

Campeonatos Regionais Inverno Infantis e Adaptada
Quarteira , 9- - 10-3-2019

Prova 2 Masc., 400m Livres 10 anos e mais velhos
09-03-2019 - 9:45 Resultados

Recorde Regional Sen	3:55.02	PIRES, Miguel Martins	POR	Felgueiras	22-11-2002
Recorde Regional Jun. 2	4:01.65	SANTOS, Joao Duarte	POR	S. Antonio Cavaleiros	21-12-2012
Recorde Regional Jun. 1	4:05.34	SANTOS, Joao Duarte	POR	Silves	03-12-2011
Recorde Regional Juv. A	4:10.23	VILHENA, Tiago Miguel	POR	Abrantes	04-03-2017
Recorde Regional Juv. B	4:09.85	VILHENA, Tiago Miguel	POR	Setubal	05-12-2015
Recorde Regional Inf. A	4:19.82	SANTOS, Joao Duarte	POR	Pinhal Novo	07-03-2009
Recorde Regional Inf. B	4:37.22	RODEIA, Jose Miguel	POR	Sines	08-04-2017

Pontos: FINA 2018

Lugar Ano Tempo final Pts

Infantis B

1. ROQUE, Daniel Silva	06	Nautico do Guadiana	5:11.90	315
50m: 34.96 34.96	150m: 1:52.71	39.65 250m: 3:12.44	40.08 350m: 4:32.82	40.30
100m: 1:13.06 38.10	200m: 2:32.36	39.65 300m: 3:52.52	40.08 400m: 5:11.90	39.08
2. PINTO, Mark Ronald	06	Louletano / Loule Concelho	5:15.35	304
50m: 36.61 36.61	150m: 1:56.77	40.55 250m: 3:18.17	40.61 350m: 4:38.55	39.89
100m: 1:16.22 39.61	200m: 2:37.56	40.79 300m: 3:58.66	40.49 400m: 5:15.35	36.80
3. FALEIRO, Iago Valentim	06	Lagoa AC	5:46.40	230
50m: 38.15 38.15	150m: 2:05.98	44.50 250m: 3:36.30	45.34 350m: 5:05.12	44.86
100m: 1:21.48 43.33	200m: 2:50.96	44.98 300m: 4:20.26	43.96 400m: 5:46.40	41.28
4. GUERREIRO, Diogo Alexandre	06	Louletano / Loule Concelho	5:49.69	223
50m: 38.89 38.89	150m: 2:06.12	44.43 250m: 3:37.00	45.99 350m: 5:07.50	45.70
100m: 1:21.69 42.80	200m: 2:51.01	44.89 300m: 4:21.80	44.80 400m: 5:49.69	42.19
5. MENDES, Tomas Pereira	06	Louletano / Loule Concelho	5:57.78	208
50m: 40.94 40.94	150m: 2:12.91	45.52 250m: 3:44.72	45.19 350m: 5:16.42	45.38
100m: 1:27.39 46.45	200m: 2:59.53	46.62 300m: 4:31.04	46.32 400m: 5:57.78	41.36
6. PONTE, Miguel Andre	06	Louletano / Loule Concelho	6:00.29	204
50m: 39.41 39.41	150m: 2:09.60	46.50 250m: 3:42.32	46.78 350m: 5:16.69	47.34
100m: 1:23.10 43.69	200m: 2:55.54	45.94 300m: 4:29.35	47.03 400m: 6:00.29	43.60
7. KULYK, Sergio	06	FC Ferreiras/AlgarExperience	6:05.73	195
50m: 37.39 37.39	150m: 2:11.65	48.94 250m: 3:48.01	48.64 350m: 5:23.43	47.61
100m: 1:22.71 45.32	200m: 2:59.37	47.72 300m: 4:35.82	47.81 400m: 6:05.73	42.30
8. MENDES, Vasco Pereira	06	Louletano / Loule Concelho	6:06.51	194
50m: 41.88 41.88	150m: 2:16.28	47.47 250m: 3:51.01	47.22 350m: 5:24.00	45.72
100m: 1:28.81 46.93	200m: 3:03.79	47.51 300m: 4:38.28	47.27 400m: 6:06.51	42.51

