

Prova de Preparação PL
Loulé, 15- - 16-6-2019

Prova 15 Masc., 400m Estilos 13 anos e mais velhos
15-06-2019 - 13:55 Resultados

Recordes Regionais - ANALGARVE Abs	4:32.19	Nuno Goncalo, QUINTANILHA	POR	Mairena Del Aljarafe (ESP)	30-05-2010
Recordes Regionais - ANALGARVE Sen	4:32.19	Nuno Goncalo, QUINTANILHA	POR	Mairena Del Aljarafe (ESP)	30-05-2010
Recordes Regionais - ANALGARVE Jun.	4:39.22	Hugo Cascais, RODRIGUES	POR	Aveiro	27-07-2007
Recordes Regionais - ANALGARVE Jun.	4:37.10	Hugo Cascais, RODRIGUES	POR	Coimbra	28-07-2006
Recordes Regionais - ANALGARVE Juv.	4:39.46	Tiago Miguel, VILHENA	POR	Coimbra	31-03-2017
Recordes Regionais - ANALGARVE Juv.	4:43.66	Tiago Miguel, VILHENA	POR	Oeiras	22-07-2016
Recordes Regionais - ANALGARVE Inf. A	4:49.60	Tiago Miguel, VILHENA	POR	Oeiras	17-07-2015
Recordes Regionais - ANALGARVE Inf. B	5:23.67	Bernardo Antonio, ALVES	POR	Rio Maior	20-07-2012

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
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Infantis B

1. Iago Valentim, FALEIRO	06	Lagoa AC	6:32.12	240			1:48.70	1:26.00
50m:		150m:	250m:		350m:			
100m:		200m: 3:17.42	300m: 5:06.12		400m: 6:32.12			

Infantis A

1. Jose Pedro, PIRES	05	Louletano / Loule Concelho	5:41.08	365	1:17.10	1:28.31	1:40.40	1:15.27
50m:		150m:	250m:		350m:			
100m: 1:17.10		200m: 2:45.41	300m: 4:25.81		400m: 5:41.08			
2. Marin, CEPELEAGA	05	Portinado	5:47.71	344	1:18.04	6.44	3:03.09	1:20.14
50m:		150m:	250m:		350m:			
100m: 1:18.04		200m: 1:24.48	300m: 4:27.57		400m: 5:47.71			
3. G., CHAVECA	05	Portinado	6:28.21	247			1:55.26	1:23.90
50m:		150m:	250m:		350m:			
100m:		200m: 3:09.05	300m: 5:04.31		400m: 6:28.21			

Juvenis B

1. A., NASCIMENTO	04	Natacao de Olhao	5:19.48	444	1:10.21	1:28.37	1:31.19	1:09.71
50m:		150m:	250m:		350m:			
100m: 1:10.21		200m: 2:38.58	300m: 4:09.77		400m: 5:19.48			
2. Miguel Salomao, TRISTAC	04	Portinado	5:25.32	421	1:18.96	1:18.98	1:34.40	1:12.98
50m:		150m:	250m:		350m:			
100m: 1:18.96		200m: 2:37.94	300m: 4:12.34		400m: 5:25.32			
3. Iuri Lucas, BORISOV	04	Louletano / Loule Concelho	5:56.37	320			1:35.64	1:22.09
50m:		150m:	250m:		350m:			
100m:		200m: 2:58.64	300m: 4:34.28		400m: 5:56.37			

Juvenis A

1. Joao Pedro, CARRASCO	03	Portinado	5:23.39	428	1:13.37	1:23.75	1:29.90	1:16.37
50m:		150m:	250m:		350m:			
100m: 1:13.37		200m: 2:37.12	300m: 4:07.02		400m: 5:23.39			

Juniores

1. F., CHAVEIRO	02	Portinado	5:26.56	416	1:14.49	1:24.35	1:32.13	1:15.59
50m:		150m:	250m:		350m:			
100m: 1:14.49		200m: 2:38.84	300m: 4:10.97		400m: 5:26.56			

EXH Ruben, CAMACHO GOME	06	C.N. Huelva	5:35.64	383	1:14.57	1:25.15	1:39.85	1:16.07
50m:		150m:	250m:		350m:			
100m: 1:14.57		200m: 2:39.72	300m: 4:19.57		400m: 5:35.64			