

Prova de Preparação PL
Loulé, 15- - 16-6-2019

Prova 1
15-06-2019 - 10:00

Femin., 400m Livres

12 anos e mais velhos

Resultados

Recordes Regionais - ANALGARVE Abso	4:29.83	Miriam Filipe, MARCOS	POR	Coimbra	01-04-2017
Recordes Regionais - ANALGARVE Sen	4:42.54	Paula Cristina, MELO	POR	Faro	09-07-2011
Recordes Regionais - ANALGARVE JUn.	4:32.76	Catia Raquel, MARTINHEIRA	POR	Coimbra	06-04-2012
Recordes Regionais - ANALGARVE Jun.	4:29.83	Miriam Filipe, MARCOS	POR	Coimbra	01-04-2017
Recordes Regionais - ANALGARVE Juv	4:35.72	Catia Raquel, MARTINHEIRA	POR	Coimbra	10-04-2010
Recordes Regionais - ANALGARVE Juv	4:38.01	Catia Raquel, MARTINHEIRA	POR	Loule	04-07-2009
Recordes Regionais - ANALGARVE Inf.	4:44.97	Miriam Filipe, MARCOS	POR	Loule	15-06-2014
Recordes Regionais - ANALGARVE Inf.	4:58.44	Carolina Maeiro, AUGUSTO	POR	Loule	07-07-2012

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
Infantis B							
1. Mariana Figueira, RODEIA07	Natacao de Faro	5:25.18	384	1:15.80	1:23.97	1:26.37	1:19.04
50m:	150m:	250m:	350m:				
100m: 1:15.80	200m: 2:39.77	300m: 4:06.14	400m: 5:25.18				
2. Leonor Faisca, GUERREII07	Louletano / Loule Concelho	5:51.68	303	1:24.93	1:32.60	1:30.77	1:23.38
50m:	150m:	250m:	350m:				
100m: 1:24.93	200m: 2:57.53	300m: 4:28.30	400m: 5:51.68				
3. Julia Norte, DRENTJE 07	Louletano / Loule Concelho	5:53.20	300	1:23.99	1:31.11	1:31.15	1:26.95
50m:	150m:	250m:	350m:				
100m: 1:23.99	200m: 2:55.10	300m: 4:26.25	400m: 5:53.20				
4. Beatriz Carlos, VIEIRA 07	Natacao de Faro	5:56.25	292	1:25.55	1:31.35	1:31.25	1:28.10
50m:	150m:	250m:	350m:				
100m: 1:25.55	200m: 2:56.90	300m: 4:28.15	400m: 5:56.25				
5. Carolina Diana, BILETSKA07	FC Ferreiras/AlgarExperien	5:56.33	292	1:23.76	1:32.80	1:31.32	1:28.45
50m:	150m:	250m:	350m:				
100m: 1:23.76	200m: 2:56.56	300m: 4:27.88	400m: 5:56.33				
6. Rafaela Mariano, ANTONI07	Portinado	6:01.41	280	1:24.46	1:34.50	1:32.83	1:29.62
50m:	150m:	250m:	350m:				
100m: 1:24.46	200m: 2:58.96	300m: 4:31.79	400m: 6:01.41				
7. Ana Margarida, CERQUEII07	Louletano / Loule Concelho	6:19.25	242	1:29.09	1:36.70	1:39.58	1:33.88
50m:	150m:	250m:	350m:				
100m: 1:29.09	200m: 3:05.79	300m: 4:45.37	400m: 6:19.25				
8. Daniela Ferreira, CUSTOE07	Portinado	6:21.25	238	1:27.98	1:38.12	1:39.00	1:36.15
50m:	150m:	250m:	350m:				
100m: 1:27.98	200m: 3:06.10	300m: 4:45.10	400m: 6:21.25				
9. Mariana Martins, TARECO07	Nautico Guadiana	6:28.10	226	1:31.11	1:40.72	1:40.20	1:36.07
50m:	150m:	250m:	350m:				
100m: 1:31.11	200m: 3:11.83	300m: 4:52.03	400m: 6:28.10				
10. Leticia Zhao, JIN 07	Portinado	6:42.34	202	1:31.30	1:45.37	1:45.35	1:40.32
50m:	150m:	250m:	350m:				
100m: 1:31.30	200m: 3:16.67	300m: 5:02.02	400m: 6:42.34				
11. Mia Alena, WERUM 07	Lagoa AC	6:43.11	201	1:31.91	1:44.82	1:44.71	1:41.67
50m:	150m:	250m:	350m:				
100m: 1:31.91	200m: 3:16.73	300m: 5:01.44	400m: 6:43.11				
12. Barbara Ribeiro, LOUREIF07	Portinado	6:49.21	192	1:32.91	1:43.28	1:44.39	1:48.63
50m:	150m:	250m:	350m:				
100m: 1:32.91	200m: 3:16.19	300m: 5:00.58	400m: 6:49.21				
13. Raquel Grilo, OLIVEIRA 07	Lagoa AC	6:57.23	182	1:31.58	1:48.31	1:51.53	1:45.81
50m:	150m:	250m:	350m:				
100m: 1:31.58	200m: 3:19.89	300m: 5:11.42	400m: 6:57.23				
14. Sofia Alves, FERREIRA 07	Portinado	7:28.62	146	1:45.34	1:55.52	1:57.25	1:50.51
50m:	150m:	250m:	350m:				
100m: 1:45.34	200m: 3:40.86	300m: 5:38.11	400m: 7:28.62				

