

Prova 44  
25-11-2018 - 17:05

Masc., 400m Livres

13 anos e mais velhos  
Resultados

Recorde Regional Absoluto	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002
Recorde Regional Abs	3:55.02	Miguel Martins, PIRES	POR	Felgueiras	22-11-2002
Recorde Regional Jun. 2	4:01.65	Joao Duarte, SANTOS	POR	S. Antonio Cavaleiros	21-12-2012
Recorde Regional Jun. 1	4:05.34	Joao Duarte, SANTOS	POR	Silves	03-12-2011
Recorde Regional Juv. A	4:10.23	Tiago Miguel, VILHENA	POR	Abrantes	04-03-2017
Recorde Regional Juv. B	4:09.85	Tiago Miguel, VILHENA	POR	Setubal	05-12-2015
Recorde Regional Inf. A	4:19.82	Joao Duarte, SANTOS	POR	Pinhal Novo	07-03-2009
Recorde Regional Inf. B	4:37.22	Jose Miguel, RODEIA	POR	Sines	08-04-2017

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
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Juvenis B

1.	Angelo Miranda, NSCIMENTO	04	153160	Natacao de Olhao	<b>4:35.01</b>		459		
	50m: 30.33 30.33			150m: 1:37.82 34.43	250m: 2:48.46	35.54	350m: 4:00.06	35.79	
	100m: 1:03.39 33.06			200m: 2:12.92 35.10	300m: 3:24.27	35.81	400m: 4:35.01	34.95	
2.	Daniel Alexandre, SILVA	04	204626	Natacao de Olhao	<b>4:49.13</b>		395		
	50m: 32.77 32.77			150m: 1:46.02 36.82	250m: 3:01.21	37.34	350m: 4:15.03	37.00	
	100m: 1:09.20 36.43			200m: 2:23.87 37.85	300m: 3:38.03	36.82	400m: 4:49.13	34.10	
3.	Ruben Filipe, FRANCISCO	04	131728	Portinado	<b>4:50.34</b>		390		
	50m: 31.26 31.26			150m: 1:43.57 36.95	250m: 2:58.90	37.51	350m: 4:15.18	37.87	
	100m: 1:06.62 35.36			200m: 2:21.39 37.82	300m: 3:37.31	38.41	400m: 4:50.34	35.16	
4.	Tiago Miguel, VICENTE	04		Aquatico Silves	<b>4:53.00</b>		380		
	50m: 32.47 32.47			150m: 1:46.09 37.21	250m: 3:01.12	37.18	350m: 4:18.17	38.59	
	100m: 1:08.88 36.41			200m: 2:23.94 37.85	300m: 3:39.58	38.46	400m: 4:53.00	34.83	
5.	Goncalo Romao, GUERREIRO	04	132175	Louletano / Loule Concelho	<b>4:59.07</b>		357		
	50m: 33.98 33.98			150m: 1:49.75 38.18	250m: 3:06.20	38.05	350m: 4:22.65	38.15	
	100m: 1:11.57 37.59			200m: 2:28.15 38.40	300m: 3:44.50	38.30	400m: 4:59.07	36.42	
6.	Vladislav, GROSHEV	04	132754	FC Ferreiras/AlgarExperience	<b>5:00.42</b>		352		
	50m: 33.39 33.39			150m: 1:49.70 38.61	250m: 3:07.54	38.86	350m: 4:25.00	38.77	
	100m: 1:11.09 37.70			200m: 2:28.68 38.98	300m: 3:46.23	38.69	400m: 5:00.42	35.42	
7.	Bruno Daniel, JESUS	04	132282	Natacao de Olhao	<b>5:01.31</b>		349		
	50m: 34.21 34.21			150m: 1:50.32 38.82	250m: 3:07.10	38.81	350m: 4:24.40	38.72	
	100m: 1:11.50 37.29			200m: 2:28.29 37.97	300m: 3:45.68	38.58	400m: 5:01.31	36.91	
8.	Diogo Xavier, SILVA	04	207274	Natacao de Olhao	<b>5:06.44</b>		332		
	50m: 34.31 34.31			150m: 1:50.26 38.42	250m: 3:08.50	39.18	350m: 4:28.78	40.42	
	100m: 1:11.84 37.53			200m: 2:29.32 39.06	300m: 3:48.36	39.86	400m: 5:06.44	37.66	

