

Prova de Preparação PL
Loulé, 15- - 16-6-2019

Prova 17 Masc., 400m Livres 13 anos e mais velhos
16-06-2019 - 9:45 Resultados

Recordes Regionais - ANALGARVE Abso3:57.11	Miguel Martins, PIRES	POR	Jamor	30-07-2004
Recordes Regionais - ANALGARVE Sen 3:57.11	Miguel Martins, PIRES	POR	Jamor	30-07-2004
Recordes Regionais - ANALGARVE Jun. 4:05.41	Joao Duarte, SANTOS	POR	Famalicao	20-07-2013
Recordes Regionais - ANALGARVE Jun. 4:04.65	Joao Duarte, SANTOS	POR	Oeiras	28-07-2012
Recordes Regionais - ANALGARVE Juv. 4:10.88	Joao Duarte, SANTOS	POR	Paphos (CYP)	25-06-2011
Recordes Regionais - ANALGARVE Juv. 4:09.85	Tiago Miguel, VILHENA	POR	Oeiras	23-07-2016
Recordes Regionais - ANALGARVE Inf. A4:20.30	Tiago Miguel, VILHENA	POR	Oeiras	18-07-2015
Recordes Regionais - ANALGARVE Inf. B4:33.46	Tiago Miguel, VILHENA	POR	Loule	19-07-2014

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
Infantis B								
1. Daniel Silva, ROQUE	06	Nautico Guadiana	5:14.91	341	1:17.14	1:20.22	1:19.32	1:18.23
50m:		150m:	250m:		350m:			
100m: 1:17.14		200m: 2:37.36	300m: 3:56.68		400m: 5:14.91			
2. Yury, FOMIN	06	Louletano / Loule Concelhc	5:20.09	324	1:13.86	1:21.95	1:23.02	1:21.26
50m:		150m:	250m:		350m:			
100m: 1:13.86		200m: 2:35.81	300m: 3:58.83		400m: 5:20.09			
3. Mark Ronald, PINTO	06	Louletano / Loule Concelhc	5:43.34	263	1:19.63	1:27.57	1:29.18	1:26.96
50m:		150m:	250m:		350m:			
100m: 1:19.63		200m: 2:47.20	300m: 4:16.38		400m: 5:43.34			
4. Vasco Pereira, MENDES	06	Louletano / Loule Concelhc	5:51.51	245	1:23.25	1:30.40	1:30.25	1:27.61
50m:		150m:	250m:		350m:			
100m: 1:23.25		200m: 2:53.65	300m: 4:23.90		400m: 5:51.51			
5. Miguel Andre, PONTE	06	Louletano / Loule Concelhc	6:00.37	227	1:23.10	1:33.94	1:33.76	1:29.57
50m:		150m:	250m:		350m:			
100m: 1:23.10		200m: 2:57.04	300m: 4:30.80		400m: 6:00.37			
6. D., GUERREIRO	06	Louletano / Loule Concelhc	6:00.84	226	1:22.75	1:32.72	1:34.38	1:30.99
50m:		150m:	250m:		350m:			
100m: 1:22.75		200m: 2:55.47	300m: 4:29.85		400m: 6:00.84			
7. Tomas Pereira, MENDES	06	Louletano / Loule Concelhc	6:07.86	214	1:26.51	1:38.47	1:35.70	1:27.18
50m:		150m:	250m:		350m:			
100m: 1:26.51		200m: 3:04.98	300m: 4:40.68		400m: 6:07.86			
8. Pedro Macara, TRISTAO	06	Portinado	6:10.73	209	1:27.29	1:36.91	1:37.98	1:28.55
50m:		150m:	250m:		350m:			
100m: 1:27.29		200m: 3:04.20	300m: 4:42.18		400m: 6:10.73			
9. Edgar Tomas, SOARES	06	Portinado	6:10.93	208	1:27.00	1:36.44	1:37.38	1:30.11
50m:		150m:	250m:		350m:			
100m: 1:27.00		200m: 3:03.44	300m: 4:40.82		400m: 6:10.93			
10. Duarte Afonso, OSORIO	06	Portinado	6:12.08	206	1:24.96	1:35.54	1:37.44	1:34.14
50m:		150m:	250m:		350m:			
100m: 1:24.96		200m: 3:00.50	300m: 4:37.94		400m: 6:12.08			
11. Erhan Asanov, DURAKOV	06	Louletano / Loule Concelhc	6:14.36	203	1:24.01	1:37.01	1:41.25	1:32.09
50m:		150m:	250m:		350m:			
100m: 1:24.01		200m: 3:01.02	300m: 4:42.27		400m: 6:14.36			
12. Pedro Silva, SOARES	06	Portinado	6:31.06	178	1:30.76	1:41.12	1:41.32	1:37.86
50m:		150m:	250m:		350m:			
100m: 1:30.76		200m: 3:11.88	300m: 4:53.20		400m: 6:31.06			

