

Campeonato Regional de PC  
Albufeira, 24- - 25-11-2018

Prova 4  
24-11-2018 - 10:25

Femin., 1500m Livres

12 anos e mais velhos  
Resultados

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
<b>Juvenis A</b>									
1.	Leonor Santos, JESUS	04	126749	Natacao de Olhao	<b>18:49.12</b>			540	
	100m: 1:10.65			500m: 6:08.00	1:14.47	900m: 11:07.37	1:15.22	1300m: 16:13.93	1:18.75
	200m: 2:25.21			600m: 7:21.75	1:13.75	1000m: 12:22.90	1:15.53	1400m: 17:33.09	1:19.16
	300m: 3:39.43			700m: 8:36.40	1:14.65	1100m: 13:38.71	1:15.81	1500m: 18:49.12	1:16.03
	400m: 4:53.53			800m: 9:52.15	1:15.75	1200m: 14:55.18	1:16.47		
2.	Mariana Coelho, SANTOS	04	130838	Lagoa AC	<b>21:05.72</b>			383	
	100m: 1:13.06			500m: 6:47.96	1:24.42	900m: 12:29.97	1:24.72	1300m: 18:17.53	1:27.09
	200m: 2:34.28			600m: 8:12.42	1:24.46	1000m: 13:56.19	1:26.22	1400m: 19:43.22	1:25.69
	300m: 3:58.72			700m: 9:39.00	1:26.58	1100m: 15:25.94	1:29.75	1500m: 21:05.72	1:22.50
	400m: 5:23.54			800m: 11:05.25	1:26.25	1200m: 16:50.44	1:24.50		

**Absoluto**

1.	Anna, FOMINA	02	208146	Louletano / Loule Concelho	<b>18:37.92</b>			556	
	100m: 1:12.35			500m: 6:14.38	1:15.44	900m: 11:15.19	1:14.22	1300m: 16:11.91	1:13.60
	200m: 2:27.69			600m: 7:30.38	1:16.00	1000m: 12:28.66	1:13.47	1400m: 17:26.53	1:14.62
	300m: 3:43.03			700m: 8:45.72	1:15.34	1100m: 13:44.06	1:15.40	1500m: 18:37.92	1:11.39
	400m: 4:58.94			800m: 10:00.97	1:15.25	1200m: 14:58.31	1:14.25		
2.	Clara Carvalho, RODRIGUES	02	129193	Louletano / Loule Concelho	<b>19:22.75</b>			494	
	100m: 1:12.84			500m: 6:17.71	1:17.00	900m: 11:28.43	1:18.90	1300m: 16:46.15	1:19.65
	200m: 2:28.37			600m: 7:34.40	1:16.69	1000m: 12:47.75	1:19.32	1400m: 18:05.59	1:19.44
	300m: 3:44.87			700m: 8:51.56	1:17.16	1100m: 14:07.21	1:19.46	1500m: 19:22.75	1:17.16
	400m: 5:00.71			800m: 10:09.53	1:17.97	1200m: 15:26.50	1:19.29		
3.	Patricia Silva, OLIVEIRA	03	147159	FC Ferreiras/AlgarExperience	<b>21:37.09</b>			356	
	100m: 1:16.81			500m: 6:59.81	1:26.25	900m: 12:49.06	1:28.03	1300m: 18:42.21	1:29.40
	200m: 2:41.18			600m: 8:26.62	1:26.81	1000m: 14:17.43	1:28.37	1400m: 20:11.12	1:28.91
	300m: 4:06.93			700m: 9:53.53	1:26.91	1100m: 15:45.03	1:27.60	1500m: 21:37.09	1:25.97
	400m: 5:33.56			800m: 11:21.03	1:27.50	1200m: 17:12.81	1:27.78		