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Infantis A

1. Joana Santos, PARRA	06	Natacao de Olhao	5:01.64	481	1:10.69	1:18.28	1:17.34	1:15.33
50m:		150m:	250m:		350m:			
100m: 1:10.69		200m: 2:28.97	300m: 3:46.31		400m: 5:01.64			
2. Ana Teresa, ROMAO	06	Louletano / Loule Concelhc	5:17.18	414	1:15.40	1:22.31	1:21.89	1:17.58
50m:		150m:	250m:		350m:			
100m: 1:15.40		200m: 2:37.71	300m: 3:59.60		400m: 5:17.18			
3. Raquel Maria, LOURA	06	Natacao de Faro	5:27.40	376	1:14.97	1:24.53	1:23.97	1:23.93
50m:		150m:	250m:		350m:			
100m: 1:14.97		200m: 2:39.50	300m: 4:03.47		400m: 5:27.40			
4. Violeta Faria, BOLOTINHA	06	Louletano / Loule Concelhc	5:33.80	355	1:16.74	1:25.93	1:26.54	1:24.59
50m:		150m:	250m:		350m:			
100m: 1:16.74		200m: 2:42.67	300m: 4:09.21		400m: 5:33.80			
5. Cristina, BOROZAN	06	Louletano / Loule Concelhc	5:36.62	346	1:18.00	1:26.38	1:27.11	1:25.13
50m:		150m:	250m:		350m:			
100m: 1:18.00		200m: 2:44.38	300m: 4:11.49		400m: 5:36.62			
6. Joana Santos, CRUZ	06	Louletano / Loule Concelhc	5:41.04	333	1:21.12	1:29.05	1:27.20	1:23.67
50m:		150m:	250m:		350m:			
100m: 1:21.12		200m: 2:50.17	300m: 4:17.37		400m: 5:41.04			
7. Maria Beatriz, VIEGAS	06	Louletano / Loule Concelhc	5:53.99	298	1:20.32	1:30.42	1:33.08	1:30.17
50m:		150m:	250m:		350m:			
100m: 1:20.32		200m: 2:50.74	300m: 4:23.82		400m: 5:53.99			

Juvenis B

1. Laura Fabiana, ESTEVEN	05	Natacao de Olhao	4:49.86	542	1:09.03	1:13.09	1:13.60	1:14.14
50m:		150m:	250m:		350m:			
100m: 1:09.03		200m: 2:22.12	300m: 3:35.72		400m: 4:49.86			
2. Fabiana Cruz, GOMES	05	Louletano / Loule Concelhc	5:18.80	408	1:15.97	1:20.91	1:21.24	1:20.68
50m:		150m:	250m:		350m:			
100m: 1:15.97		200m: 2:36.88	300m: 3:58.12		400m: 5:18.80			
3. B., MACHADO	05	Beja	5:26.33	380	1:16.02	1:24.33	1:23.42	1:22.56
50m:		150m:	250m:		350m:			
100m: 1:16.02		200m: 2:40.35	300m: 4:03.77		400m: 5:26.33			
4. Margarida Jesus, PASSO	05	Portinado	5:44.30	323	1:18.18	1:28.23	1:29.93	1:27.96
50m:		150m:	250m:		350m:			
100m: 1:18.18		200m: 2:46.41	300m: 4:16.34		400m: 5:44.30			
5. Filipa Guerreiro, RODRIG	05	Natacao de Faro	5:47.11	316	1:19.64	1:28.13	1:30.75	1:28.59
50m:		150m:	250m:		350m:			
100m: 1:19.64		200m: 2:47.77	300m: 4:18.52		400m: 5:47.11			

