

Prova 21  
24-11-2018 - 17:00

Femin., 400m Livres

12 anos e mais velhos  
Resultados

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
<b>Juvenis B</b>									
1.	Beatriz Alexandra, MACHADO	05	137849	Beja	<b>5:15.15</b>		412		
	50m: 35.08 35.08		150m: 1:53.82 39.91	250m: 3:14.56	39.92	350m: 4:35.46	40.31		
	100m: 1:13.91 38.83		200m: 2:34.64 40.82	300m: 3:55.15	40.59	400m: 5:15.15	39.69		
2.	Catarina Neves, COLAÇO	05	200599	Natação de Faro	<b>5:19.88</b>		394		
	50m: 35.83 35.83		150m: 1:55.06 40.15	250m: 3:16.91	40.89	350m: 4:40.06	41.81		
	100m: 1:14.91 39.08		200m: 2:36.02 40.96	300m: 3:58.25	41.34	400m: 5:19.88	39.82		
3.	Ines Carvalho, FONSECA	05	140819	Lagoa AC	<b>5:29.54</b>		360		
	50m: 35.75 35.75		150m: 1:55.73 40.58	250m: 3:19.16	42.09	350m: 4:45.98	44.02		
	100m: 1:15.15 39.40		200m: 2:37.07 41.34	300m: 4:01.96	42.80	400m: 5:29.54	43.56		
4.	Samar Bouazib, GUEDES	05	129590	FC Ferreiras/AlgarExperience	<b>6:36.60</b>		206		
	50m: 43.24 43.24		150m: 2:24.49 51.75	250m: 4:07.34	51.41	350m: 5:49.17	49.43		
	100m: 1:32.74 49.50		200m: 3:15.93 51.44	300m: 4:59.74	52.40	400m: 6:36.60	47.43		

**Juvenis A**

1.	Leonor Santos, JESUS	04	126749	Natacao de Olhao	<b>4:50.00</b>		528		
	50m: 33.05 33.05		150m: 1:45.83 36.67	250m: 2:58.66	36.22	350m: 4:12.75	37.27		
	100m: 1:09.16 36.11		200m: 2:22.44 36.61	300m: 3:35.48	36.82	400m: 4:50.00	37.25		
2.	Gabriela, BOROZAN	04	131882	Louletano / Loule Concelho	<b>4:56.63</b>		494		
	50m: 32.07 32.07		150m: 1:44.24 36.97	250m: 3:00.52	38.45	350m: 4:18.89	39.15		
	100m: 1:07.27 35.20		200m: 2:22.07 37.83	300m: 3:39.74	39.22	400m: 4:56.63	37.74		
3.	Angelina Bermejo, JONES	04	203392	Portinado	<b>4:57.30</b>		490		
	50m: 31.94 31.94		150m: 1:46.87 38.22	250m: 3:04.92	38.87	350m: 4:21.62	38.14		
	100m: 1:08.65 36.71		200m: 2:26.05 39.18	300m: 3:43.48	38.56	400m: 4:57.30	35.68		
4.	Joana Lopes, SALGUEIRO	04	129908	Natacao de Olhao	<b>5:05.80</b>		451		
	50m: 33.10 33.10		150m: 1:48.12 38.09	250m: 3:06.67	39.14	350m: 4:27.41	40.80		
	100m: 1:10.03 36.93		200m: 2:27.53 39.41	300m: 3:46.61	39.94	400m: 5:05.80	38.39		
5.	Maria Beatriz, FERNANDES	04	129297	Louletano / Loule Concelho	<b>5:10.05</b>		432		
	50m: 34.14 34.14		150m: 1:51.67 39.38	250m: 3:11.74	40.11	350m: 4:31.47	39.86		
	100m: 1:12.29 38.15		200m: 2:31.63 39.96	300m: 3:51.61	39.87	400m: 5:10.05	38.58		
6.	Mariana Ponte, MARTINS	04	204627	Louletano / Loule Concelho	<b>5:10.28</b>		431		
	50m: 34.72 34.72		150m: 1:52.11 39.33	250m: 3:12.83	40.43	350m: 4:32.90	39.87		
	100m: 1:12.78 38.06		200m: 2:32.40 40.29	300m: 3:53.03	40.20	400m: 5:10.28	37.38		
7.	Alice Clemente, ALVES	04	126840	Tavira Natacao	<b>5:16.72</b>		405		
	50m: 36.67 36.67		150m: 1:57.20 40.68	250m: 3:18.84	40.71	350m: 4:38.48	39.77		
	100m: 1:16.52 39.85		200m: 2:38.13 40.93	300m: 3:58.71	39.87	400m: 5:16.72	38.24		
8.	Catarina Rufino, MADEIRA	04	126563	Natação de Faro	<b>5:22.02</b>		386		
	50m: 35.76 35.76		150m: 1:56.97 40.85	250m: 3:19.97	42.06	350m: 4:43.07	41.29		
	100m: 1:16.12 40.36		200m: 2:37.91 40.94	300m: 4:01.78	41.81	400m: 5:22.02	38.95		
9.	Barbara Leote, CARMO	04	204261	Natacao de Olhao	<b>5:30.56</b>		357		
	50m: 35.88 35.88		150m: 1:57.76 41.73	250m: 3:22.04	42.55	350m: 4:49.03	43.52		
	100m: 1:16.03 40.15		200m: 2:39.49 41.73	300m: 4:05.51	43.47	400m: 5:30.56	41.53		
10.	Mariana Ferreira, AFONSO	04	131256	Louletano / Loule Concelho	<b>5:40.16</b>		327		
	50m: 38.04 38.04		150m: 2:03.22 43.08	250m: 3:30.61	43.74	350m: 4:58.04	43.58		
	100m: 1:20.14 42.10		200m: 2:46.87 43.65	300m: 4:14.46	43.85	400m: 5:40.16	42.12		

