

Torneio Regional de Fundo - Juvenis
Tavira, 17 - 18-11-2018

Prova 3
18-11-2018 - 11:45

Masc., 400m Estilos

Juvenis
Resultados

Pontos: FINA 2018

Lugar	Ano										Tempo final	Pts
Juvenis B												
1.	Angelo Miranda, NASCIMENTO				04	Natacao de Olhao					5:05.33	458
	50m:	31.17	31.17	150m:	1:50.11	42.82	250m:	3:13.86	43.03	350m:	4:32.80	35.07
	100m:	1:07.29	36.12	200m:	2:30.83	40.72	300m:	3:57.73	43.87	400m:	5:05.33	32.53
2.	Daniel Alexandre, SILVA				04	Natacao de Olhao					5:25.30	379
	50m:	35.10	35.10	150m:	1:58.78	41.59	250m:	3:26.17	46.88	350m:	4:50.43	37.65
	100m:	1:17.19	42.09	200m:	2:39.29	40.51	300m:	4:12.78	46.61	400m:	5:25.30	34.87
3.	Alexandre Moreira, FARIAS				04	Louletano / Loule Concelho					5:25.45	378
	50m:	35.13	35.13	150m:	2:00.40	42.11	250m:	3:26.29	45.41	350m:	4:49.93	38.13
	100m:	1:18.29	43.16	200m:	2:40.88	40.48	300m:	4:11.80	45.51	400m:	5:25.45	35.52
4.	Ruben Filipe, FRANCISCO				04	Portinado					5:31.87	357
	50m:	34.55	34.55	150m:	1:58.45	42.41	250m:	3:27.35	47.91	350m:	4:55.37	38.42
	100m:	1:16.04	41.49	200m:	2:39.44	40.99	300m:	4:16.95	49.60	400m:	5:31.87	36.50
5.	Guilherme Antonio, SILVA				04	Aquatico Silves					5:35.81	344
	50m:	32.96	32.96	150m:	2:00.83	45.85	250m:	3:33.40	46.71	350m:	5:00.06	37.78
	100m:	1:14.98	42.02	200m:	2:46.69	45.86	300m:	4:22.28	48.88	400m:	5:35.81	35.75
6.	Bruno Daniel, JESUS				04	Natacao de Olhao					5:37.18	340
	50m:	34.18	34.18	150m:	2:03.46	46.03	250m:	3:33.68	45.36	350m:	5:00.17	40.47
	100m:	1:17.43	43.25	200m:	2:48.32	44.86	300m:	4:19.70	46.02	400m:	5:37.18	37.01
7.	Martim Rodrigues, AFONSO				04	Aquatico Silves					5:37.39	340
	50m:	36.39	36.39	150m:	2:03.17	42.60	250m:	3:32.49	47.13	350m:	5:00.29	38.20
	100m:	1:20.57	44.18	200m:	2:45.36	42.19	300m:	4:22.09	49.60	400m:	5:37.39	37.10
8.	Tiago Miguel, VICENTE				04	Aquatico Silves					5:37.59	339
	50m:	36.15	36.15	150m:	2:02.15	42.95	250m:	3:33.02	48.80	350m:	5:00.90	37.62
	100m:	1:19.20	43.05	200m:	2:44.22	42.07	300m:	4:23.28	50.26	400m:	5:37.59	36.69
9.	Iuri Lucas, BORISOV				04	Louletano / Loule Concelho					5:49.42	306
	50m:	35.35	35.35	150m:	2:04.71	47.50	250m:	3:37.23	46.73	350m:	5:08.72	44.27
	100m:	1:17.21	41.86	200m:	2:50.50	45.79	300m:	4:24.45	47.22	400m:	5:49.42	40.70
10.	Goncalo Romao, GUERREIRO				04	Louletano / Loule Concelho					5:54.95	292
	50m:	37.48	37.48	150m:	2:08.78	46.14	250m:	3:41.73	48.23	350m:	5:14.08	42.09
	100m:	1:22.64	45.16	200m:	2:53.50	44.72	300m:	4:31.99	50.26	400m:	5:54.95	40.87
11.	Tiago Trigg, BARRADAS				04	Portinado					5:59.40	281
	50m:	36.19	36.19	150m:	2:10.57	46.90	250m:	3:45.14	49.06	350m:	5:19.01	42.68
	100m:	1:23.67	47.48	200m:	2:56.08	45.51	300m:	4:36.33	51.19	400m:	5:59.40	40.39
12.	Joao Pedro, DIAS				04	Lagoa AC					6:14.28	249
	50m:	39.46	39.46	150m:	2:15.04	49.13	250m:	3:51.89	50.12	350m:	5:29.00	46.20
	100m:	1:25.91	46.45	200m:	3:01.77	46.73	300m:	4:42.80	50.91	400m:	6:14.28	45.28
13.	Ruben Luis, GUERREIRO				04	Portinado					6:37.89	207
	50m:	44.95	44.95	150m:	2:30.91	51.26	250m:	4:12.39	51.24	350m:	5:54.48	47.26
	100m:	1:39.65	54.70	200m:	3:21.15	50.24	300m:	5:07.22	54.83	400m:	6:37.89	43.41
DSQ	Guilherme Sousa, GOMES				04	Aquatico Silves						
	Pernadas de Golfinho durante o percurso de bruços											
DSQ	Vladislav, GROSHEV				04	FC Ferreiras/AlgarExperience						
	809 - Movimento alternado de pernas durante o percurso - SW 8.3, de bruços											