Infantis A

1. Artur Osorio, BONANCA	05	Natacao de Faro	5:07.72	365	1:11.24	1:18.84	1:20.01	1:17.63
50m:		150m:	250m:		350m:			
100m: 1:11.24		200m: 2:30.08	300m: 3:50.09		400m: 5:07.72			
2. Alexandre Rocha, ROSARIO	05	Louletano / Loule Concelhc	5:11.53	352	1:12.76	1:22.15	1:20.59	1:16.03
50m:		150m:	250m:		350m:			
100m: 1:12.76		200m: 2:34.91	300m: 3:55.50		400m: 5:11.53			
3. Hugo Miguel, INACIO	05	Beja	5:26.56	306	1:15.26	1:24.24	1:25.59	1:21.47
50m:		150m:	250m:		350m:			
100m: 1:15.26		200m: 2:39.50	300m: 4:05.09		400m: 5:26.56			
4. Joao Pedro, BAILOA	05	Beja	5:28.67	300	1:15.86	1:24.62	1:26.02	1:22.17
50m:		150m:	250m:		350m:			
100m: 1:15.86		200m: 2:40.48	300m: 4:06.50		400m: 5:28.67			

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Prova 17, Masc., 400m Livres, Infantis A

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
5. Tiago Batista, OLIVEIRA	05	Natacao de Faro	5:36.61	279	1:17.22	1:27.31	1:26.58	1:25.50
50m:		150m:	250m:			350m:		
100m: 1:17.22		200m: 2:44.53	300m: 4:11.11			400m: 5:36.61		
6. Vicente Henriques, VAZ	05	Natacao de Olhao	5:45.66	258	1:20.69	1:29.53	1:29.73	1:25.71
50m:		150m:	250m:			350m:		
100m: 1:20.69		200m: 2:50.22	300m: 4:19.95			400m: 5:45.66		
7. Andre Manuel, RIBEIRO	05	Natacao de Faro	5:48.85	251	1:20.57	1:29.80	1:32.07	1:26.41
50m:		150m:	250m:			350m:		
100m: 1:20.57		200m: 2:50.37	300m: 4:22.44			400m: 5:48.85		

Juvenis B

1. Vasco Malia, SANTOS	04	Natacao de Lagos	4:37.54	498	1:04.61	1:11.53	1:11.90	1:09.50
50m:		150m:	250m:			350m:		
100m: 1:04.61		200m: 2:16.14	300m: 3:28.04			400m: 4:37.54		
2. A., NASCIMENTO	04	Natacao de Olhao	4:44.24	464	1:04.74	1:11.51	1:14.20	1:13.79
50m:		150m:	250m:			350m:		
100m: 1:04.74		200m: 2:16.25	300m: 3:30.45			400m: 4:44.24		
3. Diogo Xavier, SILVA	04	Natacao de Olhao	4:56.41	409	1:10.72	1:16.99	1:16.45	1:12.25
50m:		150m:	250m:			350m:		
100m: 1:10.72		200m: 2:27.71	300m: 3:44.16			400m: 4:56.41		
4. Miguel Salomao, TRISTAC	04	Portinado	4:59.15	398	1:08.25	1:17.82	1:18.06	1:15.02
50m:		150m:	250m:			350m:		
100m: 1:08.25		200m: 2:26.07	300m: 3:44.13			400m: 4:59.15		
5. E., FERNANDES	04	Beja	5:14.80	341	1:11.93	1:20.90	1:22.08	1:19.89
50m:		150m:	250m:			350m:		
100m: 1:11.93		200m: 2:32.83	300m: 3:54.91			400m: 5:14.80		

Juvenis A

1. Luis Pedro, RAPOSO	03	Beja	5:41.63	267	1:17.77	1:26.98	1:28.59	1:28.29
50m:		150m:	250m:			350m:		
100m: 1:17.77		200m: 2:44.75	300m: 4:13.34			400m: 5:41.63		

Juniores

1. Daniel, MARIN	02	FC Ferreiras/AlgarExperien	4:41.99	475	1:06.40	1:12.23	1:12.96	1:10.40
50m:		150m:	250m:			350m:		
100m: 1:06.40		200m: 2:18.63	300m: 3:31.59			400m: 4:41.99		
2. F., CHAVEIRO	02	Portinado	5:00.95	391	1:07.88	1:17.03	1:18.94	1:17.10
50m:		150m:	250m:			350m:		
100m: 1:07.88		200m: 2:24.91	300m: 3:43.85			400m: 5:00.95		
3. Alexandre Joao, JURCA	02	Louletano / Loule Concelho	5:02.19	386	1:08.86	1:16.97	1:18.95	1:17.41
50m:		150m:	250m:			350m:		
100m: 1:08.86		200m: 2:25.83	300m: 3:44.78			400m: 5:02.19		
4. Nuno Pascoa, RIBEIRO	02	Tavira Natacao	5:24.78	311	1:10.24	1:22.49	1:25.29	1:26.76
50m:		150m:	250m:			350m:		
100m: 1:10.24		200m: 2:32.73	300m: 3:58.02			400m: 5:24.78		
5. Pedro santos, COSTA	02	Lagoa AC	5:25.16	310	1:14.12	1:23.44	1:25.72	1:21.88
50m:		150m:	250m:			350m:		
100m: 1:14.12		200m: 2:37.56	300m: 4:03.28			400m: 5:25.16		

Seniores

1. Joao Duarte, SANTOS	95	Natacao de Olhao	4:19.81	607	1:00.84	1:06.47	1:06.79	1:05.71
50m:		150m:	250m:			350m:		
100m: 1:00.84		200m: 2:07.31	300m: 3:14.10			400m: 4:19.81		

EXH Cristian, RODRIGUEZ RU	06	C.N. Huelva	5:25.47	309	1:16.57	1:23.56	1:24.65	1:20.69
50m:		150m:	250m:			350m:		
100m: 1:16.57		200m: 2:40.13	300m: 4:04.78			400m: 5:25.47		