29.	Maria Ines SILVA	04	132952	Alcobaca	5:09.72		434		
	50m: 33.53 33.53		100m: 1:11.21 37.68		200m: 2:30.45 1:19.24	400m: 5:09.72 2:39.27			
30.	Mariana Pereira MENDES	04	129298	Louletano / Loule Concelho	5:09.84		433		
	50m: 33.70 33.70		100m: 1:11.49 37.79		200m: 2:31.39 1:19.90	400m: 5:09.84 2:38.45			
31.	Rita Carrico CRUZ	04	130059	Viver Santarem	5:26.98		368		
	50m: 34.29 34.29		100m: 1:12.29 38.00		200m: 2:32.56 1:20.27	400m: 5:26.98 2:54.42			
DSQ	Sofia Morais FARIA G28 - Desistiu	04	127371	Ba/Bomcar					

Juvenis A

1.	Mafalda Sofia ROSA	03	127310	Rio Maior	4:28.23		668		
	50m: 31.06 31.06		100m: 1:03.97 32.91		200m: 2:11.17 1:07.20	400m: 4:28.23 2:17.06			
2.	Joana Ribeiro MARTINS	03	129164	Benfica	4:35.46		617		
	50m: 31.82 31.82		100m: 1:05.70 33.88		200m: 2:15.70 1:10.00	400m: 4:35.46 2:19.76			
3.	Ema Jeronimo CONCEICAO	03	129812	Fisica Torres Vedras	4:38.92		594		
	50m: 31.61 31.61		100m: 1:05.22 33.61		200m: 2:15.81 1:10.59	400m: 4:38.92 2:23.11			
4.	Beatriz Picanco MARTINS	03	127247	Benfica	4:42.00		575		
	50m: 32.24 32.24		100m: 1:08.26 36.02		200m: 2:21.11 1:12.85	400m: 4:42.00 2:20.89			
5.	Laura Luz FONSECA	03	122825	Naval de Ponta Delgada	4:43.27		567		
	50m: 31.45 31.45		100m: 1:05.55 34.10		200m: 2:52.76 1:47.21	400m: 4:43.27 1:50.51			
6.	Beatriz Quintao AMANTES	03	132798	Uniao Piedense	4:47.74		541		
	50m: 32.15 32.15		100m: 1:08.31 36.16		200m: 2:22.12 1:13.81	400m: 4:47.74 2:25.62			
7.	Julia Caldeira FERREIRA	03	133480	Naval do Funchal	4:50.34		527		
	50m: 32.95 32.95		100m: 1:09.48 36.53		200m: 2:23.61 1:14.13	400m: 4:50.34 2:26.73			
8.	Ines Filipa JACINTO	03	126698	Ba/Bomcar	4:51.21		522		
	50m: 33.18 33.18		100m: 1:09.36 36.18		200m: 2:23.97 1:14.61	400m: 4:51.21 2:27.24			
9.	Ana Catarina FERNANDES	03	128612	Naval do Funchal	4:54.70		503		
	50m: 33.02 33.02		100m: 1:09.24 36.22		200m: 2:23.34 1:14.10	400m: 4:54.70 2:31.36			
10.	Beatriz Moreira CARVALHO	03	127313	Rio Maior	4:55.59		499		
	50m: 32.70 32.70		100m: 1:08.20 35.50		200m: 2:23.24 1:15.04	400m: 4:55.59 2:32.35			
11.	Margarida Mota SILVA	03	122224	Palmela	4:55.68		498		
	50m: 32.80 32.80		100m: 1:08.85 36.05		200m: 2:23.32 1:14.47	400m: 4:55.68 2:32.36			
12.	Beatriz Sousa VALENTE	03	127077	Natacao de Olhao	4:56.36		495		
	50m: 33.49 33.49		100m: 1:10.09 36.60		200m: 2:25.08 1:14.99	400m: 4:56.36 2:31.28			