

Campeonatos Regionais de Verão
Loule, 12 - 14/7/2019

Prova 10 Femin., 400m Estilos 12 anos e mais velhos
12/07/2019 - 16:45 Resultados

Recordes Regionais - ANALGARVE Abso4:58.78	Marta Pereira, ABREU	POR	Coimbra	30/07/2010
Recordes Regionais - ANALGARVE Sen 4:58.78	Marta Pereira, ABREU	POR	Coimbra	30/07/2010
Recordes Regionais - ANALGARVE JUn. 5:13.51	Marta Pereira, ABREU	POR	Loule	03/07/2009
Recordes Regionais - ANALGARVE Jun. 5:12.44	Demi Ferreira, LOPES	POR	Cape Town (RSA)	15/03/2014
Recordes Regionais - ANALGARVE Juv A5:14.70	Marta Pereira, ABREU	POR	Mairena Del Aljarafe (ESP)	02/06/2007
Recordes Regionais - ANALGARVE Juv B5:20.21	Marta Pereira, ABREU	POR	Coimbra	28/07/2006
Recordes Regionais - ANALGARVE Inf. A5:35.53	Marta Pereira, ABREU	POR	Coimbra	22/07/2005
Recordes Regionais - ANALGARVE Inf. B5:43.58	Laura Fabiana, ESTEVENS	POR	Loule	16/07/2017

Pontos: FINA 2019

Lugar Ano Tempo final Pts 100m 200m 300m 400m

Juvenis B

1. Laura Fabiana, ESTEVEN	05	Natacao de Olhao	5:23.24	559	1:13.97	1:23.97	1:30.96	1:14.34
50m:		150m:	250m:		350m:			
100m:	1:13.97	200m:	300m:	4:08.90	400m:	5:23.24		

Juvenis A

1. Ines Sofia, ALVES	04	Portinado	5:38.07	489	1:15.14	1:25.98	1:38.77	1:18.18
50m:		150m:	250m:		350m:			
100m:	1:15.14	200m:	300m:	4:19.89	400m:	5:38.07		
2. Mariana Ponte, MARTINS	04	Louletano / Loule Concelhc	5:40.72	477	1:20.16	1:28.80	1:35.74	1:16.02
50m:		150m:	250m:		350m:			
100m:	1:20.16	200m:	300m:	4:24.70	400m:	5:40.72		
3. Mariana Coelho, SANTOS	04	Lagoa AC	5:57.95	412	1:25.23	1:30.36	1:37.69	1:24.67
50m:		150m:	250m:		350m:			
100m:	1:25.23	200m:	300m:	4:33.28	400m:	5:57.95		

Juniores

1. Ana Leonor, DIAS	02	Natacao de Olhao	5:33.61	508	1:14.83	1:28.14	1:36.20	1:14.44
50m:		150m:	250m:		350m:			
100m:	1:14.83	200m:	300m:	4:19.17	400m:	5:33.61		
2. Patricia Abreu, SEONG	03	FC Ferreiras/AlgarExperien	5:48.62	446	1:18.32	1:34.66	1:36.55	1:19.09
50m:		150m:	250m:		350m:			
100m:	1:18.32	200m:	300m:	4:29.53	400m:	5:48.62		

Juvenis

1. Laura Fabiana, ESTEVEN	05	Natacao de Olhao	5:23.24	559	1:13.97	1:23.97	1:30.96	1:14.34
50m:		150m:	250m:		350m:			
100m:	1:13.97	200m:	300m:	4:08.90	400m:	5:23.24		
2. Ines Sofia, ALVES	04	Portinado	5:38.07	489	1:15.14	1:25.98	1:38.77	1:18.18
50m:		150m:	250m:		350m:			
100m:	1:15.14	200m:	300m:	4:19.89	400m:	5:38.07		
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50m:		150m:	250m:		350m:			
100m:	1:20.16	200m:	300m:	4:24.70	400m:	5:40.72		
4. Mariana Coelho, SANTOS	04	Lagoa AC	5:57.95	412	1:25.23	1:30.36	1:37.69	1:24.67
50m:		150m:	250m:		350m:			
100m:	1:25.23	200m:	300m:	4:33.28	400m:	5:57.95		

Absoluto

1. Ana Leonor, DIAS	02	Natacao de Olhao	5:33.61	508	1:14.83	1:28.14	1:36.20	1:14.44
50m:		150m:	250m:		350m:			
100m:	1:14.83	200m:	300m:	4:19.17	400m:	5:33.61		
2. Patricia Abreu, SEONG	03	FC Ferreiras/AlgarExperien	5:48.62	446	1:18.32	1:34.66	1:36.55	1:19.09
50m:		150m:	250m:		350m:			
100m:	1:18.32	200m:	300m:	4:29.53	400m:	5:48.62		

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Prova 10, Femin., 400m Estilos

EXH Lilja D, JACOBSEN	03	Suðuroyar Svímjifelag	6:36.47	303	1:35.34	1:44.32	1:45.11	1:31.70
50m:		150m:	250m:		350m:			
100m: 1:35.34		200m: 3:19.66	300m: 5:04.77		400m: 6:36.47			