Infantis A

1. RICARDO, João Daniel	05	Beja	4:47.44	402
50m: 31.92 31.92	150m: 1:43.62	36.76 250m: 2:58.50	37.62 350m: 4:13.76	37.26
100m: 1:06.86 34.94	200m: 2:20.88	37.26 300m: 3:36.50	38.00 400m: 4:47.44	33.68
2. PIRES, Jose Pedro	05	Louletano / Loule Concelho	4:49.45	394
50m: 31.59 31.59	150m: 1:44.50	37.32 250m: 3:00.49	38.11 350m: 4:15.43	36.91
100m: 1:07.18 35.59	200m: 2:22.38	37.88 300m: 3:38.52	38.03 400m: 4:49.45	34.02
3. BONANCA, Artur Osorio	05	Natacao de Faro	5:01.02	350
50m: 33.22 33.22	150m: 1:49.18	38.78 250m: 3:07.81	39.32 350m: 4:24.62	38.30
100m: 1:10.40 37.18	200m: 2:28.49	39.31 300m: 3:46.32	38.51 400m: 5:01.02	36.40
4. OLIVEIRA, Tiago Batista	05	Natacao de Faro	5:17.11	299
50m: 34.92 34.92	150m: 1:54.81	40.39 250m: 3:16.00	40.86 350m: 4:37.94	40.96
100m: 1:14.42 39.50	200m: 2:35.14	40.33 300m: 3:56.98	40.98 400m: 5:17.11	39.17
5. GONCALVES, Pablo Sauval	05	Natacao de Olhao	5:17.57	298
50m:	150m: 1:55.02	250m: 3:16.37	40.85 350m: 4:38.33	40.89
100m:	200m: 2:35.52	40.50 300m: 3:57.44	41.07 400m: 5:17.57	39.24
6. ROLLA, Andre Dias	05	Nautico do Guadiana	5:19.70	292
50m: 37.12 37.12	150m: 1:58.60	41.55 250m: 3:21.97	41.77 350m: 4:42.01	39.50
100m: 1:17.05 39.93	200m: 2:40.20	41.60 300m: 4:02.51	40.54 400m: 5:19.70	37.69

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Prova 2, Masc., 400m Livres, Infantis A

Lugar	Ano				Tempo final				Pts
7. SOUSA, Goncalo Miguel	05				Natacao de Olhao				5:30.25 265
50m: 38.55 38.55	150m: 2:02.30	41.36	250m: 3:25.14	41.42	350m: 4:49.68	42.41			
100m: 1:20.94 42.39	200m: 2:43.72	41.42	300m: 4:07.27	42.13	400m: 5:30.25	40.57			
8. CHAVECA, Guilherme Salvador	05				Portinado				5:40.64 241
50m: 38.07 38.07	150m: 2:04.43	42.95	250m: 3:30.61	44.29	350m: 4:59.86	45.25			
100m: 1:21.48 43.41	200m: 2:46.32	41.89	300m: 4:14.61	44.00	400m: 5:40.64	40.78			
9. RIBEIRO, Andre Manuel	05				Natacao de Faro				5:45.43 231
50m: 38.02 38.02	150m: 2:03.86	44.45	250m: 3:31.37	43.50	350m: 5:02.78	44.94			
100m: 1:19.41 41.39	200m: 2:47.87	44.01	300m: 4:17.84	46.47	400m: 5:45.43	42.65			
10. POTORAC, Vitor	05				Louletano / Loule Concelho				5:57.03 210
50m: 38.59 38.59	150m: 2:07.23	44.87	250m: 3:38.63	45.85	350m: 5:12.00	46.94			
100m: 1:22.36 43.77	200m: 2:52.78	45.55	300m: 4:25.06	46.43	400m: 5:57.03	45.03			
11. JACINTO, Leandro Costa	05				Louletano / Loule Concelho				6:15.48 180
50m: 40.26 40.26	150m: 2:15.73	48.31	250m: 3:53.32	48.73	350m: 5:29.58	47.95			
100m: 1:27.42 47.16	200m: 3:04.59	48.86	300m: 4:41.63	48.31	400m: 6:15.48	45.90			