

Campeonatos Regionais Inverno Infantis e Adaptada
Quarteira, 9- - 10-3-2019

Prova 10 Femin., 400m Estilos 12 anos e mais velhos
09-03-2019 - 15:30 Resultados

Recorde Regional Sen	4:49.84	PEREIRA, Ana Beatriz	POR	S. Antonio Cavaleiros	20-12-2009
Recorde Regional JUn. 2	5:03.46	ABREU, Marta Pereira	POR	Tavira	22-11-2008
Recorde Regional Jun. 1	5:01.37	ABREU, Marta Pereira	POR	Silves	22-12-2007
Recorde Regional Juv A	5:10.84	ABREU, Marta Pereira	POR	Tavira	09-03-2007
Recorde Regional Juv B	5:11.52	MARTINHEIRA, Catia Raquel	POR	Portimao	14-02-2009
Recorde Regional Inf. A	5:23.83	ESTEVEENS, Laura Fabiana	POR	Albufeira	05-05-2018
Recorde Regional Inf. B	5:41.75	AUGUSTO, Carolina Maeiro	POR	Sto António Cavaleiros	16-03-2012

Pontos: FINA 2018

Lugar Ano Tempo final Pts

Infantis B

1. DRENTJE, Julia Norte 07 Louletano / Loule Concelho 6:48.21 255
50m: 45.05 45.05 150m: 2:30.47 52.33 250m: 4:21.63 1:00.04 350m: 6:05.24 45.33
100m: 1:38.14 53.09 200m: 3:21.59 51.12 300m: 5:19.91 58.28 400m: 6:48.21 42.97

Infantis A

1. ROMAO, Ana Teresa 06 Louletano / Loule Concelho 5:50.36 403
50m: 36.60 36.60 150m: 2:06.76 44.59 250m: 3:41.12 51.24 350m: 5:12.12 39.94
100m: 1:22.17 45.57 200m: 2:49.88 43.12 300m: 4:32.18 51.06 400m: 5:50.36 38.24

2. BOLOTINHA, Violeta Faria 06 Louletano / Loule Concelho 5:59.77 372
50m: 40.23 40.23 150m: 2:16.36 46.69 250m: 3:50.34 48.79 350m: 5:20.74 41.40
100m: 1:29.67 49.44 200m: 3:01.55 45.19 300m: 4:39.34 49.00 400m: 5:59.77 39.03

3. VIEGAS, Maria Beatriz 06 Louletano / Loule Concelho 5:59.90 372
50m: 39.50 39.50 150m: 2:10.47 44.63 250m: 3:46.65 51.02 350m: 5:20.07 42.34
100m: 1:25.84 46.34 200m: 2:55.63 45.16 300m: 4:37.73 51.08 400m: 5:59.90 39.83

4. MARTINS, Matilde Ramos 06 Nautico do Guadiana 6:58.90 236
50m: 44.14 44.14 150m: 2:35.75 56.17 250m: 4:28.15 58.81 350m: 6:15.25 47.82
100m: 1:39.58 55.44 200m: 3:29.34 53.59 300m: 5:27.43 59.28 400m: 6:58.90 43.65

DNF NEVES, Marta Braz 06 Nautico do Guadiana

EXH MENDES, Ana Sebastiao 04 Portinado 5:28.65 489
50m: 34.06 34.06 150m: 1:56.56 42.47 250m: 3:26.21 48.18 350m: 4:52.58 38.41
100m: 1:14.09 40.03 200m: 2:38.03 41.47 300m: 4:14.17 47.96 400m: 5:28.65 36.07