

Campeonatos Regionais Inverno Infantis e Adaptada
Quarteira, 9- - 10-3-2019

Prova 29 Masc., 400m Estilos 13 anos e mais velhos
10-03-2019 - 15:30 Resultados

Recorde Regional Sen	4:22.94	QUINTANILHA, Nuno Goncalo	POR	Sines	21-12-2008
Recorde Regional Jun. 2	4:33.99	RODRIGUES, Hugo Cascais	POR	Tavira	19-11-2006
Recorde Regional Jun. 1	4:32.43	VILHENA, Tiago Miguel	POR	Porto	08-12-2017
Recorde Regional Juv. A	4:40.70	VILHENA, Tiago Miguel	POR	Guarda	02-12-2016
Recorde Regional Juv. B	4:40.24	VILHENA, Tiago Miguel	POR	Setubal	04-12-2015
Recorde Regional Inf. A	4:57.24	VILHENA, Tiago Miguel	POR	Silves	04-12-2015
Recorde Regional Inf. B	5:21.08	ALVES, Bernardo Antonio	POR	Sto António Cavaleiros	16-03-2012

Pontos: FINA 2018

Lugar Ano Tempo final Pts

Infantis B

1. PINTO, Mark Ronald	06	Louletano / Loule Concelho	6:07.85	262
50m: 40.06 40.06	150m: 2:19.33 50.21	250m: 3:57.37 51.14	350m: 5:29.02 40.21	
100m: 1:29.12 49.06	200m: 3:06.23 46.90	300m: 4:48.81 51.44	400m: 6:07.85 38.83	

Infantis A

1. PIRES, Jose Pedro	05	Louletano / Loule Concelho	5:28.70	367
50m: 34.10 34.10	150m: 1:57.91 43.15	250m: 3:26.62 46.56	350m: 4:52.65 37.55	
100m: 1:14.76 40.66	200m: 2:40.06 42.15	300m: 4:15.10 48.48	400m: 5:28.70 36.05	
2. VAZ, Vicente Henriques	05	Natacao de Olhao	6:30.23	219
50m: 43.02 43.02	150m: 2:28.38 50.32	250m: 4:11.15 53.78	350m: 5:48.14 44.22	
100m: 1:38.06 55.04	200m: 3:17.37 48.99	300m: 5:03.92 52.77	400m: 6:30.23 42.09	

EXH CHAVEIRO, Francisco Martins	02	Portinado	5:01.56	476
50m: 31.98 31.98	150m: 1:48.93 39.30	250m: 3:09.64 42.79	350m: 4:27.61 34.79	
100m: 1:09.63 37.65	200m: 2:26.85 37.92	300m: 3:52.82 43.18	400m: 5:01.56 33.95	