Juvenis A

1.	Pedro Miguel, BOAVIDA	03	126750	Natacao de Olhao	<b>4:46.08</b>		408		
	50m: 31.10 31.10			150m: 1:42.34 36.59	250m: 2:56.69	37.38	350m: 4:10.76	37.16	
	100m: 1:05.75 34.65			200m: 2:19.31 36.97	300m: 3:33.60	36.91	400m: 4:46.08	35.32	
2.	Goncalo Quelhas, GUIOMAR	03	128112	Tavira Natacao	<b>4:53.99</b>		376		
	50m: 32.43 32.43			150m: 1:44.69 36.42	250m: 2:59.10	37.51	350m: 4:16.27	38.62	
	100m: 1:08.27 35.84			200m: 2:21.59 36.90	300m: 3:37.65	38.55	400m: 4:53.99	37.72	
3.	Jose Joao, ANTUNES	03	128673	FC Ferreiras/AlgarExperience	<b>4:56.99</b>		365		
	50m: 33.19 33.19			150m: 1:46.99 37.16	250m: 3:02.55	37.96	350m: 4:20.11	39.20	
	100m: 1:09.83 36.64			200m: 2:24.59 37.60	300m: 3:40.91	38.36	400m: 4:56.99	36.88	
4.	Gustavo Calapez, GANHAO	03	133359	Portinado	<b>5:11.48</b>		316		
	50m: 33.53 33.53			150m: 1:48.78 38.15	250m: 3:08.20	39.33	350m: 4:26.38	37.83	
	100m: 1:10.63 37.10			200m: 2:28.87 40.09	300m: 3:48.55	40.35	400m: 5:11.48	45.10	

Absoluto

1.	Andre Serro, JOAQUIM	00	121096	Portinado	<b>4:15.84</b>		571		
	50m: 28.40 28.40			150m: 1:31.02 32.04	250m: 2:38.70	33.88	350m: 3:44.70	31.64	
	100m: 58.98 30.58			200m: 2:04.82 33.80	300m: 3:13.06	34.36	400m: 4:15.84	31.14	
2.	Alexandre Teixeira, MARCOS	00	122679	Louletano / Loule Concelho	<b>4:18.35</b>		554		
	50m: 29.18 29.18			150m: 1:33.78 32.77	250m: 2:39.94	33.21	350m: 3:46.61	33.40	
	100m: 1:01.01 31.83			200m: 2:06.73 32.95	300m: 3:13.21	33.27	400m: 4:18.35	31.74	

Prova 44, Masc., 400m Livres, Absoluto

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
3.	Tomas Galvao, LOURENCO	02	124070	Natacao de Olhao	<b>4:19.60</b>		546		
	50m: 29.91 29.91		150m: 1:35.48 32.97	250m: 2:42.14 33.08	350m: 3:47.81 32.47				
	100m: 1:02.51 32.60		200m: 2:09.06 33.58	300m: 3:15.34 33.20	400m: 4:19.60 31.79				
4.	Hugo Miguel, VIEGAS	02	125185	Natacao de Olhao	<b>4:21.26</b>		536		
	50m: 29.46 29.46		150m: 1:34.30 32.73	250m: 2:41.34 33.40	350m: 3:48.52 33.43				
	100m: 1:01.57 32.11		200m: 2:07.94 33.64	300m: 3:15.09 33.75	400m: 4:21.26 32.74				
5.	Diogo Martins, SANTOS	02	126751	Portinado	<b>4:26.64</b>		504		
	50m: 29.52 29.52		150m: 1:35.09 33.45	250m: 2:43.03 33.76	350m: 3:52.26 34.75				
	100m: 1:01.64 32.12		200m: 2:09.27 34.18	300m: 3:17.51 34.48	400m: 4:26.64 34.38				
6.	Diogo Sousa, GOMES	02	130275	Portinado	<b>4:29.93</b>		486		
	50m: 29.82 29.82		150m: 1:37.61 34.29	250m: 2:47.87 35.31	350m: 3:58.02 35.20				
	100m: 1:03.32 33.50		200m: 2:12.56 34.95	300m: 3:22.82 34.95	400m: 4:29.93 31.91				
7.	David Rodrigues, TRINDADE	99	130416	Natacao de Olhao	<b>4:30.23</b>		484		
	50m: 30.69 30.69		150m: 1:39.46 35.15	250m: 2:49.98 35.33	350m: 3:59.10 34.40				
	100m: 1:04.31 33.62		200m: 2:14.65 35.19	300m: 3:24.70 34.72	400m: 4:30.23 31.13				
8.	Ricardo Jorge, JOSÉ	02	125208	Natação de Faro	<b>4:37.96</b>		445		
	50m: 30.72 30.72		150m: 1:39.33 35.13	250m: 2:50.03 35.70	350m: 4:02.13 36.04				
	100m: 1:04.20 33.48		200m: 2:14.33 35.00	300m: 3:26.09 36.06	400m: 4:37.96 35.83				
9.	Filipe Cavaco, GUERREIRO	02	126821	Louletano / Loule Concelho	<b>4:58.20</b>		360		
	50m: 30.76 30.76		150m: 1:43.66 37.06	250m: 3:01.64 39.25	350m: 4:20.37 39.35				
	100m: 1:06.60 35.84		200m: 2:22.39 38.73	300m: 3:41.02 39.38	400m: 4:58.20 37.83				
10.	Joao Alexandre, VIEGAS	01		Natação de Faro	<b>5:18.01</b>		297		
	50m: 32.70 32.70		150m: 1:50.56 40.18	250m: 3:14.28 41.66	350m: 4:38.06 41.16				
	100m: 1:10.38 37.68		200m: 2:32.62 42.06	300m: 3:56.90 42.62	400m: 5:18.01 39.95				