Juvenis A

1. Maria Beatriz, FERNANDE	04	Louletano / Loule Concelhc	5:16.45	417	1:13.96	1:19.63	1:21.07	1:21.79
50m:		150m:	250m:		350m:			
100m: 1:13.96		200m: 2:33.59	300m: 3:54.66		400m: 5:16.45			
2. Catarina Rufino, MADEIRA	04	Natacao de Faro	5:26.81	378	1:14.83	1:22.59	1:23.43	1:25.96
50m:		150m:	250m:		350m:			
100m: 1:14.83		200m: 2:37.42	300m: 4:00.85		400m: 5:26.81			
3. Jessica Sofia, RIBEIRO	04	Natacao de Faro	5:37.18	344	1:12.85	1:23.76	1:30.35	1:30.22
50m:		150m:	250m:		350m:			
100m: 1:12.85		200m: 2:36.61	300m: 4:06.96		400m: 5:37.18			

Juniores

1. Ana Leonor, DIAS	02	Natacao de Olhao	4:55.41	512	1:09.63	1:14.73	1:15.27	1:15.78
50m:		150m:	250m:		350m:			
100m: 1:09.63		200m: 2:24.36	300m: 3:39.63		400m: 4:55.41			
2. Maria Crista, JESUS	03	Louletano / Loule Concelhc	5:12.52	433	1:11.13	1:19.72	44.75	1:56.92
50m:		150m:	250m:		350m:			
100m: 1:11.13		200m: 2:30.85	300m: 3:15.60		400m: 5:12.52			

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Prova 1, Femin., 400m Livres, Juniores

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
3. Leila Rosa, WATSON	03	Lagoa AC	5:21.90	396				
50m:		150m:	250m:		350m:			
100m:		200m:	300m:		400m:	5:21.90		
4. C., MACHADO	03	Beja	5:30.87	365	1:15.23	1:24.88	1:25.68	1:25.08
50m:		150m:	250m:		350m:			
100m: 1:15.23		200m: 2:40.11	300m: 4:05.79		400m: 5:30.87			
5. Patricia Silva, OLIVEIRA	03	FC Ferreiras/AlgarExperien	5:45.78	319	1:21.88	1:29.19	1:28.38	1:26.33
50m:		150m:	250m:		350m:			
100m: 1:21.88		200m: 2:51.07	300m: 4:19.45		400m: 5:45.78			

Seniores

1. Ana Filipa, COSTA	98	Beja	5:05.59	463	1:10.67	1:17.32	1:19.15	1:18.45
50m:		150m:	250m:		350m:			
100m: 1:10.67		200m: 2:27.99	300m: 3:47.14		400m: 5:05.59			
2. B., RODRIGUES	01	Aquatico Silves	5:07.76	453	1:11.43	1:19.52	1:19.00	1:17.81
50m:		150m:	250m:		350m:			
100m: 1:11.43		200m: 2:30.95	300m: 3:49.95		400m: 5:07.76			
3. Sofia Alexandra, REIS	98	Natacao de Faro	5:19.23	406	1:12.49	1:20.47	1:22.96	1:23.31
50m:		150m:	250m:		350m:			
100m: 1:12.49		200m: 2:32.96	300m: 3:55.92		400m: 5:19.23			
EXH A., DOMINGUEZ ZANOLET03'		C.N. Huelva	5:17.31	413	1:12.57	1:22.18	1:23.00	1:19.56
50m:		150m:	250m:		350m:			
100m: 1:12.57		200m: 2:34.75	300m: 3:57.75		400m: 5:17.31			