**Absoluto**

1.	Ana Filipa, COSTA	98	102909	Beja	<b>4:42.86</b>		569		
	50m: 32.76 32.76		150m: 1:44.42 36.24	250m: 2:56.83	35.87	350m: 4:08.42	35.66		
	100m: 1:08.18 35.42		200m: 2:20.96 36.54	300m: 3:32.76	35.93	400m: 4:42.86	34.44		
2.	Clara Carvalho, RODRIGUES	02	129193	Louletano / Loule Concelho	<b>4:46.89</b>		546		
	50m: 32.82 32.82		150m: 1:44.74 35.94	250m: 2:57.00	35.89	350m: 4:10.81	37.13		
	100m: 1:08.80 35.98		200m: 2:21.11 36.37	300m: 3:33.68	36.68	400m: 4:46.89	36.08		

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
3.	Maria Crista, JESUS	03	126849	Louletano / Loule Concelho	<b>4:48.59</b>		536		
	50m: 31.78 31.78		150m: 1:43.45 36.40	250m: 2:57.41 36.93	350m: 4:12.34 37.46				
	100m: 1:07.05 35.27		200m: 2:20.48 37.03	300m: 3:34.88 37.47	400m: 4:48.59 36.25				
4.	Barbara Sofrino, RODRIGUES	01	120568	Aquatico Silves	<b>4:55.42</b>		500		
	50m: 31.44 31.44		150m: 1:43.29 36.79	250m: 3:00.19 38.75	350m: 4:19.21 39.42				
	100m: 1:06.50 35.06		200m: 2:21.44 38.15	300m: 3:39.79 39.60	400m: 4:55.42 36.21				
5.	Beatriz Sousa, VALENTE	03	127077	Natacao de Olhao	<b>4:55.62</b>		499		
	50m: 33.97 33.97		150m: 1:48.26 37.72	250m: 3:04.24 38.15	350m: 4:20.23 37.64				
	100m: 1:10.54 36.57		200m: 2:26.09 37.83	300m: 3:42.59 38.35	400m: 4:55.62 35.39				
6.	Mariana Sebastiao, MENDES	01	126564	Portinado	<b>4:58.14</b>		486		
	50m: 33.54 33.54		150m: 1:48.31 37.91	250m: 3:04.50 37.73	350m: 4:20.63 37.73				
	100m: 1:10.40 36.86		200m: 2:26.77 38.46	300m: 3:42.90 38.40	400m: 4:58.14 37.51				
7.	Joana Viegas, BENTO	99	121143	Natação de Faro	<b>5:01.24</b>		471		
	50m: 34.01 34.01		150m: 1:48.84 38.05	250m: 3:05.17 38.01	350m: 4:23.23 38.91				
	100m: 1:10.79 36.78		200m: 2:27.16 38.32	300m: 3:44.32 39.15	400m: 5:01.24 38.01				
8.	Patricia Abreu, SEONG	03	123751	FC Ferreiras/AlgarExperience	<b>5:03.84</b>		459		
	50m: 33.90 33.90		150m: 1:48.58 38.01	250m: 3:05.65 38.05	350m: 4:24.61 39.65				
	100m: 1:10.57 36.67		200m: 2:27.60 39.02	300m: 3:44.96 39.31	400m: 5:03.84 39.23				
9.	Leila Rosa, WATSON	03	128103	Lagoa AC	<b>5:12.11</b>		424		
	50m: 35.04 35.04		150m: 1:52.48 39.19	250m: 3:12.46 40.36	350m: 4:32.91 39.92				
	100m: 1:13.29 38.25		200m: 2:32.10 39.62	300m: 3:52.99 40.53	400m: 5:12.11 39.20				
10.	Matilde, PEREIRA	03		Portinado	<b>5:20.86</b>		390		
	50m: 33.75 33.75		150m: 1:51.76 40.15	250m: 3:14.31 41.34	350m: 4:38.92 42.20				
	100m: 1:11.61 37.86		200m: 2:32.97 41.21	300m: 3:56.72 42.41	400m: 5:20.86 41.94				
11.	Patricia Silva, OLIVEIRA	03	147159	FC Ferreiras/AlgarExperience	<b>5:33.25</b>		348		
	50m: 36.36 36.36		150m: 1:59.65 42.52	250m: 3:25.53 43.12	350m: 4:52.59 43.32				
	100m: 1:17.13 40.77		200m: 2:42.41 42.76	300m: 4:09.27 43.74	400m: 5:33.25 40.66				