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Juvenis A

1.	Pedro Miguel, BOAVIDA	03	Natacao de Olhao	5:06.87	451
	50m: 30.60 30.60	150m: 1:47.80	41.37 250m: 3:12.86 45.20	350m: 4:33.30	35.42
	100m: 1:06.43 35.83	200m: 2:27.66	39.86 300m: 3:57.88 45.02	400m: 5:06.87	33.57
2.	Joao Martins, CRISTINA	03	Louletano / Loule Concelho	5:09.52	440
	50m: 32.65 32.65	150m: 1:52.16	40.63 250m: 3:16.67 44.01	350m: 4:36.78	36.41
	100m: 1:11.53 38.88	200m: 2:32.66	40.50 300m: 4:00.37 43.70	400m: 5:09.52	32.74
3.	Alexandre Afonso, COSTA	03	Louletano / Loule Concelho	5:32.82	354
	50m: 32.65 32.65	150m: 1:56.73	43.59 250m: 3:27.72 48.92	350m: 4:55.37	39.13
	100m: 1:13.14 40.49	200m: 2:38.80	42.07 300m: 4:16.24 48.52	400m: 5:32.82	37.45
4.	Gustavo Calapez, GANHAO	03	Portinado	5:37.32	340
	50m: 35.15 35.15	150m: 2:01.98	42.68 250m: 3:31.90 47.69	350m: 5:01.39	41.76
	100m: 1:19.30 44.15	200m: 2:44.21	42.23 300m: 4:19.63 47.73	400m: 5:37.32	35.93
5.	Vasco Nunes, DIOGO	03	Natação de Faro	6:01.41	276
	50m: 35.83 35.83	150m: 2:02.94	43.71 250m: 3:40.10 54.45	350m: 5:18.25	43.44
	100m: 1:19.23 43.40	200m: 2:45.65	42.71 300m: 4:34.81 54.71	400m: 6:01.41	43.16
6.	Jose Joao, ANTUNES	03	FC Ferreiras/AlgarExperience	6:04.25	270
	50m: 37.78 37.78	150m: 2:13.82	47.74 250m: 3:49.71 50.19	350m: 5:23.85	42.74
	100m: 1:26.08 48.30	200m: 2:59.52	45.70 300m: 4:41.11 51.40	400m: 6:04.25	40.40
7.	Guilherme Dias, CARDOSO	03	FC Ferreiras/AlgarExperience	6:13.19	251
	50m: 39.01 39.01	150m: 2:12.41	47.95 250m: 3:53.34 54.94	350m: 5:33.58	43.32
	100m: 1:24.46 45.45	200m: 2:58.40	45.99 300m: 4:50.26 56.92	400m: 6:13.19	39.61
8.	Volodymyr, LAPSHYN	03	Nautico do Guadiana	6:32.27	216
	50m: 31.89 31.89	150m: 2:05.54	54.35 250m: 3:55.18 58.45	350m: 5:46.91	48.58
	100m: 1:11.19 39.30	200m: 2:56.73	51.19 300m: 4:58.33 1:03.15	400m: 6:32.27	45.36
DSQ	Henrique Saraiva, PEREIRA	03	Portinado		
	613 - Não efectuou a viragem aos 175 m logo após terminar movimento continuo da braçada - SW 6.4				
DSQ	Goncalo Quelhas, GUIOMAR	03	Tavira Natacao		
	724 - Não tocou com as mãos na parede simultaneamente na viragem aos 250 m - SW 7.6				